

The Cancer Resource Guide for North Central Florida

The Cancer Resource Guide for North Central Florida is a thorough listing of cancer-related resources for patients, family members, caregivers and healthcare providers. The Guide is a public service of North Central Florida Cancer Control Collaborative, WellFlorida Council and the Florida Department of Health Cancer Control Program.

Caregiver Resources

For Caregivers

American Red Cross

www.redcross.org/take-a-class

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

Contact:

North Central Florida Chapter
352-376-4669
1425 NW 6th Street
Gainesville, FL 32601

CaringBridge.org

www.caringbridge.org

Free, personalized websites that help keep family and friends connected during a serious health event.

Contact:

651-789-2300

Cooking For Chemo

cookingforchemo.org

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients.

While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

Contact:

Jessie Callahan
cookingforchemo@gmail.com

Family Caregiver Alliance

www.caregiver.org

Provides a variety of free online resources for family caregivers.

Contact:

info@caregiver.org

1-800-445-8106

Haven Hospice

www.havenhospice.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

Contact:

352-378-2121

Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

Hospice Foundation of America

www.hospicefoundation.org

The Caregiving Resource page of their website offers practical tools, reading suggestions, and tips on caregiving for persons near the endoflife. Most of this information is useful under other caregiving situations.

Contact:

hfaoffice@hospicefoundation.org

800-854-3402

Michelle M. Bishop, PhD

www.coping-with-cancer.net

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

Contact:

Michelle Bishop

Michelle.Bishop@coping-with-cancer.net

352-331-0020

2653 SW 87th Drive, Ste. A

Gainesville, FL 32608

National Association for Home Care & Hospice

www.nahc.com

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

Contact:

202-547-7424

National Association of Area Agencies on Aging (n4a)

www.n4a.org

Advocates services and resources for older adults and persons with disabilities. Members of n4a have the opportunity to obtain a national voice, be informed and prepared on aging issues and gain recognition.

Contact:

202-872-0888

National Cancer Institute: Caregivers, Family & Friends

www.cancer.gov/cancertopics/coping/familyfriends

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help individuals with cancer cope with the illness.

Contact:

1-800-4-CANCER

National Family Caregivers Association (NFCA)

www.caregiveraction.org

NFCA educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

Contact:

info@caregiveraction.org

800-896-3650

National Hospice and Palliative Care Organization

www.caringinfo.org

Their Caring Connections website provides free resources, and information about end-of-life issues such as advance care planning, caregiving, hospice and palliative care and grief.

Contact:

800-658-8898

nhpco_info@nhpco.org

Multilingual Line: 877-658-8896

National Volunteer Caregiving Network

The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs.

Contact:

Kelly McAninch

info@nvcnetwork.org

512-582-2197

7 Elaine Court

Old Bridge, NJ 08857

Strength for Caring: A Place for Caregivers

www.strengthforcaring.com/manual/

A comprehensive website designed to provide family caregivers with a broad range of expert content and information, an emerging online community, daily inspiration and much needed support.

Contact:

Johnson's Home Health Care

1-866-466-3458

The American Association for Caregiver Education

www.caregivered.org

Publishes The Family Caregiver Practical Problem Solving Manual, and provides resources to professionals who train family caregivers.

Contact:

AACE@caregiverEd.org

The Mesothelioma Group

www.mesotheliomagroup.com

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

Contact:

Help@MesotheliomaGroup.com

888-708-5660

Home Health Agencies

Amedisys Home Health Services

www.amedisys.com

Contact:

352-372-0466
201 SE 2nd Avenue
Gainesville, FL 32601

Apex

Contact:

386-325-3555
3900 Crill Avenue
Palatka, FL 32177

Champion Home Health Care

Serving Gainesville and Surrounding Communities. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

Contact:

352-371-8600; 800-330-4125
3911 W. Newberry Rd., Ste. B-2
Gainesville, FL 32607

Comfort Keepers

www.comfortkeepers.com/office-546/gainesville-florida

Contact:

352-331-7760
1035 NW 57th Street
Gainesville, FL 32605

Gentiva Health Services

www.gentiva.com

Contact:

352-376-3221
4011 Northwest 43rd Street
Suite C
Gainesville, FL 32606

Interim Healthcare

Serving Gainesville and the Surrounding Six Counties. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

Contact:

352-378-0333; Toll free: 877-526-0344
Springhill Professional Center
3760 NW 83rd Street
Suite 2
Gainesville, FL 32606

Mederi Caretenders

www.patientcare.com

Contact:

352-379-6217
4923 NW 43rd Street
Suite A
Gainesville, FL 32653

Nurse On Call Home Healthcare

www.nurseoncallfl.com

Contact:

352-395-6424
2234 NW 40th Terrace
Suite B
Gainesville, FL 32605

Omni Home Care – Gainesville

www.omnihomecare.net

Contact:

352-384-9240
2114 NW 40th Terrace
Suite D-2
Gainesville, FL 32605

Omni Home Care – Palatka

www.omnihomecare.net

Contact:

386-312-0646
200 Zeagler Drive
Ste 6
Palatka, FL 32177

Senior Home Care

www.seniorhomecare.net

Contact:

352-332-6575
5860 NW 39th Avenue, Gainesville, FL 32606

Shands HomeCare

ufhealth.org/homecare

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

Contact:

352-265-0789
Toll Free: 800-999-2189

Touching Hearts

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

Contact:

352-225-3727: Toll Free: 855-725-537
5109 N.W. 39th Avenue
Suite F
Gainesville, FL 32606

Community Resources

Alachua County Social Services

www.alachuacounty.us/Depts/CSS/SocialServices

Alachua County Social Services is committed to helping all Alachua County citizens reach or return to a state of self-sufficiency by providing temporary assistance through a variety of sustainability programs. Citizens must meet Core Eligibility Guidelines and fall within established limits of the annual Federal Poverty Level. Programs include AlachuaCares Health Services (Primary Care, Outpatient Diagnostics, Prescription Assistance, Medical Supplies, Vision Exams and Eyeglasses) and Sustainability Programs (Eviction and Foreclosure Prevention, Utilities Assistance, Public Transportation).

Contact:

cso@alachuacounty.us

(352) 264-6750

218 SE 24th St

Gainesville, FL 32641

Creative For Health Studio: Arts and Writing Workshops for People Affected by Cancer (Funded by the LIVESTRONG Foundation)

The Arts in Medicine program will use the funding to launch Creative For Health Studio, free weekly arts and writing workshops for both those in and outside of the cancer community. The workshops will be led by artist in residence, Dylan Klempner, who will collaborate each week with artists and writers from across the Gainesville community and beyond. Over the course of the program, participants will paint, sculpt, write, dance, and sing in a fun and supportive environment.

Contact:

Dylan Klempner

dklempner@arts.ufl.edu

352-733-0880

ElderCare of Alachua County Senior Recreation Center,

5701 NW 34th Blvd., Gainesville, FL, 32653

(352) 265-9040

Deliver the Dream Retreat

deliverthedream.org

Deliver the Dream provides free retreat weekends to families who have a parent or child living with a serious illness or crisis. On a Deliver the Dream retreat families will be involved in structured scheduling and psychosocial activities such as recreation, art, play and drama based therapies. These activities are designed to have a positive outcome that transforms their coping skills; improves communication between their family; and strengthens their bonds between each family and each family member. This therapeutic weekend will also provide them with resources and an opportunity to network with other families dealing with a similar situation.

Contact:

Rebecca Hahessy

Rebecca.Hahessy@deliverthedream.org

954-564-3512

3223 NW 10th Terrace

Suite 602

Fort Lauderdale, FL 33309

Gainesville, Florida Multiple Myeloma Support & Networking Group

www.gainesvilleflmultiplemyelomasupport.com

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

Contact:

Linda Stegall Henry

lshenry@embarqmail.com

352-529-7050

Meets 2nd Monday of the Month

5:30 - 7:30 pm

Cancer Center @ NFRMC Community Room

6420 NW Newberry Road

Gainesville, Florida 32605

Mesothelioma Guide

www.mesotheliomaguide.com

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

Contact:

webmaster@mesotheliomaguide.com

888-385-2024

SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers

www.sharecancersupport.org

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

Contact:

Donna Faranda

dfaranda@sharecancersupport.org

212-937-5577

1501 Broadway Suite 704A

Breast Prosthesis, Wig & Accessories

4women.com

4women.com

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. We also provide a very comfortable sleep cap in 100% baby jersey cotton. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

Contact:

Susan Beausang

susan@4women.com

941-362-0250

1640 Bay View Drive

Sarasota FL 34239

A Place for Her—Baycare Home Care

Featuring a complete line of post mastectomy, lumpectomy and reconstructive products. Breast forms, brassieres, post-surgical camisoles, wigs and swimwear from well-known manufacturers such as Amoena, Camp, Airway, Classique, Ladies First, Jodee, Anita, Coloplast, Jon Renau and many more are available in assorted fashionable styles.

Contact:

727-447-1146; 866-860-0146

1245 S. Fort Harrison Avenue

Clearwater, FL 33756

Alachua Unit—Gift Closet

Provides specific items to cancer patients at no charge. The ONLY items carried are: wigs, turbans, hats scarves, breast prostheses and bras.

Contact:

Laurel Arnold, Office & Event Support

352-376-6866 x5057

2119 SW 16th Street

Gainesville, FL 32608

All About You Women's Boutique

www.aaywb.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Lori Timmreck
aaywbocala@gmail.com
352-236-2599
4901 E. Silver Springs Boulevard
Ste. 505
Ocala, FL 34470

Angel Snugs Inc

www.angelsnugs.org

Our program provides knitted and crocheted beanies and scarves – “snugs”, to children with cancer. We also instruct how to make snugs, providing all materials needed, at monthly events. After these events, the snugs are distributed to the children at their treatment facility. Snugs are also sold to raise money for the materials to make them, as well as operating costs.

Contact:

Angi Farrugia
angi@angelsnugs.org
419-407-6847
PO Box 952384
Lake Mary, FL 32795

Cancer Center at Lake City

www.northfloridacancercare.com

Provides specific items to cancer patients at no charge. The ONLY items carried are: brochures, wigs, turbans, breast prostheses and laryngectomy bibs.

Contact:

American Cancer Resource Room
386-758-7822
795 SW Hwy. 47
Lake City, FL 32025

Desota Drug Store and Home Care

Desota Drug Store and Home Care offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Phyllis Houston, RN, Fitter
386-752-1793
297 N Marion Avenue
Lake City, FL 32055

Especially for Women

especiallyforwomengainesville.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Rita Toro, Owner

office@especiallyforwomengainesville.com

352-332-9095

6781 W. Newberry Rd

Gainesville, FL 32605

North Florida Orthotics

www.northfloridaorthotics.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter. Suppliers: American Breast Care (ABC), Jodee, Airway and Most Name Brands.

Contact:

Marsha Kirkland, Owner

info@northfloridaorthotics.com

352-377-7003

4615 NW 53rd Avenue, Ste. B

Gainesville, FL 32653

Pat's Perfect Fit

Pat's Perfect Fit offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified mastectomy fitter. Suppliers: Nearly Me and Amoena. Bras: Jodee, Amoena and Camp. Special order service available.

Contact:

Pat, Owner

352-377-6060

3432 W University Avenue

Gainesville, FL 32607

The Pink Door

www.pinkdoor.org

A boutique environment offering prostheses, mastectomy bras, specially designed sleepwear, loungewear, active wear, camisoles, swimwear, wigs, turbans, scarves and more.

Contact:

thepinkdoor1@bellsouth.net

386-328-9424

306 Oak Street

Palatka, FL 32177

Vanity of Hope

The American Cancer Society and Community Cancer Center of North Florida have partnered up and opened a resource center in Lake City.

The resource center "Vanity of Hope" will be available to all cancer patients needing items such as wigs, prosthesis, hats, scarfs and varying literature on resources and services available. The center will be opened Monday – Friday from 8 am to 4 PM.

Contact:

(386) 755-0601
4520 W US Highway 90
Lake City, Florida 32055

Care

American Cancer Society (ACS)

www.cancer.org

Services such as transportation, housing, financial assistance, Hope Lodges, clinical trials, service matching and support groups are available to cancer patients and their families.

Contact:

ACS provides resources 24 hours a day, seven days a week, through a toll-free multilingual call center at 1-800-ACS-2345

Dragon Rises College of Oriental Medicine

Low cost clinic offers acupuncture and various modalities for the relief of the side effects of cancer treatments such as nausea and fatigue, and help in rebuilding the immune system. Please call to set up an appointment.

Contact:

Lisa Anderson
adminasst@dragonrises.edu
352-371-2833 ext. 21
1000 NE 16th Avenue
Building F
Gainesville, FL 32601

Florida Cancer Trials, Inc.

www.FloridaCancerTrials.com

Florida Cancer Clinical Trial Information and Matching Service: This is a Web and Telephone-based resource that allows the user to search for and identify active clinical trials throughout Florida for more than 100 different cancers. The patient would be matched to trials by completing a Confidential Patient Profile.

Contact:

Clinical Trials Specialists

Gumdroptrials.org

www.gumdroptrials.org

GUMDROP (<http://www.gumdroptrials.org>) is a not-for-profit organization that was organized to enhance patient outcomes through greater cancer clinical trial awareness. These clinical trials continually change as the medical community evolves its approach to defeating cancer. These web sites are intended to help all in the cancer community to filter through the several dozen of current clinical trials that apply to bladder, kidney and prostate cancers. It is hoped that improved clinical trial awareness and utilization will lead to improved survival and quality of life of patients, ultimately creating a better standard of care for these patients.

GUMDROP stands for Genito-Urinary Multi-Disciplinary D.C. Regional Oncology Project. All of the activities of GUMDROP and its participating doctors and volunteers currently occur in the Washington DC Metro area. GUMDROP was started informally as an information sharing opportunity for oncologists at a dinner held in April 2011 in Bethesda, MD. It has grown to include 10+ institutions that now collaborate on a regular basis to improve patient care.

Clinical trial research and opportunities change frequently, which is why GUMDROP created a database of all available bladder, kidney, and prostate trials in the Mid-Atlantic. Patients can browse trials by cancer type, and even filter results based on specific factors related to their diagnosis and prior treatments. You can try it yourself by visiting any of the following pages:

Bladder Cancer Trials <http://www.gumdroptrials.org/bladder-cancer-trials/>

Kidney Cancer Trials <http://www.gumdroptrials.org/kidney-cancer-trials/>

Prostate Cancer Trials <http://www.gumdroptrials.org/prostate-cancer-trials/>

Contact:

Savannah Windam

mtaylor@gumdroptrials.org

888-808-7414

Haven Hospice

beyourhaven.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

Contact:

352-378-2121 Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

Meridian Behavioral Healthcare, Inc.

www.mbhci.org

Meridian Behavioral Healthcare provides individualized services designed to facilitate recovery by utilizing evidence-based practices for individual, families and group therapy. Meridian offers a full continuum of care through 60 different programs that meet the mental health and substance abuse needs of children and adults.

Contact:

Information/Scheduling

352-374-5600; 800-330-5615

4300 SW 13th St.
Gainesville, FL 32608

Michelle M. Bishop, PhD

www.coping-with-cancer.net

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

Contact:

Michelle Bishop

Michelle.Bishop@coping-with-cancer.net

352-331-0020

2653 SW 87th Drive, Ste. A

Gainesville, FL 32608

UF & Shands High Risk Breast Cancer Clinic

www.shands.org/breastcenter

Provides evidence-based prevention of breast cancer to patients at above-average risk based on family history, prior breast biopsies and/or thoracic radiation therapy, hormone replacement therapy, reproductive history, Ashkenazi Jewish history and breast density. The clinic sees patients the 1st and 3rd Mondays of the month, and provides individualized assessment of risk and plan development, which may include breast MRI, genetic counseling and/or testing, chemo-prevention and lifestyle modification.

Contact:

352-265-7070

Children

B A S E Camp Children's Cancer Foundation

www.basecamp.org

Providing a year-round base of support for children and families who are facing the challenge of living with cancer and other life-threatening hematological illnesses.

Contact:

407-673-5060

140 N Orlando Avenue, Ste. 120

Winter Park, FL 32789

Boggy Creek Camp—Florida

www.boggycreek.org

Camp Boggy Creek is a free medical camp in Eustis, FL. Mission: To enrich the lives of children (ages 7-16) who have chronic or life threatening illnesses by creating camping experiences that are fun, empowering, safe and medically sound.

Contact:

Mary Parrish, Recruitment Coordinator

mary@boggycreek.org

352-483-4200 x 4525

30500 Brantley Branch Road

Eustis, FL 32726

Camp Kesem at University of Florida

campkesem.org

Camp Kesem provides a free week of summer camp to kids who have a parent affected by cancer. Camp Kesem is a free sleep-away camp put on by University of Florida, Miami University and Florida State University students. This unique camp offers a fun, safe and supportive environment that allows children between the ages of 6 and 16 to form bonds with peers who share similar experiences.

Contact:

Scott Arizala, Summer Camp Consultant & Trainer: 734-657-0057

Information/Registration: 352-474-8325

Camp Location: Chuluota, FL (near Orlando)

Deliver the Dream

Deliver the Dream helps families suffering from a serious illness or crisis. They organize monthly three-day retreats for families. Each family that attends has a member—whether it's a child or parent—living with an illness such as Cancer, Autism, HIV/AIDS or Cerebral Palsy. Retreats begin on Thursday at 4:00 pm and run through noon on Sunday. Call for additional information.

Contact:

contact@deliverthedream.org

954-564-3512 Toll Free: 888-687-3732

3223 NW 10th Terrace

Ste. 602

Fort Lauderdale, FL 33309

Gainesville Kids Kicking Cancer

A free program for kids with illness and/or pain that offers fun martial arts instruction and tools for overcoming pain, fear, and stress. Currently a joint effort between Shands Arts in Medicine and Kids Kicking Cancer, Inc. The program consists of group classes and bedside visits at Shands Hospital at UF.

Contact:

Lauren Arce

arcelb@shands.ufl.edu

352-273-3088

Give Kids the World

Give Kids the World is a 51-acre resort in Central Florida for children between the ages of 3 to 18 with life-threatening illnesses and a desire to come to Central Florida to visit attractions. This is an all-expense-paid vacation, which includes rental care, theme park tickets, a stay at an on-site villa, airfare and food. To be eligible, children cannot have had another wish granted.

Contact:

dream@gktw.org

407-396-1114; 800-995-5437

210 S Bass Road

Kissimmee, FL 34746

New Hope for Kids

www.newhopeforkids.org

Wish fulfillment for children living in Florida, with life-threatening illnesses who have not yet reached their 19th birthday nor had a wish granted previously.

Contact:

Rosie Wilder, Wish Director

information@newhopeforkids.org

407-331-3059 x14

205 E. SR 436

Fern Park, FL 32730

Sunshine Kids

www.sunshinekids.org

Nonprofit organization providing emotional support to kids who are receiving cancer treatment. The Sunshine Kids Foundation is dedicated to providing exciting activities, trips and events for young cancer patients (age newborn – 18 years).

Contact:

info@sunshinekids.org

800-594-5756

Fitness & Stress Reduction

Gainesville Health & Fitness Cancer Recovery Program

A free four-week cancer fitness program for those undergoing treatment and those that have completed treatment with a physician referral. Use fitness to battle cancer-related fatigue, improve your strength, experience a renewed feeling of empowerment, and live a longer life—free from cancer. Call to make an appointment for orientation.

Contact:

Debbie Lee
352-377-4955
4820 Newberry Road
Gainesville, FL 32608

Guided Meditation Class for Cancer Patients

Evidence-based research has shown Reiki therapy promotes relaxation, a sense of well-being, reduction in anxiety, relief from pain, and improves quality of sleep. In my own experience in private practice, patients receiving Reiki therapy integrated with various cancer treatments have reported significant pain relief, relief from nausea, headaches and neuropathy, as well as improved quality and quantity of sleep. To schedule an initial visit, please call 386-853-0162.

A Guided Meditation class is now scheduled on Tuesdays at noon at the Cancer Center of North Florida Regional in a room just off the lobby (to the right as you enter), called the "Health & Healing Place."

The Cancer Center is a stand-alone building on the northeast corner of the hospital. It sits north of the Medical Arts building, and shares a free-parking garage with the Medical Arts Building. Additional parking for the Cancer Center is outside, and you are able to park there if you prefer.

Contact:

Joan Ellen Kniseley
misterk9@windstream.net
386-853-0162
4131 NW 28th Lane, Suite 5
Gainesville FL 32606

Safe & Comforting Massage for All

www.AdvancedMassageWorks.com

Offering Therapeutic Massage with skills in Deep Tissue, Connective Tissue, Polarity, MPS Scar & Pain Management Therapy, Warm Bamboo Fusion, Oncology Massage (safely work with Cancer and Mastectomy/Lymphedema Risk Patients)

Manual Lymphatic Drainage with Complete Decongestive Therapy

Integrative Therapies include: Aroma Therapy, Reiki, Oneness Blessing/Deeksha

Handicap Accessible office.

Lily is active and passionate in educating women on the risks and prevention of Lymphedema. She now offers a Lymphedema Risk Management MLD package that is affordable to all women. As a member of FSMTA and The Society For Oncology Massage, she actively volunteers in our community.

Contact:

Lily Van Halen
lily@AdvancedMassageWorks.com
352-278-1025
3463 N.W. 13th Street, Suite C
Gainesville, FL 32609

Team Survivor of North Florida

www.teamsurvivor.org

An organization that provides exercise and health education to women of Northern Florida who have been affected by cancer. The programs, which combine fun fitness activities with emotional support, are an important part of the ongoing healing process for women living with and surviving cancer. Activities range from Tai Chi, Dragon Boating and yoga to triathlons and marathons. They require no commitment of time and are free to participants. Survivors are encouraged to

participate at their current level of fitness and can join TSNF after their medical release forms are signed and submitted. To access these forms and for more information about Team Survivor North Florida, please visit the Team Survivor website.

Contact:

northflorida@teamsurvivor.org

352-505-5413

Yoga for Healthcare

Yogaforhealthcare.com

Oncology trained yoga professional offering stress reduction programs, gentle restorative yoga, guided relaxation and meditation practices to cancer survivors and their families. Individualized and group instruction available.

Contact:

Tammy Bernard, M.Ed., RYT

Tammy@yogaforhealthcare.com

352-219-8012

PO Box 357382

Gainesville, FL 32635

Lodging

Alachua County Housing Programs

growth-management.alachuacounty.us/housing_programs/

Funding is available for homeowners residing in the County, outside of Gainesville, for emergency repairs involving roof, well or septic, electrical hazards or accessibility repairs.

We also have down payment/closing cost assistance through the SHIP program for first-time homebuyers.

Contact:

Alachua County Department of Growth Management Housing Programs

twebster@alachuacounty.us

352-337-6283

10 SW 2nd Avenue, 1st Floor

Gainesville, FL 32601

American Cancer Society's Winn-Dixie Hope Lodge

The Hope Lodge provides free housing to eligible cancer patients who are receiving treatment at one of the area medical facilities.

Contact:

Nancy Dohn

nancy.dohn@cancer.org

(352) 338-0601

2121 SW 16th Street

Gainesville, FL 32608

National Association of Hospital Hospitality Houses, Inc.

www.nahhh.org

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

Contact:

800-542-9730

Ronald McDonald House of Gainesville

www.rmhcncf.org

Provides temporary housing, basic amenities and support to families with critically ill children treated at area medical facilities.

Contact:

Info@rmhcncf.org

352-374-4404

1600 SW 14th Street

Gainesville FL 32608

Medical Assistance

ACORN Medical Clinic

Acorn Medical Clinic provides Primary and Preventative Care services for adults and children. Fees are based on a sliding scale determined by income and family size. Offers low-cost/no-cost mammograms.

Contact:

Social Services

352-485-1133

23320 N. SR 235

Brooker, FL 32622

Alachua County CHOICES Health Services

www.alachuacounty.us/government/depts/css/choices/

A health services program designed to help working uninsured residents of Alachua County stay healthy. Eligibility Guidelines: Age 18 – 64, US Citizen or Permanent Resident, Alachua County Resident, Employed 20 Hours a Week or more, Limited Household Income, and Not eligible for Health Insurance (Private, Medicaid, Medicare or VA Benefits).

Contact:

rbailey@alachuacounty.us

352-264-6772

218 SE 24th Street

Alachua County Health Department

alachua.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-334-7910
224 SE 24th St.
Gainesville, FL 32641

Archer Family Health Care

afhc.nursing.ufl.edu

A service of UF College of Nursing provides Primary Care services for adults and children. Participating providers of Aetna, Avmed, BCBS, Cigna, Humana, United Health Care, Medicare and Medicaid. Uninsured patients are seen on a sliding fee scale determined by income and family size based on the Federal Governments Poverty Guideline. Patients are seen by appointment ,walk in and same day appointments.

Contact:

Joan Walker, CMM, CPM, Practice Manager
352-495-2550
16939 SW 13th Avenue
Archer, FL 32618

Arlene M. Weinschelbaum, MD, PA

A mammography facility accredited by The American College of Radiology. Offers low-cost mammograms. Certain patients may qualify for vouchers that can be applied to covering the cost of their service.

Contact:

352-331-0115
6820 NW 11th Place
Gainesville, FL 32605

Azalea Health

Azalea Health provides Primary and Preventative Care for qualified clients. Fees are based on a sliding scale. Must provide proof of income.

Contact:

386-684-4914
1213 State Road 20 W.
Interlachen, FL 32148

Bradford County Health Department

bradford.floridahealth.gov/locations/location-page-main.html

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

904-964-7732
1801 N Temple Avenue
Starke, FL 32091

Children's Medical Services- Gainesville

www.cms-kids.com

Children's Medical Services (CMS) is a collection of programs for eligible children with special needs. Each one of our programs and services are family-centered and designed to help children with a variety of conditions and needs.

Contact:

352-334-1400
1701 S.W. 16th Avenue
Building B
Gainesville, FL 32608

Columbia County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income. Must call for appointment.

Contact:

webinfocolumbia@flhealth.gov
Scheduling 386-758-1068
217 NE Franklin Street
Lake City, FL 32055

Dixie County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-498-1360
149 NE 241st Street
Cross City, FL 32628

Doctors Imaging Group

www.doctorsimaginggroup.com

Committed to ensuring quality images as well as accurate and timely reports for the delivery of patient centered care. Offers low-cost/no-cost mammograms.

Contact:

info@doctorsimaginggroup.com

352-331-9729

6719 NW 11th Plain

Gainesville, FL 32605

Equal Access Clinic

equalaccess.med.ufl.edu/

A network of interdisciplinary student-run free clinics through the University of Florida College of Medicine. The clinic provides healthcare services, patient education and linkage to community resources. Clinics are located throughout Gainesville.

Contact:

equalaccessclinic@gmail.com

352-273-8614

Family Health Center

Provides Comprehensive Primary Care services for qualified clients. Fees are based on a sliding scale determined by income and family size. A medication assistance program is available as well.

Contact:

386-755-4020

173 NW Albritton Lane

Lake City, FL 32056

Florida Breast & Cervical Cancer Early Detection Screening Program (FBCCEDP)

FBCCEDP is a breast and cervical cancer screening program that provides reduced-cost or free mammograms, clinical breast exams and Pap smears to low-income, uninsured women between the ages of 50 and 64. The Pasco and Putnam County Health Departments (CHD) provide FBCCEDP services in North Central Florida.

Contact:

1-800-227-2345 for more information.

cancer@flhealth.gov

850-245-4330

4052 Bald Cypress Way

Tallahassee, FL 32399

Gilchrist County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-463-3120
119 NE 1st Street
Trenton, FL 32693

Hamilton County Health Department

hamilton.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-792-1414
209 SE Central Avenue
Jasper, FL 32052

HealthStreet

healthstreet.program.ufl.edu/

A resource provided by the University of Florida Department of Epidemiology that offers community-based efforts to reduce disparities in healthcare and research by providing the medically underserved with medical and social services and opportunities to participate in research. HealthStreet also offers free services including: health screenings, use of computers, classes and more.

Contact:

352-294-4880
2401 SW Archer Road,
Gainesville, FL 32608

Helping Hands Clinic at First United Methodist Church

A free medical clinic for the homeless. Services include: Primary Care, Psychiatric Care, Nursing Care, Immediate Needs Management and Preventative Care.

Contact:

352-372-8523 x17
419 NE 1st Street
Gainesville, FL 32601

Lafayette County Health Department

lafayette.floridahealth.gov/index.html

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-294-1321
140 SW Virginia Circle
Mayo, FL 32066

Lake Shore Hospital Authority

www.lakeshoreha.org

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

Contact:

Sue Fraze
sue@lakeshoreha.org
386-755-1090
259 NE Franklin Street, Ste. 102
Lake City, FL 32055

Levy County Health Department

levy.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-486-5300
66 West Main Street
Bronson, FL 32621

National Center for Farm Worker Health

This agency provides referrals to help centers throughout the United States for Primary Care for clients who are Migrant Farm Workers.

Contact:

800-377-9968
1770 FM 967
Buda, Texas 78610

North Florida Regional Medical Center—Women's Center

www.nfrmc.com

North Florida Regional Medical Center offers free/reduced cost mammograms.

Contact:

352-333-4261
6500 Newberry Road
Ste. 102
Gainesville, FL 32605

Palms Medical Group

Palms Medical Group provides a full range of healthcare services for all the stages of one's life. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

Contact:

352-376-8211
1014 NW 57th St
Gainesville, FL 32605

Physicians Imaging

Physicians Imaging offers reduced cost mammograms for uninsured patients. Payment plans are available if needed. Call for appointment.

Contact:

386-487-3970
404 NW Hall of Fame Drive
Lake City, FL 32055

Putnam County Health Department

putnam.floridahealth.gov

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-326-3200
2801 Kennedy St.
Palatka, Florida 32177

Southeastern Integrated Medical, PL

www.simedpl.com

Southeastern Integrated Medical (SIMED) is a team of physicians, medical professionals and staff members from the North Central Florida community that offers a range of health and patient care services. Services and procedures include assistance with finding a physician or clinic, insurance and payment information, and a range of integrated medical services. Offers low-cost/no-cost mammograms.

Contact:

352-224-2475
4343 Newberry Road

Suite 18
Gainesville, FL 32607

Suwannee County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

Scheduling 386-362-2708
915 Nobles Ferry Rd.
Live Oak, Florida 32064

The RAHMA Mercy Clinic

rahmamericyclinic.com

The RAHMA Mercy Clinic offers free medical services to individuals and families with earnings less than 200% of the Federal poverty Level who are uninsured. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

Contact:

info@rahmamericyclinic.com
352-792-8324
5220 SW 13th Street
Gainesville, FL 32608

UF Shands Eastside Community Practice

ufhealth.org/uf-health-family-medicine-eastside

General family care offered by University of Florida physicians. Provides patients with consultations, evaluations and treatments for the entire family. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

Contact:

Adults 352-265-7015
Pediatrics 352-265-7017
410 NE Waldo Road
Gainesville, FL 32641

Union County Health Department

union.floridahealth.gov

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-496-3211
495 E Main Street

We Care Physician Referral Network– Alachua County Health Department

alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/

We Care provides access to necessary volunteer medical and dental services for uninsured residents with low income. Offers low-cost/no-cost mammograms. For more information about program services, eligibility criteria and other information call Tony Campo.

Contact:

Tony Campo
352-334-7926
224 SE 24th St.
Gainesville, FL 32641

Outreach

Cancer Community Engagement Research Program (cCERP)

HealthStreet is a community engagement program with the University of Florida with a mission to improve the health of our community and reduce health and cancer disparities. The cCERP initiative assists those diagnosed with cancer find resources and studies that suit their needs and personally connect them with research coordinators. We also offer transportation if needed to the study visits.

Contact:

Cheri Knecht
cesk04@ufl.edu
352-294-4882
2401 SW Archer Road
Gainesville, FL 32608

Cancer Connections

Meets one Wednesday a month at Health Street at from noon until one. The meetings are open to patients, survivors, caregivers and all healthcare professionals who treat them. Each month a speaker gives a presentation on some facet of cancer care. The purpose of the meetings is to bring cancer specialists together for networking purposes, and to help educate both healthcare professionals and patients about the services available in our area. For meeting dates and topics contact Barb Thomas.

Contact:

Barb Thomas
bnbbarb@aol.com
352-377-4427
2401 SW Archer Rd
Gainesville, FL 32608

Florida Department of Health

www.floridahealth.gov

The Bureau of Chronic Disease Prevention and Health Promotion, Comprehensive Cancer Control Program provides information and resources for individuals regarding cancer and related topics.

Contact:

Information, 850-245-4444

Florida Organic Growers

www.foginfo.org

Florida Organic Growers (FOG) offers SNAP (Supplemental Nutrition Assistance Program, formerly food stamps) recipients the opportunity to use their benefits to purchase food at two farmers markets in Alachua County: the Saturday Alachua County Farmers Market and the Wednesday Union Street Farmers Market. Debit/Credit capabilities are also available.

WHO CAN USE THIS SERVICE?

EBT (Electronic Benefits Transfer) technology allows those with SNAP benefits (food stamps) to use their EBT cards at the farmers markets to purchase acceptable items.

Those who wish to use debit or credit cards will also be able to use their cards at the market.

HOW DOES IT WORK?

The project uses a token system to enable customers with EBT, Debit or Credit Cards to shop at the farmers markets. Here's how it works:

1. A customer swipes the EBT, Debit or Credit card at the central POS terminal and enters the PIN.
2. The FOG staff enters the amount of tokens requested into the terminal.
3. Once the transaction is approved, the customer is given a transaction receipt and tokens.
4. The customer then uses the tokens at any participating vendor's stand.

WHEN ARE THE FARMERS MARKETS?

The Union Street Farmers Market runs every Wednesday from 4:00pm to 7:00pm.

The Alachua County Farmers Market is every Saturday from 8:30am to 1:00pm.

WHY SHOULD I SHOP AT THE FARMERS MARKET?

A diet consisting of at least five servings (2 to 3 cups) of fruits and vegetables daily decreases the risk of heart disease, stroke, obesity, diabetes and certain cancers. Those who consume eight or more servings are 22 percent less likely to die from heart disease than those who consume three or fewer servings a day. Buying from a farmers market means you're able to purchase food often picked within a couple days of the market date, so its nutritional quality is still high, and it oftentimes hasn't traveled across the country using valuable fuel resources. It also means your dollar is going back into the local economy, helping the farmers and other business owners in the community.

WHAT ELSE WILL BE OFFERED?

The on-site FOG market booth will be an informational and education hub, with community resources on gardening, nutrition, cooking, community events and opportunities. It will also provide a place where people can learn how to enroll in SNAP.

Contact:

Van Tran

van@foginfo.org

(352) 377-6355

P.O. Box 12311, Gainesville, FL 32604

Florida Right To Know Campaign

www.rtk.php.ufl.edu/

The Right To Know campaign promotes breast cancer screening for women living with disabilities through a set of educational printed and digital materials. These materials provide information directed at both women living with most types of disabilities, as well as health care providers. Materials are free and available on our website.

Contact:

Haven Transitions

A free program that offers information, resources and referrals to individuals who are coping with a life-limiting or terminal illness.

Contact:

352-692-5133; Toll free at 1-800-330-2858

North Central Florida Cancer Control Collaborative

www.ncfcancercontrol.org

Supports cancer patients, survivors, and their families through community-based events and partnerships. They provide the cancer community with networking opportunities and educational programs, and promote strategies for cancer control and prevention. North Central Florida Cancer Control Collaborative publishes the Cancer Resource Guide for North Central Florida and The Cancer Resource Blog.

Contact:

Lindsey Redding

lredding@wellflorida.org

352-313-6500 x105

1785 NW 80th Blvd.

Gainesville, FL 32606

North Florida Foundation for Cancer Care—Gainesville

www.cccnf.com.foundation

Committed to delivering hope by sponsoring teams, underwriting seminars, awarding educational scholarships, supporting research and providing financial aid to patients and their families.

Contact:

352-331-0900

7000 NW 11th Place

Gainesville, FL 32605

Rural Women's Health Project

www.rwhp.org/

A nonprofit organization that creates and implements community-based, health-education projects, trainings, and materials to assist communities in strengthening their understanding of critical health, occupational and family issues.

Contact:

rwhp@cafl.com

352-372-1095

Sisters Network, Inc. (SN)

www.sistersnetworkinc.org

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

Contact:

infonet@sistersnetworkinc.org

904-757-6622

UF Prostate Disease Center: Community Outreach & Education Program

Their mission is to reduce the morbidity and mortality of prostate cancer in the State of Florida through outreach and education.

Contact:

Shannon Pressey, MS

727-394-6162

United Way of North Central Florida

Provides free public access and referrals to non-emergency social services for human service agencies, community clubs, interest groups, support groups, government services, recreation and education programs and health resources through our 2-1-1 information and referral helpline.

Contact:

Norinda Yancey, Director of impact

nyancy@untiedwayncfl.org

2-1-1: free service provided by United Way that connects area residents to critical health and social service resources.

6031 NW 1st Place

Gainesville, FL 32607

Prescriptions

Alachua County Social Services—Prescription Discount Card

www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx

The Alachua County Prescription Discount Card, in conjunction with the National Association of Counties, offers a complementary discount card program to help Alachua County residents cope with the cost of prescription drugs. The Alachua County Prescription Card is FREE and available to ALL county residents regardless of income.

Contact:

Candie Nixon, Director of Social Services
352-264-6754
218 SE 24th Street
Gainesville, FL 32641

Florida Discount Drug Card Program

www.floridadiscountdrugcard.com

Age 60 or older, without prescription drug coverage, or in the Medicare Prescription Drug Coverage gap OR Under age 60, without prescription drug coverage, and with an annual family income of less than 300% of the Federal Poverty Level.
\$1.50/Activation Fee (one time only).

Contact:

866-341-8894
200 E Gaines Street
Tallahassee, FL 32399

FLORIDARXCARD

www.floridarxcard.com

Prescription drug assistance.

Contact:

Deb Adler
dadler@floridarxcard.com
770-313-7261
Florida

FLORIDARXCARD

www.floridarxcard.com

Prescription drug assistance.

Contact:

Deb Adler
dadler@floridarxcard.com
770-313-7261
Florida

Transportation

Air Charity Network

Provides transportation to patients traveling for treatment.

Contact:

coordination@mercymail.org

352-326-0761

Corporate Angel Network, Inc. (CAN)

CAN finds free air transportation on corporate planes for eligible cancer patients who need medical treatment.

Contact:

914-328-1313

Lifeline Transportation Program-Diamond Cab

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

Contact:

William Walker

352-284-6205

1125 SE 13th Street

Gainesville, FL 32641

MV Transportation—Alachua County Transit

www.mvtransit.com

MV Transportation, Inc. and all subsidiaries, joint ventures, partnerships and affiliates is a privately held corporation that provides passenger transportation management, operations, and related services to jurisdictional and private entities across North America.

Contact:

352-375-2784

Community Transportation

3713 SW 42nd Street, Ste. 3

Gainesville, FL 32608

Road to Recovery

www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html

The Road to Recovery program (provided by the American Cancer Society) provides transportation to and from treatment for people who have cancer and do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their cars so that patients can receive the life-saving treatments they need.

Contact:

National Cancer Information Center

800-227-2345

2119 SW 16th Street
Gainesville, FL 32608

Suwannee Valley Transit Authority

www.ridesvta.com/

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

Contact:

Larry Sessions

Larry.esssions@ridesvtd.com

386-362-7433

1907 Voyles Street

Live Oak, FL 32064

Touching Hearts

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

Contact:

352-225-3727: Toll Free: 855-725-537

5109 N.W. 39th Avenue

Suite F

Gainesville, FL 32606

Financial Support

National

Air Charity Network

Provides transportation to patients traveling for treatment.

Contact:

coordination@mercymail.org

352-326-0761

AVONCares

www.CancerCare.org

This joint program provides financial assistance for the treatment of breast, cervical, and ovarian cancers. The program also provides limited financial assistance for homecare, childcare and transportation. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

admin@avonbhop.org

212-244-5368

CancerCare Co-Payment Assistance Foundation

www.cancercopay.org

Offers grants for those with breast, lung, colorectal or pancreatic cancer. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

information@cancercarecopay.org

866-552-6729

Corporate Angel Network, Inc. (CAN)

CAN finds free air transportation on corporate planes for eligible cancer patients who need medical treatment.

Contact:

914-328-1313

HealthCare.gov

finder.healthcare.gov

The "Find Insurance Options" tool will help you find the health insurance suited to your needs, whether it's private insurance for individuals, families and small businesses, or public programs that may work for you. It was created to help consumers under the health insurance reform law, the Affordable Care Act.

Contact:

Healthwell Foundation

www.healthwellfoundation.org

This nonprofit organization offers help with insurance copays, premiums, and out of pocket costs for a wide variety of cancers. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

info@healthwellfoundation.org

800-675-8416

Kristy Lasch Miracle Foundation

www.kristylasch.org

The Kristy Lasch Miracle Foundation provides monetary assistance to women under the age of 30 who are living with breast cancer. The organization assists with medical needs such as insurance co-pays or prescriptions, but also with ancillary medical costs for items such as wigs and scarves. Applications may be downloaded from the Web site at www.kristylasch.org. Applications are NOT accepted for non-medical items.

Contact:

Tom Lasch

kristylaschmiraclefoundation@comcast.net

412-872-4125

Medicare Telephone Hotline

Speak with a customer service representative 24 hours a day, seven days per week. Listen to recorded questions and answers on topics such as Medicare health plan choices and order publications.

Contact:

1-800-MEDICARE

Medicare.gov

www.medicare.gov

Get extra help with prescription drug costs, find out how Medicare works with other insurance, and compare health and drug plans on the U.S. government's official site for Medicare.

Contact:

1-800-MEDICARE

Mission4Maureen

www.mission4maureen.org

Organization provides financial assistance to families who are burdened by the staggering cost of brain cancer treatment. Financial aid is available for medical bills, as well as child care, housing payments, utility bills, transportation, medication, and other areas of assistance. To apply for aid, refer to the application on the website, www.mission4maureen.org. The eligibility criteria changes from time to time, so please check current requirements on website.

Contact:

info@mission4maureen.org

440-840-6497
1568 S. Green Rd.
#21602
South Euclid, OH 44121

My Hope Chest Foundation

www.myhopechest.org

Provides arrangements or a way to finance breast reconstruction surgery for uninsured breast cancer survivors. There is a waiting list, but as survivors contact them, they will seek out doctors in their areas who will provide the series of necessary surgeries at no/reduced cost. All visitors to the website are highly encouraged to take the survey located there.

Contact:

Alisa Savoretti
info@myhopechest.org
727-642-4243

National Association of Hospital Hospitality Houses, Inc.

www.nahhh.org

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

Contact:

800-542-9730

Patient Services Incorporated

www.patientservicesinc.org

One of the earliest co-pay assistance programs, PSI offers financial assistance for many chronic illnesses, including some cancers. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

uneeedpsi@uneeedpsi.org
877-250-2350

The Leukemia and Lymphoma Society's Co-Pay Assistance Program

Helps with both insurance premiums and co-payments. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

copay@lls.org
877-557-2672

The Patient Advocate Foundation's Co-Pay Relief Program

www.copays.org

This program, aimed at those with insurance, including Medicare Part D, helps patients diagnosed with many types of cancer, including brain tumors. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

cpr@patientadvocate.org

866-512-3861

The Pink Fund

www.thepinkfund.org

The Pink Fund provides breast cancer patients in active treatment with up to 90 days of non-medical financial assistance. Payments are made directly to their creditors to maintain their health insurance. Additional payments may be made for housing, transportation and utilities. Applicants must be gainfully employed at the time of their diagnosis and not working and not collecting a paycheck while in treatment. Applications are available at thepinkfund.org under Get Help.

Contact:

info@ThePinkFund.org

1-877-234-7465

Regional

Catholic Charities – Gainesville

www.catholiccharitiesgainesville.org

Emergency assistance is provided for rent, food, utilities and limited prescription assistance. Must provide: Photo ID and Social Security Cards for everyone over 18 years of age living in the home. Food Pantry is open from 9:30 am to 12:30 pm and from 1:00 pm to 3:00 pm Monday – Thursday. Rent and Utility Assistance provided only once. RX Program is once every 6 months up to \$20.00 at Wise's Pharmacy. Programs also available that provide assistance with Thanksgiving or Christmas.

Contact:

Michelle Wilson, Finance Coordinator

352-372-0294 x11, Utility Assistance 352-224-6444. Must call on Friday at 9 a.m. to schedule appointment for the following week.

1717 NE 9th Street, Bldg. A

Gainesville, FL 32609

Central Florida Community Action Agency- Alachua

www.cfcaa.org

The Emergency Assistance program may help eligible households with immediate financial emergencies. Central Florida Community Action Agency provides direct assistance and referrals for basic needs including rental assistance, energy payments, nutrition, transportation, temporary shelter and more. This program is designed to provide immediate assistance to individuals to overcome one-time situations of dire need.

Contact:

352-373-7667
2606 NW 6th Street
Gainesville, FL 32609

Central Florida Community Action Agency- Chiefland

www.cfcaa.org

The Emergency Assistance program may help eligible households with immediate financial emergencies, and assist with disaster relief. Central Florida Community Action Agency has a limited amount of funding available to the community for one-time emergency needs. FCFAA cannot help with on-going crisis. CFCAA may provide direct assistance and referrals for basic needs, including rental assistance, energy payments, nutrition, transportation and temporary shelter.

Contact:

Katrina Bowers
352-493-1734
215 SW 5th Street
Chiefland, FL 32626

Christian Services Center

www.csclc.org

Christian Services Center offers emergency services for food, clothing (every 4 months), housing (limited), limited financial assistance with utility final notice, bus tickets, gas vouchers, prescriptions (no pain) and medical equipment (walkers, canes, etc).

Contact:

Shirley McManus
386-755-1770
441 NW Washington Street
Lake City, FL 32055

Elder Helpline

www.agingresources.org

The Elder Helpline is a telephone information and referral service for seniors, persons with disabilities and their caregivers. The Elder Helpline is your starting point for seeking information and assistance about resources and programs available in North Central Florida.

Contact:

options@agingresources.org
Elder Helpline: 800-963-5337
Elder Options
5700 SW 34th Street

Suite 222
Gainesville, FL 32608

Florida KidCare

www.floridakidcare.org

Florida KidCare is Health Insurance for uninsured children ages birth through 18 years old. Covers Doctors visits, hospital care, medicines, lab tests and more. Fees may vary from \$15 – \$20 a month and are based on income and family size. Some programs may not be available in all areas. Call for additional information or application.

Contact:
Information
888-540-5437

Lake Shore Hospital Authority

www.lakeshoreha.org

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

Contact:
Sue Frazee
sue@lakeshoreha.org
386-755-1090
259 NE Franklin Street, Ste. 102
Lake City, FL 32055

PAWS: Pets Are Wonderful Support

sites.google.com/site/northfloridapaws/

A student volunteer organization in UF's College of Veterinary Medicine that aims to improve the quality of life for low income Alachua County residents suffering from terminal or disabling disease by offering free veterinary care. Call for eligibility.

Contact:
352-392-2213 x5494

Serving Health Insurance Needs of Elders (SHINE)

www.agingresources.org

This is a free insurance counseling program designed for elders and persons with disabilities and their caregivers. Highly trained volunteers assist elders with their health insurance questions. Provides assistance with and information on Medicare, Medicare supplements, Medicare Advantage Plans, Medicare Part D Prescription Drug Plans, Medicare Savings Programs, Low-Income Subsidies assistance with Medicare Part D Plans, Patient Assistance Programs for help with prescriptions through the pharmaceutical companies.

Contact:

options@agingresources.org

For information on the location of SHINE Counselors in your area, contact the Elder Helpline: (800) 963-5337

Elder Options

5700 SW 34th Street

Suite 222

Gainesville, FL 32608

Social Security Administration

www.ssa.gov

The Social Security Administration provides financial assistance to those who qualify for Social Security government funded programs. Program Include: Medical Disability and Financially Indigent Programs such as Supplemental Social Security Income (SSI) and Medicaid. Application process is required.

Contact:

800-772-1213

400 N SR 19, Ste. 53

Palatka, FL 32177

Tom Coughlin Jay Fund Foundation

www.tcjayfund.org

The mission of the Tom Coughlin Jay Fund Foundation is to assist children with leukemia and other cancers and specific bone marrow failure syndromes and their families by providing emotional and financial support to help reduce the stress associated with treatment and improve their quality of life. Child must be a permanent resident of North Florida or South Georgia. All financial assistance is determined on a case-by-case basis based on the needs of the child and family. To apply for assistance in Florida, families should contact patient's clinic or hospital social worker.

Contact:

Keli Coughlin, Executive Director

904-543-2599

P.O. Box 50798

Jacksonville Beach, FL 32240

Support Groups

ABCD: After Breast Cancer Diagnosis

Free one-to-one mentoring support to anyone going through the breast cancer journey as well as a free survivor staffed helpline.

Contact:

abcdinc@abcdmentor.org

414-977-1780

5775 N. Glen Park Road Suite 201

Glendale, WI 53209

Bosom Buddies Support Group at Dixie Grill

Bosom Buddies is a breast cancer support group that provides mutual support and social interaction for women with breast cancer. Meetings are held the 2nd Monday each month.

Contact:

Lisa Mills
386-362-6309
101 Dowling Avenue SW
Live Oak, FL 32064

Brain Tumor Support Group at Shands/UF

Open to all patients, survivors, family and friends. Lunch included; RSVP requested. Meets monthly; call for schedule.

Contact:

john.jordan@neurosurgery.ufl.edu
352-273-9000

Breast Cancer Support

An ongoing, monthly Support Group that provides participants an opportunity to share experiences and gain support and strength from each other. Meetings are held the 3rd Monday of each month from 7 to 9 p.m.

Contact:

Nancy Mackintosh
386-418-3737
Trinity United Methodist Church
4000 NW 53rd Ave.
Gainesville, FL

Cancer Support Group at The Orange Park Medical Center

Have you ever been diagnosed with cancer? Are you a caregiver of someone who is affected by cancer? If, so, you are not alone. Perhaps it is time to attend a complimentary Cancer Support Group. The Intensive Outpatient Program (IOP) at Orange Park Medical Center is sponsoring a new support group for anyone affected by cancer. This includes loved ones. For more information or to RSVP, please call.

Contact:

904-639-8654
1887 Kingsley Avenue, M.O.B. 3
Orange Park, FL 32073

Caregivers Support Group

Suwannee River Economic Council offers a Caregivers Support Group for anyone caring for a loved with a chronic illness. This group allows participants an opportunity to meet with other caregivers in a confidential environment to share problems and concerns. Meetings are held the last Thursday each month.

Contact:

Sabrina, Case Manager
386-362-4115
Suwannee Senior Center
1171 Nobles Ferry Road
Live Oak, FL 32064

Creative For Health Studio: Arts and Writing Workshops for People Affected by Cancer (Funded by the LIVESTRONG Foundation)

The Arts in Medicine program will use the funding to launch Creative For Health Studio, free weekly arts and writing workshops for both those in and outside of the cancer community. The workshops will be led by artist in residence, Dylan Klempner, who will collaborate each week with artists and writers from across the Gainesville community and beyond. Over the course of the program, participants will paint, sculpt, write, dance, and sing in a fun and supportive environment.

Contact:

Dylan Klempner
dklempner@arts.ufl.edu
352-733-0880
ElderCare of Alachua County Senior Recreation Center,
5701 NW 34th Blvd., Gainesville, FL, 32653
(352) 265-9040

Gainesville, Florida Multiple Myeloma Support & Networking Group

www.gainesvilleflmultiplemyelomasupport.com

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

Contact:

Linda Stegall Henry
lshenry@embarqmail.com
352-529-7050
Meets 2nd Monday of the Month
5:30 - 7:30 pm
Cancer Center @ NFRMC Community Room
6420 NW Newberry Road
Gainesville, Florida 32605

Haven Hospice of the Lakes—Bereavement and Grief Support Group

beyourhaven.org

In this support group, members have the opportunity to express their feelings and thoughts of coping with the death of a loved one as well as gain an understanding of grief and how it impacts their lives.

Contact:

Bereavement Coordinator
386-328-7100
6400 Saint Johns Avenue
Palatka, FL 32177

Haven Hospice Transitions at Skate Station

SASHA's (Support, Awareness, Strength, Hope, Acceptance) Friends is an Anticipatory Grief Support Group for Children. This groups offers support for children (ages 6 -14) who are dealing with a family member or adult friend that has been diagnosed with a life-limiting illness.

Contact:

Evelyn James, Bereavement Coordinator
352-692-5133
1311 NW 76th Boulevard
Gainesville, FL 32606

Healing Hearts at Haven Hospice of North Central Florida

The Healing Hearts grief support program offers individual, family and group counseling to help anyone who is coping with loss, regardless of how it occurs. Throughout the year, Healing Hearts offers grief support and educational programs for those who may have lost a mate, parent, child or other family member. This program is available to children and teens, adults and families.

Contact:

Vonceil Leine
352-692-5105
6037 W. US HWY 90
Lake City, FL 32055

Healing Touch Cancer Support

www.trinitygnv.org

Meets the 3rd Thursday of each month, 5:30 p.m. in the Trinity United Methodist Church. All cancer patients, family and friends as well as cancer survivors are welcome. This group began in 1995 and continues today as an encouraging and loving place for those experiencing cancer in their lives. Every month has a focus and all meetings begin and end in prayer.

Contact:

Marcey
marcey.corey1@gmail.com
352-331-2960, (Church phone number: 352-376-6615)
Trinity United Methodist Church
4000 NW 53rd Avenue
Gainesville, FL 32653

Healthy Start of Lafayette County

www.healthystartnfc.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

Colleen_Cody@doh.state.fl.us

Multilingual 386-362-2708 ext. 218

140 SW Virginia Circle

Mayo, FL 32066

Healthy Start of Levy County

www.healthystartnfc.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

Diane_Wilson@doh.state.fl.us

Multilingual 352-486-5300 ext. 251

66 West Main Street

Bronson, FL 32621

Healthy Start of Putnam County

www.healthystartnfc.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

rterry@fmdc.org

386-326-7391

1302 River Street

Palatka, FL 32177

HOPE Support Group

The HOPE Support Group offers Education and Emotional Support for Women with all types of cancer. Meetings are held the 2nd Tuesday each month. Offered by the Orange Park Cancer Center.

Contact:

904-538-3666

2161 Kingsley Avenue

Orange Park, FL 32073

I Can Cope

An educational program for people facing cancer—either personally, or as a friend or family caregiver. The American Cancer Society Office in Gainesville is offering one-on-one consultations to provide straightforward information and answers for cancer-related questions.

Contact:

Zeena Brown, Area Administrative Assistant
352-240-5057
2119 SW 16th Street
Gainesville, FL 32608

Leukemia & Lymphoma Society's Family Support Group

Family Support Groups provide mutual support and education for patients and family members. They offer an opportunity to discuss anxieties and concerns with others who share the same experiences. This sharing strengthens the family bond and enhances everyone's ability to cope with cancer.

If you or a loved one has a diagnosis of Leukemia, Hodgkin Lymphoma, Non- Hodgkin Lymphoma, Myeloma or Myelodysplastic Syndrome, or any other form of blood cancer, please join us. We meet the first Thursday of every month at 6:30 pm.

Contact:

Dr. Michelle Bishop
michellebishoppd@gmail.com
352-331-0020
Cancer Center of North Florida Regional
6420 Newberry Road
Gainesville, FL 32614
Health & Healing Place – 1st Room on Right

Look Good, Feel Better

An American Cancer Society (ACS) program for women cancer patients. Group meets the 2nd Wednesday of each month. You must call the ACS to RSVP for this one-time meeting.

Contact:

Please call Gwen Carriere, ARNP if you have questions or need more information.
352-376-6866
North Florida Regional Medical Center
Cancer Center
6420 Newberry Road
Gainesville, FL 32605

Look Good...Feel Better

www.cancer.org

A free program that teaches women in active cancer treatment ways to deal with the appearance-related side effects of treatment.

Contact:

National Cancer Information Center
800-227-2345

Man to Man

One on one support for men recently diagnosed with prostate cancer. Support is available via telephone, e-mail or in person.

Contact:

National Cancer Information Center

800-227-2345

2119 SW 16th Street

Gainesville, FL 32608

Or at:

Winn Dixie Hope Lodge

2121 SW 16th Street

Gainesville, FL 32608

Man to Man Support Group at Putnam County Library

Helps men cope with prostate cancer by providing community-based education and support to patients and their family members. Man to Man volunteers hold free monthly meetings where men support each other and exchange information throughout the cancer experience.

Contact:

National Cancer Information Center

800-227-2345

601 College Rd.

Palatka, Florida 32177

Moving Forward

Cancer support group for patients and caregivers, 1st Tuesday of each month, 3–4:30 p.m.

Contact:

Call Gwen Carriere, ARNP for further information

Gwen.Carriere@hcahealthcare.com

352-333-4511 or 352-514-5960

North Florida Regional Medical Center

Cancer Center

6420 Newberry Road

Gainesville, FL 32605

Multiple Myeloma Support Group

Meets the 2nd Monday of each month, 5:30-7:30 p.m. at the D'Acosta House.

Contact:

Gale Smith

smithgm@shands.ufl.edu

352-214-6265

703 N.E. 1st Street

Gainesville, FL 32601

One on One Lymphedema Support

This One on One Lymphedema Support is for individuals interested in the prevention and treatment of lymphedema symptoms.

Contact:

Candace Bridgewater

904-269-9113

Orange Park, Florida 32073

Reach to Recovery

www.cancer.org/treatment/supportprogramsservices/reach-to-recovery

Reach to Recovery is a program that helps patients with breast cancer cope with their diagnosis, treatment, and recovery. The program pairs a breast cancer survivor with a recently diagnosed patient who has similar issues. Each volunteer is specially trained to help the patient express their feelings, verbalize her fears and concerns, and be an impartial sounding board for questions and matters that may be affecting them. Contact may be either a personal visit or a phone call based on location.

Contact:

American Cancer Society

800-227-2345

2119 SW 16th Street

Gainesville, FL 32608

Shands/UF Blood & Marrow Support Group

Meets the 1st Friday of each month, 12 p.m. at Shands.

Contact:

Gale Smith, LCSW

smithgm@shands.ufl.edu

352-265-0224 x29508

Shands/UF Cancer Hospital

7th Floor, BMTU, #7011

Support Group at Community Cancer Center of North Florida – Gainesville

www.cccnf.com/wellness_support.php

Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help discuss the issues. Gainesville location: 3rd Tuesday of each month from 5:30 – 7 p.m.

Contact:

352-331-0900
7000 NW 11th Place
Gainesville, FL 32605

Support Group at Community Cancer Center of North Florida—Lake City

www.cccnf.com/wellness_support.php

Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help discuss the issues. Lake City location: 2nd Thursday of each month from 11 a.m. – 1 p.m.

Contact:

386-755-0601
4520 W. US Highway 90
Lake City, FL 32055

The Safe in Him Cancer Survivors Support Group

www.compassionateoutreach.org

A nondenominational, spiritually based group designed for those who have survived the diagnosis of cancer and their families. The vision of this group is to minister hope, help and healing for the hurting heart. Offered through Compassionate Outreach Ministries.

Contact:

info@compassionateoutreach.org
352-373-1888
320 SE 43rd Street
Gainesville, FL 32641

The Women's Cancer Support Group of Lake City: Baya Pharmacy East

This group provides emotional support through shared experiences and provides education with professional speakers in related fields every other month. Both newly diagnosed and survivors of any type of cancer are welcome to attend. Meetings are held the 2nd Monday each month from 5:30-6:30 p.m.

Contact:

Joan Restall, Katie Griffin
jrestall@peoplepc.com
386-755-0522, 352-752-4198
780 SE Baya Drive
Lake City, FL 32025

West Putnam Cancer Support Group at Interlachen Public Library

Offers general support for cancer survivors, family and friends. Programs alternate with a Speaker or Share and Care. Meetings are held the 2nd Thursday each month from 4:30- 5:30 p.m.

Contact:

Vivian Bly, Facilitator
386-684-2490
133 N. CR 315
Interlachen, FL 32148

Woman's Club of Palatka

www.gfwcpalatka.com

This group provides mutual support and social interaction for women with breast cancer. Call for additional information. Meetings are held the 3rd Tuesday each month at 4:30 pm.

Contact:

Bridget Dennis
386-937-3579
600 South 13th Street
Palatka, FL 32177

Tobacco Cessation

National

American Cancer Society Quitline

www.cancer.org

The American Cancer Society Quitline provides articles on smoking cessation and quitting tips. Free brochures are available. The American Cancer Society is also a sponsor of A Great American Smoke-Out.

Contact:

1-800-227-2345

American Lung Association

www.lungusa.org/stop-smoking/how-to-quit/

Freedom From Smoking® is a free online quit program for adults that teaches the skills and techniques necessary to quit smoking. It is also available as a group clinic, an online program and a self-help book. Cessation counselors also available at the Lung HelpLine.

Contact:

1-800-LUNGUSA

Quit for Life

www.alerewellbeing.com

The Quit For Life® Program is a collaboration between the American Cancer Society and Alere Wellbeing. The program helps people quit tobacco use by providing: *Up to 5 coaching calls and access to a Quit Coach *Access to Web Coach, an interactive, online community that offers e-learning tools, social support and information about quitting.

Contact:

wellbeinginfo@alere.com

999 3rd Avenue

Suite 2100

Seattle, Washington 98104

Smokefree.gov

www.smokefree.gov

A website created by the National Cancer Institute to provide assistance to quit smoking. Provides a step-by-step guide to quit and other online resources.

Contact:

1-877-440-QUIT

Statewide

AHEC “Quit Smoking Now”

www.ahectobacco.com/calendar

The Florida Area Health Education Center (AHEC) Network offers tobacco cessation classes called “Quit Smoking Now” throughout the state. See what’s happening in your county by visiting their online calendar.

Contact:

1-877-QUIT-NOW-6 (1-877-848-6696)

Florida Quitline

tobaccofreeflorida.com/

Tobacco Free Florida offers a number of free and convenient resources to help tobacco users quit. The Florida Quitline and Web Coach are available 24 hours per day, seven days a week. Florida Residents 11 and older may use the quitline. Services are also available for hearing impaired.

Contact:

Multilingual telephone counseling

1-877-822-6669

North Central Florida

Suwannee River Area Health Education Center (AHEC)

www.srahec.org

Provides community and workplace tobacco cessation; tobacco cessation training for healthcare providers and Quit Smoking Now classes. The Quit Smoking Now program helps people quit all types of tobacco—cigarettes, cigars, smokeless tobacco, pipes, and others—in Suwannee River AHEC's twelve county service area of Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Marion, Putnam, Suwannee, and Union counties.

Quit Smoking Now is held once a week for six consecutive weeks in local communities. The program is free and participants receive free nicotine replacement therapy (nicotine patches, gum, or lozenges). Visit their website or call for information about classes.

Contact:

sarahc@srahec.org

386-462-1551

14646 NW 151st Blvd.

Alachua, FL 32615

Alachua County

CHOICES Health Education and Wellness

Tobacco cessation classes offered the 2nd and 4th Tuesday of every month at the Alachua County Health Department by appointment. The multifaceted program includes community-based group fitness classes, health education seminars, smoking cessation, faith-based initiative, youth initiative, worksite wellness and faith-based series. The goal of the program is to help people develop and maintain a healthy lifestyle. A team of health educators helps provide the tools needed to change lifestyle behaviors: 1) increase physical activity, 2) improve nutritional diet, and 3) eliminate tobacco use. To register for the tobacco cessation classes, please email.

Contact:

CHOICEShewprogram@doh.state.fl.us

352-334-8889

224 SE 24th Street

Gainesville, FL 32641

GatorWell Health Promotion Services (AHEC)

www.tobaccofree.ufl.edu

GatorWell offers the Quit Program in partnership with the Student Health Care Center, the University of Florida Area Health Education Centers, and the Florida Department of Health. Through the program, currently enrolled UF students can receive various coaching and medications. Telephone and individual counseling available.

Contact:

352-273-4450

3190 Radio Road

Gainesville, FL 32611

Healthy Start of Alachua County

www.healthystartncf.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is also available through this service.

Contact:

Laura.Duke@doh.state.fl.us

Multilingual 352-334-7940

224 SE 24th Street

Gainesville, FL 32641

Malcom Randall VA Medical Center

www.northflorida.va.gov

Services and information available to help veterans and Veteran Affairs employees to adopt a tobacco free life.

Contact:

352-376-1611 x4499

1601 SW Archer Road

Gainesville, FL 32608

North Florida Regional Medical Center “Freedom from Smoking”

nfrmc.com/hl/?/648224/

“Freedom from Smoking” consists of two-hour evening classes for 8 weeks to help tobacco users quit. Classes are offered during the Fall and Spring. The workbook fee is \$20 and limited spaces are available. Telephone, individual and group counseling are also available.

Contact:

Gwen.Carriere@hcahealthcare.com

352-333-4511

North Florida Regional Medical Center

6500 W. Newberry Road

Gainesville, FL 32605

Shands Healthcare

www.tobaccofree.health.ufl.edu/

A wide selection of Shands healthcare counseling services, self-help materials and medicines are available to help smokers employed by the University of Florida or Shands HealthCare quit successfully. Shands employees who attend during their regular work schedules will be paid for class attendance (with supervisor approval). Group counseling also available. Website offers a national, state and county-by-county list of resources.

Contact:

352-265-0680

1600 SW Archer Road

Shands Smoking Cessation Program

www.shands.org/public/smokingcessation.asp

Offered to tobacco users 18 and older. Free 2-hour class once a week for six weeks. Flexible schedule of group and individual classes. Telephone counseling also available. Contact Gillian Eagle to sign up for the program.

Contact:

Gillian Eagle

geagle@ufl.edu

352-392-4541 x233

706 SW 4th Avenue

Gainesville, FL 32601

Tobacco Free Alachua

TobaccoFreeAlachua.org

A diverse community partnership which fosters collaborative initiatives to develop and promote policies that reduce the use and effects of tobacco. We focus on building community support and advocating for the establishment of tobacco control policies that will:

- 1) Prevent youth and young adults from starting to use tobacco products
- 2) Protect Alachua County citizens from involuntary exposure to secondhand smoke
- 3) Provide support for current tobacco users who want to quit.

TobaccoFreeAlachua@doh.state.fl.us

Contact:

Marilyn Headley

Marilyn_Headley@doh.state.fl.us

352-334-7914

224 SE 24th Street

Gainesville, FL 32601

UF Community Health & Family Medicine (AHEC)

www.tobaccofree.ufl.edu

UF Health Science Center employees can take advantage of a 5-7 week smoking cessation program during lunchtime or evening sessions. Individual and group counseling for patients, employees and family members is also available at the UF Health Science Center.

Contact:

352-392-4541 x239

2750 NW 43rd Street

Suite 102

Gainesville, FL 32606

UF Employee Assistance Program (AHEC)

www.eap.ufl.edu

Up to six visits for consultation are available through AHEC. Services offered to UF employees and spouses. Individual and group counseling also available. Call or email to schedule an appointment.

Contact:

eaphelp@cns.ufl.edu

352-392-5787

Room 245 of the Student Health Care Center
(Infirmary Building)
1 Fletcher Drive
Gainesville, FL 32611

Bradford County

Healthy Start of Bradford County

www.healthystartncf.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service. Nicotine replacement therapy is available through the Florida QuitLine.

Contact:

Traci_Wilson@doh.state.fl.us

904-964-7732

1801 N. Temple Ave.
Starke, FL 32091

Columbia County

Healthy Start of Columbia County

www.healthystartncf.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

Susie_Tyson@doh.state.fl.us

386-758-1135

217 NE Franklin Street
Lake City, FL 32055

Gilchrist County

Healthy Start of Gilchrist County

www.healthystartnfc.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

kcopper@cdsi.org

(352) 463-6252

225 SW 1st Avenue

Trenton, FL 32693

Hamilton County

Healthy Start of Hamilton County

www.healthystartnfc.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

Hope_Crawford@doh.state.fl.us

Multilingual 386-792-1414

Levy County

Nature Coast Regional Hospital

Tobacco cessation information and services available to Levy County Residents. Group and individual counseling also available.

Contact:

Multilingual 352-528-2801

125 SW 7th Street

Williston, FL 32696

Putnam County

Palatka Community Based Outpatient Clinic

www.northflorida.va.gov/locations/Palatka.asp

Weekly meetings available at the Palatka Community Based Outpatient Clinic with telephone follow-up phone calls after completion. Offered to eligible veterans.

Contact:

386-329-8800
400 North State Road 19
Suite 48
Palatka, FL 32177

Suwannee County

Healthy Start of Suwannee County

www.healthystartncf.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

386-326-7391; Multilingual 386-362-2708
915 Nobles Ferry Road
Live Oak, FL 32060

Union County

Healthy Start of Union County

www.healthystartncf.org

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:

Cindy.Kent@doh.state.fl.us

Multilingual telephone line: 386-496-3211
495 E. Main Street
Lake Butler, FL 32054

Lake Butler Hospital—We Are Free Support Class

www.lakebutlerhospital.com/

Meet in person or on the phone with one of Lake Butler Hospital's Tobacco Treatment Specialists (TTS) for an initial assessment to attend free smoking cessation classes. Offers free nicotine replacement therapies to anyone who would like help quitting any tobacco product, while supplies last. Available to visitors, patients and employees of Lake Butler Hospital.

Contact:

386-496-2323 ext. 228
Lake Butler Hospital
850 East Main Street
Lake Butler, FL 32054

National Organizations & Websites

Cancer Resources

4women.com

4women.com

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. We also provide a very comfortable sleep cap in 100% baby jersey cotton. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

Contact:

Susan Beausang

susan@4women.com

941-362-0250

1640 Bay View Drive

Sarasota FL 34239

American Association for Cancer Research (AACR)

www.aacr.org

The mission of AACR is to prevent and cure cancer through research, education, communication and collaboration.

Contact:

aacr@aacr.org

866-423-3965

American Cancer Society's Winn-Dixie Hope Lodge

The Hope Lodge provides free housing to eligible cancer patients who are receiving treatment at one of the area medical facilities.

Contact:

Nancy Dohn

nancy.dohn@cancer.org

(352) 338-0601

2121 SW 16th Street

Gainesville, FL 32608

American College of Surgeons Commission on Cancer

www.facs.org/cancer

The American College of Surgeons Commission on Cancer (CoC) is a consortium of professional organizations dedicated to improving survival and quality of life for cancer patients through standard-setting, prevention, research, education, and the monitoring of quality comprehensive quality care. The CoC is the only multidisciplinary accreditation program for cancer programs in the United States. Currently more than 1500 programs are accredited by the CoC. For a list of programs please visit the CoC Hospital Locator at <http://www.facs.org/cancerprogram/index.html>.

Contact:

Susan Rubin
srubin@facs.org
312-202-5182
633 North St. Clair
Chicago, IL 60611

American Institute for Cancer Research

www.aicr.org

Provides information about cancer prevention, particularly through diet and nutrition; featuring a toll-free nutrition hotline, pen pal support network and research funding.

Contact:

aicrweb@aicr.org
800-843-8114

American Psychosocial Oncology Society

www.apos-society.org

Helpline through which cancer patients, caregivers and advocacy organizations may obtain referrals for local counseling services throughout the United States. This referral program aims to connect cancer patients and their caregivers to psychiatrists, psychologists, nurses, social workers and counselors skilled in the management of cancer-related distress.

Contact:

info@apos-society.org
Referral Helpline 866-276-7443. Calls are accepted 24 hours a day through a voicemail system.
154 Hansen Road, Ste. 201
Charlottesville, Virginia 22911

American Society of Clinical Oncology

www.asco.org

Provides resources for healthcare providers but includes patient-friendly tools such as help finding an oncologist, and up-to-date information about cancer policy issues.

Contact:

asco@asco.org
571-483-1300

Be The Match

www.BeTheMatch.org/patient

Provides assistance to patients and their physicians in the search for an unrelated stem cell donor. Provides general information about the stem cell transplant process, the search process, financial issues associated with the transplantation process and Patient Advocacy.

Contact:

patientinfo@nmdp.org

888-999-6743

C-Change

www.c-changetogether.org

The mission of C-Change is to eliminate cancer as a public health problem, at the earliest possible time, by leveraging the expertise and resources of its members. C-Change is both a forum and a catalyst for identifying issues and major challenges facing the cancer community and for initiating collaborative actions to complement the efforts of individual C-Change members. C-Change focuses on advocacy, strategic initiatives and research. Free toolkits and resources available.

Contact:

info@c-changetogether.org

202-756-1600

Cancer and Careers

www.cancerandcareers.org

Provides cancer-related expert advice, interactive tools and educational events. Also offers publications, resources, and support for cancer patients going through treatment and returning to work.

Contact:

cancerandcareers@cew.org

Cancer Answers—H Lee Moffitt Cancer Center

www.moffitt.usf.edu

Answers for cancer related questions.

Contact:

800-456-7121

Cancer Care, Inc.

www.cancercares.org

A national nonprofit agency that offers free support, information, financial assistance and practical help to people with cancer and their loved ones. Services are available in person, over the phone and through the agency's website. Spanish language help available.

Contact:

info@cancercares.org

800-813-HOPE

Cancer Hope Network

www.cancerhopenetwork.org

Provides support to cancer patients and their families by matching them with trained volunteers who have undergone and recovered from a similar cancer experience.

Contact:

info@cancerhopenetwork.org

800-552-4366

Cancer Information and Counseling Line

cucancercenterfund.org/

A toll-free national service provided by AMC Cancer Research Center. Provides emotional support, up-to-date medical information and resource referrals through counseling. Available Monday through Friday, 8:30 a.m. to 4:30 p.m. MST.

Contact:

contactus@amc.org

800-525-3777

Cancer Support Community

www.cancersupportcommunity.org

Provides free psychological and emotional support to cancer patients and their families. They offer support groups on stress reduction and cancer education workshops, nutrition guidance, exercise sessions and social events.

Contact:

help@cancersupportcommunity.org

888-793-9355

Cancer.Net

www.cancer.net

The patient information website of the American Society of Clinical Oncology provides timely, oncologist-approved information to help patients and families make informed healthcare decisions.

Contact:

contactus@cancer.net

888-651-3038

Cancer101

www.cancer101.org

Cancer101's mission is to empower cancer patients and their caregivers to take control over their diagnoses and engage them as active partners in their care, by arming them with a toolkit to navigate their cancer journey.

Contact:

info@CANCER101.org

646-638-2202

CancerCare Co-Payment Assistance Foundation

www.cancercopay.org

Offers grants for those with breast, lung, colorectal or pancreatic cancer. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

Contact:

information@cancercarecopay.org

866-552-6729

CancerCare Inc

www.cancercare.org

CancerCare provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. CancerCare programs including counseling and support groups, education, financial assistance and practical help are provided by professional oncology social workers and are completely free of charge.

Contact:

Information/Referral

info@cancercare.org

800-813-4673

Cancervive, Inc.

www.cancervive.org

Since 1985, Cancervive has provided counseling, education and advocacy to cancer patients, family members and health professionals. Popular education materials include books, DVDs and games.

Contact:

Chemocare.com

www.chemocare.com

Scott Hamilton's site focuses on chemotherapy—managing side effects, survivor experiences and more.

Contact:

chemocare@ccf.org

Coalition of Cancer Cooperative Groups

www.cancertrialshelp.org

Mission: to improve the quality of life and survival of cancer patients by increasing participation in cancer clinical trials. Features a tool to search for current trials.

Contact:

Info@CancerTrialsHelp.org

877-227-8451

Commission on Cancer

www.facs.org/cancer

The Commission on Cancer (CoC) is a consortium of professional organizations dedicated to improving survival and quality of life for cancer patients through standard-setting, prevention, research, education and the monitoring of comprehensive quality care.

Contact:

coc@facs.org

312-202-5085

CURE

curetoday.com

CURE quarterly magazine is available free of charge to cancer patients, survivors and caregivers. Subscribers receive clear and comprehensive information in order to better understand cancer. Additionally, CURE, in association with the American Cancer Society, publishes an annual Cancer Resource Guide, which is sent to every new subscriber. CURE will also send free magazines for your support groups, community events, churches, etc.

Contact:

subs@curetoday.com

CureSearch

www.curesearch.org

Funds and supports children's cancer research and provides information and resources to all those affected by children's cancer.

Contact:

info@curesearch.org

800-458-6223

Dia de la Mujer Latina, Inc.

www.diadelamujerlatina.org

Promotes health awareness to the underserved Latino community by providing ethnicspecific education with a focus on early detection screening of breast and cervical cancer, as well as other chronic diseases. Resources for hosting a Health Fiesta.

Contact:

info@diadelamujerlatina.org

281-489-1111

Gumdroptrials.org

www.gumdroptrials.org

GUMDROP (<http://www.gumdroptrials.org>) is a not-for-profit organization that was organized to enhance patient outcomes through greater cancer clinical trial awareness. These clinical trials continually change as the medical community evolves its approach to defeating cancer. These web sites are intended to help all in the cancer community to filter through the several dozen of current clinical trials that apply to bladder, kidney and prostate cancers. It is hoped that improved clinical trial awareness and utilization will lead to improved survival and quality of life of patients, ultimately creating a better standard of care for these patients.

GUMDROP stands for Genito-Urinary Multi-Disciplinary D.C. Regional Oncology Project. All of the activities of GUMDROP and its participating doctors and volunteers currently occur in the Washington DC Metro area. GUMDROP was started informally as an information sharing opportunity for oncologists at a dinner held in April 2011 in Bethesda, MD. It has grown to include 10+ institutions that now collaborate on a regular basis to improve patient care.

Clinical trial research and opportunities change frequently, which is why GUMDROP created a database of all available bladder, kidney, and prostate trials in the Mid-Atlantic. Patients can browse trials by cancer type, and even filter results based on specific factors related to their diagnosis and prior treatments. You can try it yourself by visiting any of the following pages:

Bladder Cancer Trials <http://www.gumdroptrials.org/bladder-cancer-trials/>

Kidney Cancer Trials <http://www.gumdroptrials.org/kidney-cancer-trials/>

Prostate Cancer Trials <http://www.gumdroptrials.org/prostate-cancer-trials/>

Contact:

Savannah Windam

mtaylor@gumdroptrials.org

888-808-7414

Headcovers Unlimited

Our company was founded by Carol Galland, a breast cancer survivor, and her daughter over 20 years ago. We are devoted to helping people with hair loss due to cancer or chemotherapy treatments to look and feel beautiful while battling their hair loss. Our products include soft hats and scarves, sleep caps, wigs, false eyelashes and eyebrows, as well as other hard to find hair loss products. We have also created a vast resource library with a myriad of helpful cancer and hair loss tips and informational articles. We cover topics such as “How to Select Your Wig” and what to look for in a head covering.

Contact:

customercare@headcovers.com

1-800-264-HATS

214 S. Iowa Ave.

League City, TX 77573

Intercultural Cancer Council (ICC)

www.iccnetwork.org

ICC promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the US.

Contact:

icc@uh.edu

713-798-4614

Livestrong: Lance Armstrong Foundation

www.livestrong.org

Focuses its activities on: survivor resources and support, survivorship programs, national advocacy initiatives, scientific and clinical research grants. A particularly useful tool is the Livestrong Guidebook which functions as a workbook and provides information that is needed from the time of diagnosis through cancer treatment and beyond—free through website.

Contact:

866-673-7205

Mesothelioma Guide

www.mesotheliomaguide.com

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

Contact:

webmaster@mesotheliomaguide.com

888-385-2024

Mesothelioma Help Now

www.mesotheliomahelpnow.com

Mesothelioma Help Now is a comprehensive resource for the patients and families of those that are suffering from mesothelioma & other asbestos related diseases.

Contact:

info@sokolovelaw.com

800-584-4151

National Cancer Institute

www.cancer.gov

Provides up-to-date information on all cancer types, information on clinical trials, resources for people dealing with cancer, and information for researchers and health professionals.

Contact:

800-4-CANCER

National Cancer Institute's (NCI's) Cancer Information Service (CIS)

www.cancer.gov

The National Cancer Institute's (NCI's) Cancer Information Service (CIS) is a federally funded cancer education program that was established in 1975 as an essential part of NCI's mission and information efforts. The CIS provides accurate, up-to-date, and reliable information on cancer that is easy to understand. Information specialists provide personalized responses to a range of cancer questions, including cancer research and clinical trials, cancer prevention, risk factors, symptoms, early detection, diagnosis, treatment, living with cancer, and quitting smoking.

Contact:

cancergovstaff@mail.nih.gov

1-800-422-6237

National Cancer Institute Cancer Information Service

BG 9609 MSC 9760

9609 Medical Center Drive

Bethesda, MD 20892-9760

National Coalition for Cancer Survivorship

www.canceradvocacy.org

A network of groups and individuals that offer support to cancer survivors and their loved ones. Offers the Cancer Survival Toolbox, a free, self-learning audio program designed to help people cultivate important skills to better meet and understand the challenges of their illness.

Contact:

info@canceradvocacy.org

888-650-9127

National Comprehensive Cancer Network (NCCN)

www.nccn.com

The NCCN Guidelines for Patients™ aim to help people with cancer and their loved ones discuss the best treatment options for them with their physicians. The NCCN Website covers a wide array of cancer topics for patients, caregivers and their families.

Contact:

215-690-0300

National Volunteer Caregiving Network (NVCN)

www.nvcnetwork.org

National Volunteer Caregiving Network (NVCN) is an interfaith volunteer caregiving initiative that brings together volunteers to help people of all ages with long-term health needs to maintain their independence for as long as possible. Program availability and eligibility vary from one geographic area to another based on age, illness type and other criteria. Services are listed by state on the Website.

Contact:

kelly@nvcnetwork.org

OncoLink

www.oncolink.com

Affiliated with the University of Pennsylvania Cancer Center, this website provides information about specific cancers, updates on treatments and research advances.

Contact:

hampshire@uphs.upenn.edu

Patient Advocate Foundation (PAF)

www.patientadvocate.org

The Patient Advocate Foundation (PAF) is a national nonprofit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys.

Contact:

help@patientadvocate.org

800-532-5274

421 Butler Farm Road

Hampton, Virginia 23666

R. A. Bloch Cancer Foundation, Inc.

www.blochcancer.org

The foundation matches newly diagnosed cancer patients with trained, home-based volunteers who have been treated for the same type of cancer. Trained volunteers (about 600) talk to patients about their cancer experience. Publications available: Fighting Cancer, Guide for Cancer Support and Cancer There's Hope.

Contact:

hotline@blohcancer.org

800-433-0464, answering service after hours.

Society for Integrative Oncology

www.integrativeonc.org

Provides guidelines and resources pertaining to integrative oncology, treatment and helps search for open clinical trials.

Contact:

info@integrativeonc.org

Susan G. Komen for the Cure

www.komen.org

A resource on many things relating to breast health and breast cancer. Lists community health grants, scholarships, research programs and more.

Contact:

Vital Options TeleSupport Cancer Network

www.vitaloptions.org

An organization that facilitates a syndicated cancer talk show linking callers with patients, longterm survivors, family members, physicians, researchers and therapists. Services in English and French.

Contact:

info@vitaloptions.org

[818-508-5657](tel:818-508-5657)

Children and Youth

Children With Hairloss

www.childrenwithhairloss.us

Provider offers hair replacement to children with any form of medically-related hair loss. Program provides a wig and wig care kit, a hat with attachable hair, and free styling services. Provider also accepts donated hair.

Contact:

734-379-4400
12776 S. Dixie Hwy.,
Rockwood, Michigan 48179

Deliver the Dream Retreat

deliverthedream.org

Deliver the Dream provides free retreat weekends to families who have a parent or child living with a serious illness or crisis. On a Deliver the Dream retreat families will be involved in structured scheduling and psychosocial activities such as recreation, art, play and drama based therapies. These activities are designed to have a positive outcome that transforms their coping skills; improves communication between their family; and strengthens their bonds between each family and each family member. This therapeutic weekend will also provide them with resources and an opportunity to network with other families dealing with a similar situation.

Contact:

Rebecca Hahessy
Rebecca.Hahessy@deliverthedream.org
954-564-3512
3223 NW 10th Terrace
Suite 602
Fort Lauderdale, FL 33309

L Erickson USA

www.franceluxe.com

Provides a free headwrap or scarf in the pattern and color of your choosing for women or girls experiencing a loss or thinning of hair as a result of illness or treatment. Please call or visit the website to select the headwrap or scarf. Wraps and scarves can be shipped nationwide.

Contact:

customercare@franceluxe.com
888-884-3653
349 E. 3rd Street
North Bend, Washington 98045

Planet Cancer

www.planetcancer.org

An online community for young adults affected by cancer

Contact:

512-452-9010

Stupid Cancer

www.stupidcancer.com

The I'm Too Young For This! Cancer Foundation is the nation's largest support community for young adults affected by cancer (15-40) and serves as a bullhorn for the young adult cancer movement. They offer online and offline support communities nationwide through local events, social media, educational workshops, an international annual conference and a live weekly talk radio program.

Contact:

contact@stupidcancer.org

212-619-1040

The Ulman Cancer Fund for Young Adults

www.wigsforkids.org

Wigs for Kids is a nonprofit organization providing hair replacement solutions for children affected by hair loss subsequent to medical conditions or treatment procedures. The hairpieces and services are provided without any associated costs to the families of the children.

Contact:

info@wigsforkids.org

440-333-4433

Young Survival Coalition

www.youngsurvival.org

A global organization dedicated to the critical issues unique to young women with breast cancer. Young Survival Coalition offers resources, connections and outreach so young women feel supported, empowered and hopeful. Free support groups over the phone and online advice about managing insurance or the lack thereof. Resources for the uninsured are listed as well.

Contact:

info@youngsurvival.org

877-YSC-1011

Complementary and Alternative Medicine

Life Force Health and Wellness

Life Force Health and Wellness is a network of healthcare providers specialized in integrative medicine. Our program is designed to facilitate a variety of services complementary to one another so that you can experience the benefits of holistic healthcare. Our goal is to provide you with services that are effective and affordable so that natural medicine can be an integrative part of your everyday life. Now is the time to start your journey to better health with our "Bridge to Living Wellness" program". Whether you are seeking relief for treatment side effects, nutrition counseling or stress management our program will help you remain strong and balanced for the best possible outcome. We support life!

Contact:

Dianne Voitle

lifeforcehealth@gmail.com

352-745-7554

2727B NW 43rd St. #8

Gainesville, FL 32606

MD Anderson Cancer Center Complementary

www.mdanderson.org/departments/CIMER

Integrative Medicine Education Resources—When properly combined with standard cancer treatments, some complementary therapies can enhance wellness and quality of life, but others may be harmful during or after treatment for cancer. This website is offered to help patients and physicians decide how best to integrate such therapies into their care.

Contact:

Memorial Sloan-Kettering Cancer Center Integrative Medicine

mskcc.org/cancer-care/integrative-medicine

Offers touch therapy, mind-body therapy, acupuncture, creative therapy, nutrition counseling, and exercise programs to improve strength and promote relaxation. Services available for cancer patients and family members.

Contact:

publicaffairs@mskcc.org

212-639-2000

National Cancer Institute Office of Cancer Complementary and Alternative Medicine

www.cancer.gov/cam/health_patients.html

Offers health information on complementary and alternative medicine (CAM), therapies and tips for talking with healthcare providers. Also includes ways to find CAM programs and providers, and advice for paying CAM therapies.

Contact:

ncioccam1-r@mail.nih.gov

800-422-6237

National Center for Complementary and Alternative Medicine

nccam.nih.gov

Supplies scientific research on complementary and alternative medicine (CAM). Also includes health information, grant and funding options, training resources, news updates and information on how to find a CAM practitioner.

Contact:

info@nccam.nih.gov

888-644-6226

Men

The John Wayne Cancer Foundation

www.jwcf.org

Creates programs for the advocacy and support of men fighting cancer and is associated with cancer research and education at the John Wayne Cancer Institute in Santa Monica, CA.

Contact:

info@johnwayne.org

949-631-8400

Pain

American Chronic Pain Association (ACPA)

www.theacpa.org

ACPA aims to facilitate peer support and education for individuals with chronic pain and their families so that these individuals may live more fully in spite of their pain.

Contact:

ACPA@theacpa.org

800-533-3231

Prescriptions

Diplomat's Oncology Navigator Program

www.diplomatpharmacy.com

Offers drug assistance. Diplomat Specialty Pharmacy's Oncology Navigator Program provides clinical and reimbursement solutions to patients with oncologic and hematologic disorders. Financial assistance may be available for patients who meet annual benefit maximums, are among the working poor or on disability and financially unable to burden their co-payments or co-insurance liabilities.

Contact:

Patient Care Coordinator

dspinfo@diplomatpharmacy.com

877-977-9118
4100 S Saginaw Street
Flint, Michigan 48507

Partnership for Prescription Assistance

www.pparx.org

Helps qualifying patients without prescription drug coverage get the medicines they need through the program that is right for them. Many will get their medications free or nearly free.

Contact:

1-888-477-2669

Patient Advocate Foundation

www.patientadvocate.org

Mission: To provide effective mediation and arbitration services to patients to remove obstacles to healthcare such as medical debt crisis, insurance access issues and employment issues for patients with chronic, debilitating and life-threatening illnesses.

Contact:

help@patientadvocate.org

800-532-5274

RxAssist

www.rxassist.org

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news and articles so that healthcare professionals and patients can find the information they need.

Contact:

info@rxassist.org

Social Security

www.ssa.gov/prescriptionhelp

Updated information on the Extra Help with Medicare Prescription Drug Plan, an estimated value of \$4,000 for qualified applicants.

Contact:

800-633-4227

Women

Cleaning For a Reason

www.cleaningforareason.org

Cleaning For a Reason is a 501(c)3 nonprofit that cleans homes for women with cancer for FREE. Their partner maid services have helped over 10,000 women receive over \$2.6 million in free house cleaning.

Contact:

info@cleaningforareason.org

877-337-3348

Fertile Hope

www.fertilehope.org

Dedicated to helping cancer patients with fertility issues.

Contact:

866-965-7205

Foundation for Women's Cancer

www.thegcf.org

Core mission: To increase awareness and education, support expanded research and training, and provide knowledge and hope for women diagnosed with cancers specific to them.

Contact:

info@foundationforwomenscancer.org

800-444-4441

L Erickson USA

www.franceluxe.com

Provides a free headwrap or scarf in the pattern and color of your choosing for women or girls experiencing a loss or thinning of hair as a result of illness or treatment. Please call or visit the website to select the headwrap or scarf. Wraps and scarves can be shipped nationwide.

Contact:

customercare@franceluxe.com

888-884-3653

349 E. 3rd Street

North Bend, Washington 98045

MyOncofertility.org

www.myoncofertility.org

An education resource that provides patients, parents and partners with cancer-related advice, animations, survivor videos and resources.

Contact:

866-708-3378

S.H.E Circle

www.shecircle.org

A wellness community by and for African American lesbian and bisexual women. As a national health education program, S.H.E Circle encourages African American women to learn about health issues, ask questions, share information, connect with resources and provide support to each other.

Contact:

1-866-MAUTNER (628-8637)

dmagrini@mautnerproject.org

Toll-free number: 202-332-5536

SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers

www.sharecancersupport.org

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

Contact:

Donna Faranda

dfaranda@sharecancersupport.org

212-937-5577

1501 Broadway Suite 704A

New York, NY 10036

Sisters Network, Inc. (SN)

www.sistersnetworkinc.org

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

Contact:

infonet@sistersnetworkinc.org

904-757-6622

The Mautner Project for Lesbians with Cancer

www.mautnerproject.org

Provides support, education, information and advocacy for health issues relating to lesbians with cancer and their families.

Contact:

info@mautnerproject.org

202-332-5536

Bladder Cancer

Bladder Cancer Advocacy Network

www.bcan.org

Increases public awareness, advances bladder cancer research, and provides educational and support services to the bladder cancer community.

Contact:

info@bcan.org

888-901-2226

Breast Cancer

ABCD: After Breast Cancer Diagnosis

Free one-to-one mentoring support to anyone going through the breast cancer journey as well as a free survivor staffed helpline.

Contact:

abcdinc@abcdmentor.org

414-977-1780

5775 N. Glen Park Road Suite 201

Glendale, WI 53209

Breast Cancer Action (BCA)

www.bcaction.org

BCA was started by women in a San Francisco breast cancer support group who were frustrated by the lack of knowledge about their disease. BCA is now a national education and activist organization that asks the hard questions about what needs to be done to end the breast cancer epidemic.

Contact:

info@bcaction.org

Y-ME National Breast Cancer Organization

www.y-me.org

Y-ME is a nonprofit organization serving men and women with breast cancer, as well as their families and friends. Its mission is to ensure, through information, empowerment and peer support, that no one faces breast cancer alone.

Contact:

abcdinc@abcdmentor.org

800-221-2141

135 S. LaSalle Street

Ste. 200

Chicago, Illinois 60603

Colorectal Cancer

Colon Cancer Alliance

www.ccalliance.org

A national patient advocacy organization that offers support, resources, news, events and research to cancer patients.

Contact:

877-422-2030

Fight Colorectal Cancer

www.fightcolorectalcancer.org

Offers support for patients, family members, and caregivers affected by colorectal cancer. Also serves as a resource for colorectal cancer advocates, policymakers, medical professionals and healthcare providers.

Contact:

info@FightColorectalCancer.org

877-427-2111

Endometrial/Ovarian/Uterine Cancer

Ovarian Cancer National Alliance

www.ovariancancer.org

Serves as an advocate for women with ovarian cancer. They work to increase understanding among the public and professionals and advance research for the development of an early detection test, improved healthcare practices and life-saving treatment protocols.

Contact:

ocna@ovariancancer.org

202-331-1332/ 866-399-6262

Ovarian Cancer Research Fund

www.ocrf.org/

Learn about ovarian cancer—risk factors, causes, signs and symptoms, clinical trials and other resources. The Hope Line, 1-877-OV-HOPE, is a free telephone counseling and referral service that helps patients and families cope with the challenges of an ovarian cancer diagnosis.

Contact:

info@ocrf.org

1-877-OV-HOPE

Esophageal Cancer

Esophageal Cancer Awareness Association

www.ecaware.org

Provides information and support for esophageal cancer patients and caregivers.

Contact:

info@ecaware.org

800-601-0613

Head and Neck Cancer

Head and Neck Cancer Alliance

www.headandneck.org

Offers support, education and resources to patients with head and neck cancers.

Contact:

info@headandneck.org

866-792-4622

Support for People with Head and Neck Cancer

www.spohnc.org

Includes support, education, a survivor network, newsletters and clinical trials.

Contact:

info@spohnc.org

800-377-0928

Kidney Cancer

Kidney Cancer Association

www.kidneycancer.org

Provides information, clinical trials, sponsor support groups, physician referral information, and news for those affected by kidney cancer.

Contact:

office@kidneycancer.org

800-850-9132

Leukemia and Lymphoma

Leukemia and Lymphoma Society (LLS)

www.lls.org

Masters level social workers and health educators answer calls from patients and medical professionals. LLS also offers a patient financial aid program, copay assistance program and more. North Florida affiliate in Jacksonville.

Contact:

infocenter@lls.org

800-955-4572

Liver Cancer

YES

www.beatlivetumors.org

Provides information, resources, support, and hope for anyone affected by liver tumors.

Contact:

info@beatlivetumors.org

877-937-7478

Lung Cancer

Lung Cancer Alliance

www.lungcanceralliance.org

Provides information on risk, screening, diagnosis, and treatment of lung cancer. Also offers psychosocial support and advocacy for patients and those at risk.

Contact:

info@lungcanceralliance.org

800-298-2436

LungCANCER.org

www.lungcancer.org

Provides CancerCare services for patients, survivors, loved ones, caregivers, and the bereaved. Services include counseling and support groups, educational publications and workshops, and financial assistance.

Contact:

info@cancercare.org

800-813-4673

Marrow Cancer

National Marrow Donor Program

www.marrow.org

Conducts and supports research through public resources. Provides information for potential donors, patient advocacy aid assistance and patient education materials.

Contact:

patientinfo@nmdp.org

800-627-7692

Melanoma

Melanoma International Foundation

www.safefromthesun.org

Provides information on prevention and early detection, a toll-free hotline for patients and their families, and directs local screening and education programs.

Contact:

contact@melanomainternational.org

866-463-6663

Melanoma Research Foundation

www.melanoma.org

Supports medical research in finding treatments, and educates patients and physicians about prevention, diagnosis and the treatment of melanoma.

Contact:

info@melanoma.org

877-673-6460

Skin Cancer Foundation

www.skincancer.org

Provides information and programs on education, prevention, early detection and treatment for skin cancer.

Contact:

800-754-6490

Mesothelioma

Mesothelioma Center

www.asbestos.com

Features information on the dangers of asbestos, mesothelioma cancer and where to find treatment facilities in your area. Patient advocates are also on hand to help patients get connected with doctor match programs.

Contact:

Jeffrey Jocoy

jeff@asbestos.com

800-615-2270

189 S Orange Avenue

Orlando, FL 32801

Mesothelioma Help Now

www.mesotheliomahelpnow.com

Mesothelioma Help Now is a comprehensive resource for the patients and families of those that are suffering from mesothelioma & other asbestos related diseases.

Contact:

info@sokolovelaw.com

800-584-4151

Mesothelioma Resource Online

www.mesotheliomasymptoms.com/

Mesothelioma Resource Online has created and developed this site to provide answers and support for people diagnosed with mesothelioma cancer, as well as their families and loved ones.

Contact:

webmaster@mesotheliomasymptoms.com

(855) 584-0411

One William Street

New York, NY 10004

The Mesothelioma Group

www.mesotheliomagroup.com

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

Contact:

Help@MesotheliomaGroup.com

888-708-5660

Multiple Myeloma

International Myeloma Foundation

www.myeloma.org

The International Myeloma Foundation provides a toll-free hotline, educational materials and seminars for patients and their families.

Contact:

TheIMF@myeloma.org

800-452-2873

Multiple Myeloma Research Foundation

www.themmr.org

Includes a newsletter, teleconferences, and news updates to those affected by Multiple Myeloma. The foundation also supports the drug discovery and development process in order to bring patients new therapies.

Contact:

info@themmr.org

203-299-0464

Pancreatic Cancer

Pancreatic Cancer Action Network

www.pancan.org

A national organization creating hope through research, patient support, community outreach and advocacy for a cure. Committed to programs and services that provide information to patients, health professionals and the general public. They seek to advance research, support patients and provide tools for patients looking to receive care.

Contact:

info@pancan.org

877-272-6226

Prostate Cancer

Prostate Net (PN)

www.prostate-online.org

Empowers consumers, patients, survivors and their families to help make the appropriate decisions relative to treating prostate diseases and insuring the desired quality of life.

Contact:

support@prostatenet.org

Us TOO Prostate Cancer Education & Support

www.ustoo.org

Us TOO is dedicated to communicating timely and reliable information enabling informed choices regarding detection and treatment of prostate cancer.

Contact:

ustoo@ustoo.org

630-795-1002

Zero- The Project to End Prostate Cancer

www.zerocancer.org

Zero works to advocate its efforts towards a cancer free generation at federal and state levels, provides information for patients about treatment, and provides services to those at risk.

Contact:

info@zerocancer.org

888-245-9455

Sarcoma

Kristen Ann Carr Fund Sarcoma Forum

www.sarcoma.com

Provides funding for research and treatment of sarcoma, the education of young physicians, and seeks to improve the quality of cancer patient life.

Contact:

Sarcoma Alliance

www.sarcomaalliance.org

Provides information to patients and caregivers, an integrative discussion board, peer-to-peer services, financial assistance, and options for donating and volunteering.

Contact:

info@sarcomaalliance.org

415-381-7236

Sarcoma Foundation of America

www.curesarcoma.org

Advocates for research, raises funds for grants, and conducts education and advocacy efforts on behalf of Sarcoma patients.

Contact:

info@curesarcoma.org

301-253-8687
