

# The Cancer Resource Guide for North Central Florida

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The Cancer Resource Guide for North Central Florida is a thorough listing of cancer-related resources for patients, family members, caregivers and healthcare providers. The Guide is a public service of North Central Florida Cancer Control Collaborative, WellFlorida Council and the Florida Department of Health Cancer Control Program.

## Caregiver Resources

### For Caregivers

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#### American Red Cross

[www.redcross.org/take-a-class](http://www.redcross.org/take-a-class)

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

**Contact:**

North Central Florida Chapter  
352-376-4669  
1425 NW 6th Street  
Gainesville, FL 32601

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#### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org)

NFCA educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

**Contact:**

855-227-3640

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#### CaringBridge.org

[www.caringbridge.org](http://www.caringbridge.org)

Free, personalized websites that help keep family and friends connected during a serious health event.

**Contact:**

651-789-2300

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#### Cooking For Chemo

[cookingforchemo.org](http://cookingforchemo.org)

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients.

While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

**Contact:**

Jessie Callahan

[cookingforchemo@gmail.com](mailto:cookingforchemo@gmail.com)

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## Family Caregiver Alliance

[www.caregiver.org](http://www.caregiver.org)

Provides a variety of free online resources for family caregivers.

**Contact:**

[info@caregiver.org](mailto:info@caregiver.org)

1-800-445-8106

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## Haven Hospice

[www.beyourhaven.org](http://www.beyourhaven.org)

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

**Contact:**

352-378-2121

Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

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## Hospice Foundation of America

[www.hospicefoundation.org](http://www.hospicefoundation.org)

The Caregiving Resource page of their website offers practical tools, reading suggestions, and tips on caregiving for persons near the end of life. Most of this information is useful under other caregiving situations.

**Contact:**

[hfaoffice@hospicefoundation.org](mailto:hfaoffice@hospicefoundation.org)

800-854-3402

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**Michelle M. Bishop, PhD**

[www.coping-with-cancer.net](http://www.coping-with-cancer.net)

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

**Contact:**

Michelle Bishop

[Michelle.Bishop@coping-with-cancer.net](mailto:Michelle.Bishop@coping-with-cancer.net)

352-331-0020

2653 SW 87th Drive, Ste. A

Gainesville, FL 32608

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## **National Association for Home Care & Hospice**

[www.nahc.com](http://www.nahc.com)

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

**Contact:**

202-547-7424

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## **National Association of Area Agencies on Aging (n4a)**

[www.n4a.org](http://www.n4a.org)

Advocates services and resources for older adults and persons with disabilities. Members of n4a have the opportunity to obtain a national voice, be informed and prepared on aging issues and gain recognition.

**Contact:**

202-872-0888

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## **National Cancer Institute: Caregivers, Family & Friends**

[www.cancer.gov/cancertopics/coping/familyfriends](http://www.cancer.gov/cancertopics/coping/familyfriends)

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help individuals with cancer cope with the illness.

**Contact:**

1-800-4-CANCER

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## **National Hospice and Palliative Care Organization**

[www.caringinfo.org](http://www.caringinfo.org)

Their Caring Connections website provides free resources, and information about end-of-life issues such as advance care planning, caregiving, hospice and palliative care and grief.

**Contact:**

800-658-8898

[nhpco\\_info@nhpco.org](mailto:nhpco_info@nhpco.org)

Multilingual Line: 877-658-8896

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## National Volunteer Caregiving Network

The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs.

**Contact:**

[info@nvcnetwork.org](mailto:info@nvcnetwork.org)

512-582-2197

1765 Goodyear Avenue, Suite 204

Ventura, CA 93003

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## The American Association for Caregiver Education

[www.caregivered.org](http://www.caregivered.org)

Publishes The Family Caregiver Practical Problem Solving Manual, and provides resources to professionals who train family caregivers.

**Contact:**

[AACE@caregiverEd.org](mailto:AACE@caregiverEd.org)

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## The Mesothelioma Group

[www.mesotheliomagroup.com](http://www.mesotheliomagroup.com)

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

**Contact:**

[Help@MesotheliomaGroup.com](mailto:Help@MesotheliomaGroup.com)

800-333-8975

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## Home Health Agencies

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### Amedisys Home Health Services

[www.amedisys.com](http://www.amedisys.com)

**Contact:**

352-794-3861  
2772 NW 43rd Street  
Suite C  
Gainesville, FL 32606

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## Champion Home Health Care

[championhome.com](http://championhome.com)

Serving Gainesville and Surrounding Communities. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

**Contact:**

352-371-8600  
3911 W. Newberry Rd., Ste. B-2  
Gainesville, FL 32607

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## Comfort Keepers

[www.comfortkeepers.com/office-546/gainesville-florida](http://www.comfortkeepers.com/office-546/gainesville-florida)

**Contact:**

352-221-9244  
1035 NW 57th Street  
Gainesville, FL 32605

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## Kindred At Home

[Kindredhealthcare.com](http://Kindredhealthcare.com)

**Contact:**

352-376-3221  
3951 NW 48th Ter  
Suite 219  
Gainesville, FL 32606

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## Mederi Caretenders

[LHCgroup.com](http://LHCgroup.com)

**Contact:**

352-379-6217  
4923 NW 43rd Street  
Suite A  
Gainesville, FL 32653

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## Mederi Caretenders Palatka

[www.lhcgroup.com](http://www.lhcgroup.com)

**Contact:**

386-325-3555  
6719 Crill Avenue  
Palatka, FL 32177

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## Nurse On Call Home Healthcare

[www.nurseoncallfl.com](http://www.nurseoncallfl.com)

**Contact:**

352-395-6424  
3630 SW 47th Ave  
Gainesville, FL 32608

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## Omni Home Care – Palatka

[www.omnihomecare.net](http://www.omnihomecare.net)

**Contact:**

386-312-0646  
700 Zeagler Drive  
Palatka, FL 32177

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## Senior Home Care

[www.seniorhomecare.net](http://www.seniorhomecare.net)

**Contact:**

352-332-6575  
5860 NW 39th Avenue, Gainesville, FL 32606

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## Shands HomeCare

[ufhealth.org/homecare](http://ufhealth.org/homecare)

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

**Contact:**

352-265-0789  
Toll Free: 800-999-2189

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## SunCrest OMNI Home Health – Newberry

[www.lhcgroupp.com](http://www.lhcgroupp.com)

**Contact:**

352-384-9240  
95 NW 253rd St.  
Suite 3  
Newberry, FL 32669

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## Touching Hearts

[www.touchinghearts/gainesville.com](http://www.touchinghearts/gainesville.com)

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

**Contact:**

[e.halloren@touchinghearts.com](mailto:e.halloren@touchinghearts.com)  
352-225-3727  
4051 NW 43rd St.  
Suite 37  
Gainesville, FL 32606

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## Community Resources

### Alachua County Social Services

[www.alachuacounty.us/Depts/CSS/SocialServices](http://www.alachuacounty.us/Depts/CSS/SocialServices)

Alachua County Social Services is committed to helping all Alachua County citizens reach or return to a state of self-sufficiency by providing temporary assistance through a variety of sustainability programs. Citizens must meet Core Eligibility Guidelines and fall within established limits of the annual Federal Poverty Level. Programs include AlachuaCares Health Services (Primary Care, Outpatient Diagnostics, Prescription Assistance, Medical Supplies, Vision Exams and Eyeglasses) and Sustainability Programs (Eviction and Foreclosure Prevention, Utilities Assistance, Public Transportation).

**Contact:**

[socialservices@alachuacounty.us](mailto:socialservices@alachuacounty.us)  
(352) 264-6750  
218 SE 24th St  
Gainesville, FL 32641

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## Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed

environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

UPDATE: Meetings are hosted via Zoom. Hope to have a combination of virtual and in-person in the near future.

**Contact:**

Linda Stegall Henry

[lshenry@embarqmail.com](mailto:lshenry@embarqmail.com)

352-529-7050

Meets 2nd Monday of the Month

5:30 - 7:30 pm

Cancer Center @ NFRMC Community Room

6420 NW Newberry Road

Gainesville, Florida 32605

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## Mesothelioma Guide

[www.mesotheliomaguide.com](http://www.mesotheliomaguide.com)

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

**Contact:**

[webmaster@mesotheliomaguide.com](mailto:webmaster@mesotheliomaguide.com)

888-385-2024

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## SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers

[www.sharecancersupport.org](http://www.sharecancersupport.org)

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

**Contact:**

212-719-0364

165 West 46th St

Suite 712

New York, NY 10036

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## Breast Prosthesis, Wig & Accessories

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## 4women.com

[www.4women.com](http://www.4women.com)

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

**Contact:**

[info@4women.com](mailto:info@4women.com)

941-362-0250

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## A Place for Her—Baycare Home Care

Featuring a complete line of post mastectomy, lumpectomy and reconstructive products. Breast forms, brassieres, post-surgical camisoles, wigs and swimwear from well-known manufacturers such as Amoena, Camp, Airway, Classique, Ladies First, Jodee, Anita, Coloplast, Jon Renau and many more are available in assorted fashionable styles.

**Contact:**

727-447-1146

1245 S. Fort Harrison Avenue

Clearwater, FL 33756

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## Alachua Unit—Gift Closet

Provides specific items to cancer patients at no charge. The ONLY items carried are: wigs, turbans, hats scarves, breast prostheses and bras.

**Contact:**

Laurel Arnold, Office & Event Support

352-376-6866 x5057

2119 SW 16th Street

Gainesville, FL 32608

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## All About You Women's Boutique

[www.aaywb.com](http://www.aaywb.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

**Contact:**

Lori Timmreck

[aaywbocala@gmail.com](mailto:aaywbocala@gmail.com)

352-236-2599

4901 E. Silver Springs Boulevard

Ste. 505

Ocala, FL 34470

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## Angel Snugs Inc

[www.angelsnugs.org](http://www.angelsnugs.org)

Our program provides knitted and crocheted beanies and scarves – “snugs”, to children with cancer. We also instruct how to make snugs, providing all materials needed, at monthly events. After these events, the snugs are distributed to the children at their treatment facility. Snugs are also sold to raise money for the materials to make them, as well as operating costs.

**Contact:**

Angi Farrugia

[info@angelsnugs.org](mailto:info@angelsnugs.org)

419-407-6847

8297 ChampionsGate Blvd

PMB 314

ChampionsGate, FL 33896

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## Cancer Care of North Florida

[cancercareofnorthflorida.com](http://cancercareofnorthflorida.com)

The American Cancer Society and Community Cancer Center of North Florida have partnered up and opened a resource center in Lake City.

Cancer Care of North Florida will be available to all cancer patients needing items such as wigs, prosthesis, hats, scarfs and varying literature on resources and services available. The center will be opened Monday – Friday from 8 am to 4 PM.

**Contact:**

(386) 755-0601

4520 W US Highway 90

Lake City, Florida 32055

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## Cancer Center at Lake City

[www.cancercenterlakecity.com](http://www.cancercenterlakecity.com)

Provides specific items to cancer patients at no charge. The ONLY items carried are: brochures, wigs, turbans, breast prostheses and laryngectomy bibs.

**Contact:**

386-758-7822

795 SW Hwy. 47

Lake City, FL 32025

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## Desota Drug Store and Home Care

Desota Drug Store and Home Care offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

**Contact:**

Phyllis Houston, RN, Fitter

386-752-1793

297 N Marion Avenue

## Especially for Women

[especiallyforwomengainesville.com](http://especiallyforwomengainesville.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

**Contact:**

Rita Toro, Owner

[office@especiallyforwomengainesville.com](mailto:office@especiallyforwomengainesville.com)

352-332-9095

6781 W. Newberry Rd

Gainesville, FL 32605

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## North Florida Orthotics

[www.northfloridaorthotics.com](http://www.northfloridaorthotics.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter. Suppliers: American Breast Care (ABC), Jodee, Airway and Most Name Brands.

**Contact:**

Marsha Kirkland, Owner

[info@northfloridaorthotics.com](mailto:info@northfloridaorthotics.com)

352-377-7003

4615 NW 53rd Avenue, Ste. B

Gainesville, FL 32653

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## The Pink Door

[www.pinkdoor.org](http://www.pinkdoor.org)

A boutique environment offering prostheses, mastectomy bras, specially designed sleepwear, loungewear, active wear, camisoles, swimwear, wigs, turbans, scarves and more.

**Contact:**

[thepinkdoor1@bellsouth.net](mailto:thepinkdoor1@bellsouth.net)

386-328-9424

306 Oak Street

Palatka, FL 32177

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## Care

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## American Cancer Society (ACS)

[www.cancer.org](http://www.cancer.org)

Services such as transportation, housing, financial assistance, Hope Lodges, clinical trials, service matching and support groups are available to cancer patients and their families.

**Contact:**

ACS provides resources 24 hours a day, seven days a week, through a toll-free multilingual call center at 1-800-ACS-2345

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## Dragon Rises College of Oriental Medicine

Low cost clinic offers acupuncture and various modalities for the relief of the side effects of cancer treatments such as nausea and fatigue, and help in rebuilding the immune system. Please call to set up an appointment.

**Contact:**

Lisa Anderson

[adminasst@dragonrises.edu](mailto:adminasst@dragonrises.edu)

352-371-2833 ext. 21

1000 NE 16th Avenue

Building F

Gainesville, FL 32601

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## Florida Cancer Trials, Inc.

[www.flcancer.com/clinical-trials/](http://www.flcancer.com/clinical-trials/)

Florida Cancer Clinical Trial Information and Matching Service: This is a Web and Telephone-based resource that allows the user to search for and identify active clinical trials throughout Florida for more than 100 different cancers. The patient would be matched to trials by completing a Confidential Patient Profile.

**Contact:**

Clinical Trials Specialists

[clinicaltrials@FLCancer.com](mailto:clinicaltrials@FLCancer.com)

239-274-9930

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## Haven Hospice

[beyourhaven.org](http://beyourhaven.org)

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

**Contact:**

352-378-2121 Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

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## Meridian Behavioral Healthcare, Inc.

[www.mbhci.org](http://www.mbhci.org)

Meridian Behavioral Healthcare provides individualized services designed to facilitate recovery by utilizing evidence-based practices for individual, families and group therapy. Meridian offers a full continuum of care through 60 different programs that meet the mental health and substance abuse needs of children and adults.

**Contact:**

Information/Scheduling  
352-374-5600; 800-330-5615  
4300 SW 13th St.  
Gainesville, FL 32608

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## Michelle M. Bishop, PhD

[www.coping-with-cancer.net](http://www.coping-with-cancer.net)

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

**Contact:**

Michelle Bishop  
[Michelle.Bishop@coping-with-cancer.net](mailto:Michelle.Bishop@coping-with-cancer.net)  
352-331-0020  
2653 SW 87th Drive, Ste. A  
Gainesville, FL 32608

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## UF & Shands High Risk Breast Cancer Clinic

[www.shands.org/breastcenter](http://www.shands.org/breastcenter)

Provides evidence-based prevention of breast cancer to patients at above-average risk based on family history, prior breast biopsies and/or thoracic radiation therapy, hormone replacement therapy, reproductive history, Ashkenazi Jewish history and breast density. The clinic sees patients the 1st and 3rd Mondays of the month, and provides individualized assessment of risk and plan development, which may include breast MRI, genetic counseling and/or testing, chemo-prevention and lifestyle modification.

**Contact:**

352-265-7070

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## Children

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## B A S E Camp Children's Cancer Foundation

[www.basecamp.org](http://www.basecamp.org)

Providing a year-round base of support for children and families who are facing the challenge of living with cancer and other life-threatening hematological illnesses.

**Contact:**

407-673-5060  
650 Wymore Rd

## Boggy Creek Camp—Florida

[www.boggycreek.org](http://www.boggycreek.org)

Camp Boggy Creek is a free medical camp in Eustis, FL. Mission: To enrich the lives of children (ages 7-16) who have chronic or life threatening illnesses by creating camping experiences that are fun, empowering, safe and medically sound.

**Contact:**

Mary Parrish, Recruitment Coordinator

[mary@boggycreek.org](mailto:mary@boggycreek.org)

352-483-4200 x 4525

30500 Brantley Branch Road

Eustis, FL 32726

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## Camp Kesem at University of Florida

[campkesem.org](http://campkesem.org)

Camp Kesem provides a free week of summer camp to kids who have a parent affected by cancer. Camp Kesem is a free sleep-away camp put on by University of Florida, Miami University and Florida State University students. This unique camp offers a fun, safe and supportive environment that allows children between the ages of 6 and 16 to form bonds with peers who share similar experiences.

**Contact:**

Scott Arizala, Summer Camp Consultant & Trainer: 734-657-0057

Information/Registration: 253-736-3821

Camp Location: Chuluota, FL (near Orlando)

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## Give Kids the World

[www.gktw.org](http://www.gktw.org)

Give Kids the World is a 51-acre resort in Central Florida for children between the ages of 3 to 18 with life threatening illnesses and a desire to come to Central Florida to visit attractions. This is an all expense paid vacation, which includes rental care, theme park tickets, a stay at an on site villa, airfare and food. To be eligible children cannot have had another wish granted.

**Contact:**

407-396-1114

210 S Bass Road

Kissimmee, FL 34746

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## New Hope for Kids

[www.newhopeforkids.org](http://www.newhopeforkids.org)

Wish Fulfillment for children living in Florida, with life-threatening illnesses who have not yet reached their 19th birthday nor had a wish granted previously.

**Contact:**

[information@newhopeforkids.org](mailto:information@newhopeforkids.org)

407-331-3059

544 Mayo Ave.

Maitland, FL 32751

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## Sunshine Kids

[www.sunshinekids.org](http://www.sunshinekids.org)

Nonprofit organization providing emotional support to kids who are receiving cancer treatment. The Sunshine Kids Foundation is dedicated to providing exciting activities, trips and events for young cancer patients (age newborn – 18 years).

**Contact:**

[info@sunshinekids.org](mailto:info@sunshinekids.org)

800-594-5756

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## Fitness & Stress Reduction

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### Gainesville Health & Fitness Cancer Recovery Program

A free four-week cancer fitness program for those undergoing treatment and those that have completed treatment with a physician referral. Use fitness to battle cancer-related fatigue, improve your strength, experience a renewed feeling of empowerment, and live a longer life—free from cancer. Call to make an appointment for orientation.

**Contact:**

Debbie Lee

352-377-4955

4820 Newberry Road

Gainesville, FL 32608

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### Guided Meditation Class for Cancer Patients

Evidence-based research has shown Reiki therapy promotes relaxation, a sense of well-being, reduction in anxiety, relief from pain, and improves quality of sleep. In my own experience in private practice, patients receiving Reiki therapy integrated with various cancer treatments have reported significant pain relief, relief from nausea, headaches and neuropathy, as well as improved quality and quantity of sleep. To schedule an initial visit, please call 386-853-0162.

A Guided Meditation class is now scheduled on Tuesdays at noon at the Cancer Center of North Florida Regional in a room just off the lobby (to the right as you enter), called the “Health & Healing Place.”

The Cancer Center is a stand-alone building on the northeast corner of the hospital. It sits north of the Medical Arts building, and shares a free-parking garage with the Medical Arts Building. Additional parking for the Cancer Center is outside, and you are able to park there if you prefer.

**Contact:**

Joan Ellen Kniseley

[misterk9@windstream.net](mailto:misterk9@windstream.net)

386-853-0162

4131 NW 28th Lane, Suite 5  
Gainesville FL 32606

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## Safe & Comforting Massage for All

[www.AdvancedMassageWorks.com](http://www.AdvancedMassageWorks.com)

Offering Therapeutic Massage with skills in Deep Tissue, Connective Tissue, Polarity, MPS Scar & Pain Management Therapy, Warm Bamboo Fusion, Oncology Massage (safely work with Cancer and Mastectomy/Lymphedema Risk Patients)

Manual Lymphatic Drainage with Complete Decongestive Therapy

Integrative Therapies include: Aroma Therapy, Reiki, Oneness Blessing/Deeksha

Handicap Accessible office.

Lily is active and passionate in educating women on the risks and prevention of Lymphedema. She now offers a Lymphedema Risk Management MLD package that is affordable to all women. As a member of FSMTA and The Society For Oncology Massage, she actively volunteers in our community.

### Contact:

Lily Van Halen

[lily@AdvancedMassageWorks.com](mailto:lily@AdvancedMassageWorks.com)

352-278-1025

2727-B NW 43rd St.

Suite 8

Gainesville, FL 32609

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## Team Survivor of North Florida

[www.teamsurvivor.org](http://www.teamsurvivor.org)

An organization that provides exercise and health education to women of Northern Florida who have been affected by cancer. The programs, which combine fun fitness activities with emotional support, are an important part of the ongoing healing process for women living with and surviving cancer. Activities range from Tai Chi, Dragon Boating and yoga to triathlons and marathons. They require no commitment of time and are free to participants. Survivors are encouraged to participate at their current level of fitness and can join TSNF after their medical release forms are signed and submitted. To access these forms and for more information about Team Survivor North Florida, please visit the Team Survivor website.

### Contact:

[northflorida@teamsurvivor.org](mailto:northflorida@teamsurvivor.org)

352-505-5413

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## Yoga for Healthcare

[Yogaforhealthcare.com](http://Yogaforhealthcare.com)

Oncology trained yoga professional offering stress reduction programs, gentle restorative yoga, guided relaxation and meditation practices to cancer survivors and their families. Individualized and group instruction available.

### Contact:

Tammy Bernard, M.Ed., RYT

[Tammy@yogaforhealthcare.com](mailto:Tammy@yogaforhealthcare.com)

352-219-8012

PO Box 357382

Gainesville, FL 32635



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## Lodging

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### Alachua County Housing Programs

[growth-management.alachuacounty.us/housing\\_programs/](http://growth-management.alachuacounty.us/housing_programs/)

Funding is available for homeowners residing in the County, outside of Gainesville, for emergency repairs involving roof, well or septic, electrical hazards or accessibility repairs.

We also have down payment/closing cost assistance through the SHIP program for first-time homebuyers.

**Contact:**

Alachua County Department of Growth Management Housing Programs

[twebster@alachuacounty.us](mailto:twebster@alachuacounty.us)

352-374-5249

10 SW 2nd Avenue, 1st Floor

Gainesville, FL 32601

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### American Cancer Society

The Hope Lodge provides free housing to eligible cancer patients who are receiving treatment at one of the area medical facilities.

**Contact:**

(352) 3376-6866

2121 SW 16th Street

Gainesville, FL 32608

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### National Association of Hospital Hospitality Houses, Inc.

[www.nahhh.org](http://www.nahhh.org)

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

**Contact:**

800-318-8861

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### Ronald McDonald House of Gainesville

[www.rmhcncf.org](http://www.rmhcncf.org)

Provides temporary housing, basic amenities and support to families with critically ill children treated at area medical facilities.

**Contact:**

[Info@rmhcncf.org](mailto:Info@rmhcncf.org)

352-374-4404

1600 SW 14th Street

## Medical Assistance

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### Alachua County CHOICES Health Services

[www.alachuacounty.us/government/depts/css/choices/](http://www.alachuacounty.us/government/depts/css/choices/)

A health services program designed to help working uninsured residents of Alachua County stay healthy. Eligibility Guidelines: Age 18 – 64, US Citizen or Permanent Resident, Alachua County Resident, Employed 20 Hours a Week or more, Limited Household Income, and Not eligible for Health Insurance (Private, Medicaid, Medicare or VA Benefits).

**Contact:**

[cbishop@alachuacounty.us](mailto:cbishop@alachuacounty.us)

352-264-6707

218 SE 24th Street

Gainesville, FL 32641

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### Alachua County Health Department

[alachua.floridahealth.gov/](http://alachua.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

To make an appointment: 352-334-7910

224 SE 24th St.

Gainesville, FL 32641

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### Archer Family Health Care

[afhc.nursing.ufl.edu](http://afhc.nursing.ufl.edu)

A service of UF College of Nursing provides Primary Care services for adults and children. Participating providers of Aetna, Avmed, BCBS, Cigna, Humana, United Health Care, Medicare and Medicaid. Uninsured patients are seen on a sliding fee scale determined by income and family size based on the Federal Governments Poverty Guideline. Patients are seen by appointment ,walk in and same day appointments.

**Contact:**

Joan Walker, CMM, CPM, Practice Manager

(352) 265-2550

16939 SW 13th Avenue

Archer, FL 32618

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### Arlene M. Weinshelbaum, MD, PA

A mammography facility accredited by The American College of Radiology. Offers low-cost mammograms. Certain patients

may qualify for vouchers that can be applied to covering the cost of their service.

**Contact:**

352-331-0115  
6820 NW 11th Place  
Gainesville, FL 32605

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## Aza Health

[azahealth.org](http://azahealth.org)

Aza Health provides Primary and Preventative Care for qualified clients. Fees are based on a sliding scale. Must provide proof of income.

**Contact:**

386-684-4914  
1213 State Road 20 W.  
Interlachen, FL 32148

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## Bradford County Health Department

[bradford.floridahealth.gov/locations/location-page-main.html](http://bradford.floridahealth.gov/locations/location-page-main.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

904-964-7732  
1801 N Temple Avenue  
Starke, FL 32091

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## Children's Medical Services- Gainesville

[www.cms-kids.com](http://www.cms-kids.com)

Children's Medical Services (CMS) is a collection of programs for eligible children with special needs. Each one of our programs and services are family-centered and designed to help children with a variety of conditions and needs.

**Contact:**

(800) 334-1447  
1701 S.W. 16th Avenue  
Building B  
Gainesville, FL 32608

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## Columbia County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income. Must call for appointment.

**Contact:**

[webinfocolumbia@flhealth.gov](mailto:webinfocolumbia@flhealth.gov)

Scheduling 386-758-1068

217 NE Franklin Street

Lake City, FL 32055

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## Dixie County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-498-1360

149 NE 241st Street

Cross City, FL 32628

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## Doctors Imaging Group

[www.doctorsimaginggroup.com](http://www.doctorsimaginggroup.com)

Committed to ensuring quality images as well as accurate and timely reports for the delivery of patient centered care.

Offers low-cost/no-cost mammograms.

**Contact:**

[info@doctorsimaginggroup.com](mailto:info@doctorsimaginggroup.com)

352-331-9729

6719 NW 11th Plain

Gainesville, FL 32605

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## Equal Access Clinic

[equalaccess.med.ufl.edu/](http://equalaccess.med.ufl.edu/)

A network of interdisciplinary student-run free clinics through the University of Florida College of Medicine. The clinic provides healthcare services, patient education and linkage to community resources. Clinics are located throughout Gainesville.

**Contact:**

For appointments, call: 352-273-9425

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## Florida Breast & Cervical Cancer Early Detection Screening Program (FBCCEDP)

FBCCEDP is a breast and cervical cancer screening program that provides reduced-cost or free mammograms, clinical breast exams and Pap smears to low-income, uninsured women between the ages of 50 and 64. The Pasco and Putnam County Health Departments (CHD) provide FBCCEDP services in North Central Florida.

**Contact:**

1-800-227-2345 for more information.

[cancer@flhealth.gov](mailto:cancer@flhealth.gov)

850-245-4144

4052 Bald Cypress Way  
Tallahassee, FL 32399

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## Gilchrist County Health Department

[gilchrist.floridahealth.gov/locations/location-page-gilchrist.html](http://gilchrist.floridahealth.gov/locations/location-page-gilchrist.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-463-3120  
119 NE 1st Street  
Trenton, FL 32693

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## Hamilton County Health Department

[hamilton.floridahealth.gov/](http://hamilton.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-792-1414  
209 SE Central Avenue  
Jasper, FL 32052

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## HealthStreet

[healthstreet.program.ufl.edu/](http://healthstreet.program.ufl.edu/)

A resource provided by the University of Florida Department of Epidemiology that offers community-based efforts to reduce disparities in healthcare and research by providing the medically underserved with medical and social services and opportunities to participate in research. HealthStreet also offers free services including: health screenings, use of computers, classes and more.

**Contact:**

352-294-4880  
2401 SW Archer Road,  
Gainesville, FL 32608

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## Helping Hands Clinic

A free medical clinic for the homeless. Services include: Primary Care, Psychiatric Care, Nursing Care, Immediate Needs Management and Preventative Care.

**Contact:**

352-519-5542  
509 NE 1st St  
Gainesville, FL 32601

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## Lafayette County Health Department

[lafayette.floridahealth.gov/index.html](http://lafayette.floridahealth.gov/index.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-294-1321  
140 SW Virginia Circle  
Mayo, FL 32066

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## Lake Shore Hospital Authority

[www.lakeshoreha.org](http://www.lakeshoreha.org)

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

**Contact:**

[info@lakeshoreha.org](mailto:info@lakeshoreha.org)  
386-755-1090  
259 NE Franklin Street, Ste. 102  
Lake City, FL 32055

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## Levy County Health Department

[levy.floridahealth.gov/](http://levy.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-486-5300  
66 West Main Street  
Bronson, FL 32621

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## North Florida Regional Medical Center—Women's Center

[nfrmc.com/service/breast-health](http://nfrmc.com/service/breast-health)

North Florida Regional Medical Center offers free/reduced cost mammograms.

**Contact:**

(352) 339-7000  
6500 Newberry Road  
Ste. 102  
Gainesville, FL 32605

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## Palms Medical Group

Provides Comprehensive Primary Care services for qualified clients. Fees are based on a sliding scale determined by income and family size. A medication assistance program is available as well.

**Contact:**

386-755-4020  
173 NW Albritton Lane  
Lake City, FL 32056

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## Palms Medical Group

Palms Medical Group provides a full range of healthcare services for all the stages of one's life. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

352-376-8211  
200 SW 62nd Blvd  
Gainesville, FL 32607

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## Physicians Imaging

Physicians Imaging offers reduced cost mammograms for uninsured patients. Payment plans are available if needed. Call for appointment.

**Contact:**

386-487-3970  
404 NW Hall of Fame Drive  
Lake City, FL 32055

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## Putnam County Health Department

[putnam.floridahealth.gov](http://putnam.floridahealth.gov)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-326-3200 or 800-440-0420  
2801 Kennedy St.  
Palatka, Florida 32177

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## Southeastern Integrated Medical, PL

[www.simedpl.com](http://www.simedpl.com)

Southeastern Integrated Medical (SIMED) is a team of physicians, medical professionals and staff members from the North Central Florida community that offers a range of health and patient care services. Services and procedures include assistance with finding a physician or clinic, insurance and payment information, and a range of integrated medical

services. Offers low-cost/no-cost mammograms.

**Contact:**

352-224-4090  
4343 Newberry Road  
Suite 18  
Gainesville, FL 32607

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## The RAHMA Mercy Clinic

[rahmamercyclinic.com](http://rahmamercyclinic.com)

The RAHMA Mercy Clinic offers free medical services to individuals and families with earnings less than 200% of the Federal poverty Level who are uninsured. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

[info@rahmamercyclinic.com](mailto:info@rahmamercyclinic.com)

(352) 443-5439  
5220 SW 13th Street  
Gainesville, FL 32608

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## UF Shands Eastside Community Practice

[ufhealth.org/uf-health-family-medicine-eastside](http://ufhealth.org/uf-health-family-medicine-eastside)

General family care offered by University of Florida physicians. Provides patients with consultations, evaluations and treatments for the entire family. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

352-265-7017 (17 & younger); 352-265-7015 (18 & older)  
Pediatrics 352-265-7017  
410 NE Waldo Road  
Gainesville, FL 32641

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## Union County Health Department

[union.floridahealth.gov](http://union.floridahealth.gov)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-496-3211  
495 E Main Street  
Lake Butler, FL 32054

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## We Care Physician Referral Network– Alachua County Health Department

[alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/](http://alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/)



We Care provides access to necessary volunteer medical and dental services for uninsured residents with low income. Offers low-cost/no-cost mammograms. For more information about program services, eligibility criteria and other information call Tony Campo.

**Contact:**

352-334-7926  
224 SE 24th St.  
Gainesville, FL 32641

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## Outreach

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### Cancer Connections

Meets one Wednesday a month at Health Street at from noon until one. The meetings are open to patients, survivors, caregivers and all healthcare professionals who treat them. Each month a speaker gives a presentation on some facet of cancer care. The purpose of the meetings is to bring cancer specialists together for networking purposes, and to help educate both healthcare professionals and patients about the services available in our area. For meeting dates and topics contact Barb Thomas.

**Contact:**

Jodian Blake  
[blake.j@ufl.edu](mailto:blake.j@ufl.edu)  
352-377-4427  
2401 SW Archer Rd  
Gainesville, FL 32608

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### Florida Department of Health

[www.floridahealth.gov](http://www.floridahealth.gov)

The Bureau of Chronic Disease Prevention and Health Promotion, Comprehensive Cancer Control Program provides information and resources for individuals regarding cancer and related topics.

**Contact:**

Information, 850-245-4444

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### Florida Organic Growers

[www.foginfo.org](http://www.foginfo.org)

Florida Organic Growers (FOG) offers SNAP (Supplemental Nutrition Assistance Program, formerly food stamps) recipients the opportunity to use their benefits to purchase food at two farmers markets in Alachua County: the Saturday Alachua County Farmers Market and the Wednesday Union Street Farmers Market. Debit/Credit capabilities are also available. WHO CAN USE THIS SERVICE?

EBT (Electronic Benefits Transfer) technology allows those with SNAP benefits (food stamps) to use their EBT cards at the farmers markets to purchase acceptable items.

Those who wish to use debit or credit cards will also be able to use their cards at the market.

HOW DOES IT WORK?

The project uses a token system to enable customers with EBT, Debit or Credit Cards to shop at the farmers markets. Here's how it works:

1. A customer swipes the EBT, Debit or Credit card at the central POS terminal and enters the PIN.
2. The FOG staff enters the amount of tokens requested into the terminal.
3. Once the transaction is approved, the customer is given a transaction receipt and tokens.
4. The customer then uses the tokens at any participating vendor's stand.

#### WHEN ARE THE FARMERS MARKETS?

The Union Street Farmers Market runs every Wednesday from 4:00pm to 7:00pm.

The Alachua County Farmers Market is every Saturday from 8:30am to 1:00pm.

#### WHY SHOULD I SHOP AT THE FARMERS MARKET?

A diet consisting of at least five servings (2 to 3 cups) of fruits and vegetables daily decreases the risk of heart disease, stroke, obesity, diabetes and certain cancers. Those who consume eight or more servings are 22 percent less likely to die from heart disease than those who consume three or fewer servings a day. Buying from a farmers market means you're able to purchase food often picked within a couple days of the market date, so its nutritional quality is still high, and it oftentimes hasn't traveled across the country using valuable fuel resources. It also means your dollar is going back into the local economy, helping the farmers and other business owners in the community.

#### WHAT ELSE WILL BE OFFERED?

The on-site FOG market booth will be an informational and education hub, with community resources on gardening, nutrition, cooking, community events and opportunities. It will also provide a place where people can learn how to enroll in SNAP.

#### Contact:

[info@foginfo.org](mailto:info@foginfo.org)

(352) 377-6345

5700 SW 34th St.

Suite 349

Gainesville, FL 32608

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## Florida Right To Know Campaign

[www.rtk.php.ufl.edu/](http://www.rtk.php.ufl.edu/)

The Right To Know campaign promotes breast cancer screening for women living with disabilities through a set of educational printed and digital materials. These materials provide information directed at both women living with most types of disabilities, as well as health care providers. Materials are free and available on our website.

#### Contact:

352-273-5279

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## Haven Transitions

A free program that offers information, resources and referrals to individuals who are coping with a life-limiting or terminal illness.

#### Contact:

352-378-7484; Toll free at 1-877-379-6270

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## North Central Florida Cancer Control Collaborative

[www.ncfcancercontrol.org](http://www.ncfcancercontrol.org)

Supports cancer patients, survivors, and their families through community-based events and partnerships. They provide the cancer community with networking opportunities and educational programs, and promote strategies for cancer control and prevention. North Central Florida Cancer Control Collaborative publishes the Cancer Resource Guide for North Central

Florida and The Cancer Resource Blog.

**Contact:**

Lindsey Redding  
[lredding@wellflorida.org](mailto:lredding@wellflorida.org)  
352-313-6500 x8010  
1785 NW 80th Blvd.  
Gainesville, FL 32606

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## **North Florida Foundation for Cancer Care—Gainesville**

[www.cccnf.com.foundation](http://www.cccnf.com.foundation)

Committed to delivering hope by sponsoring teams, underwriting seminars, awarding educational scholarships, supporting research and providing financial aid to patients and their families.

**Contact:**

352-331-0900  
7000 NW 11th Place  
Gainesville, FL 32605

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## **Rural Women's Health Project**

[www.rwhp.org/](http://www.rwhp.org/)

A nonprofit organization that creates and implements community-based, health-education projects, trainings, and materials to assist communities in strengthening their understanding of critical health, occupational and family issues.

**Contact:**

[rwhp@cafl.com](mailto:rwhp@cafl.com)  
352-372-1095

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## **Sisters Network, Inc. (SN)**

[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

**Contact:**

Dianne Townsend  
[neflorida@sistersnetworkinc.org](mailto:neflorida@sistersnetworkinc.org)  
904-757-6622; For Northeast Florida region: 904-757-6622  
P.O. BOX 2939, Jacksonville, Florida 32203-2939  
904-757-6622

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## **UF Prostate Disease Center: Community Outreach & Education Program**

Their mission is to reduce the morbidity and mortality of prostate cancer in the State of Florida through outreach and education.

**Contact:**

Shannon Pressey, MS  
727-394-6162

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## United Way of North Central Florida

Provides free public access and referrals to non-emergency social services for human service agencies, community clubs, interest groups, support groups, government services, recreation and education programs and health resources through our 2-1-1 information and referral helpline.

**Contact:**

2-1-1: free service provided by United Way that connects area residents to critical health and social service resources.  
352-331-2800  
6031 NW 1st Place  
Gainesville, FL 32607

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## Prescriptions

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### Alachua County Social Services—Prescription Discount Card

[www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx](http://www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx)

The Alachua County Prescription Discount Card, in conjunction with the National Association of Counties, offers a complementary discount card program to help Alachua County residents cope with the cost of prescription drugs. The Alachua County Prescription Card is FREE and available to ALL county residents regardless of income.

**Contact:**

Sarai Cabrera , Director of Social Services  
352-264-6750  
218 SE 24th Street  
Gainesville, FL 32641

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### Florida Discount Drug Card Program

[www.floridadiscountdrugcard.com](http://www.floridadiscountdrugcard.com)

Age 60 or older, without prescription drug coverage, or in the Medicare Prescription Drug Coverage gap OR Under age 60, without prescription drug coverage, and with an annual family income of less than 300% of the Federal Poverty Level.  
\$1.50/Activation Fee (one time only).

**Contact:**

866-341-8894

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## FLORIDARXCARD

[www.floridarxcard.com](http://www.floridarxcard.com)

Prescription drug assistance.

**Contact:**

[info@floridarxcard.com](mailto:info@floridarxcard.com)

770-313-7261

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## Transportation

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### Air Charity Network

[aircharitynetwork.org](http://aircharitynetwork.org)

Provides transportation to patients traveling for treatment.

**Contact:**

[coordination@mercymail.org](mailto:coordination@mercymail.org)

352-326-0761

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### Corporate Angel Network, Inc. (CAN)

[www.corpangelnetwork.org](http://www.corpangelnetwork.org)

CAN finds free air transportation on corporate planes for eligible cancer patients who need medical treatment.

**Contact:**

[info@corpangelnetwork.org](mailto:info@corpangelnetwork.org)

914-328-1313

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### Lifeline Transportation Program-Diamond Cab

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

**Contact:**

William Walker

352-284-6205

1125 SE 13th Street

Gainesville, FL 32641

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### MV Transportation—Alachua County Transit

[www.mvtransit.com](http://www.mvtransit.com)

MV Transportation, Inc. and all subsidiaries, joint ventures, partnerships and affiliates is a privately held corporation that provides passenger transportation management, operations, and related services to jurisdictional and private entities across North America.

**Contact:**

352-375-2784  
Community Transportation  
3713 SW 42nd Street, Ste. 3  
Gainesville, FL 32608

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## Road to Recovery

[www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html)

The Road to Recovery program (provided by the American Cancer Society) provides transportation to and from treatment for people who have cancer and do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their cars so that patients can receive the life-saving treatments they need.

**Contact:**

National Cancer Information Center  
800-227-2345  
2119 SW 16th Street  
Gainesville, FL 32608

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## Suwannee Valley Transit Authority

[www.ridesvta.com/](http://www.ridesvta.com/)

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

**Contact:**

Larry Sessions  
[Larry.esssions@ridesvtd.com](mailto:Larry.esssions@ridesvtd.com)  
386-362-5332  
1907 Voyles Street  
Live Oak, FL 32064

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## Touching Hearts

[www.touchinghearts/gainsville.com](http://www.touchinghearts/gainsville.com)

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

**Contact:**

[e.halloren@touchinghearts.com](mailto:e.halloren@touchinghearts.com)  
352-225-3727  
4051 NW 43rd St.  
Suite 37  
Gainesville, FL 32606

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# Financial Support

## National

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### Accessia Health

[www.patientservicesinc.org](http://www.patientservicesinc.org)

One of the earliest co-pay assistance programs, PSI offers financial assistance for many chronic illnesses, including some cancers. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[uneeedpsi@uneeedpsi.org](mailto:uneeedpsi@uneeedpsi.org)

1-800-366-7741

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### Air Charity Network

[aircharitynetwork.org](http://aircharitynetwork.org)

Provides transportation to patients traveling for treatment.

**Contact:**

[coordination@mercymail.org](mailto:coordination@mercymail.org)

352-326-0761

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### AVONCares

[www.CancerCare.org](http://www.CancerCare.org)

This joint program provides financial assistance for the treatment of breast, cervical, and ovarian cancers. The program also provides limited financial assistance for homecare, childcare and transportation. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

800?813?HOPE (4673)

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### CancerCare Co-Payment Assistance Foundation

[www.cancercare.org/copayfoundation](http://www.cancercare.org/copayfoundation)

Offers grants for those with breast, lung, colorectal or pancreatic cancer. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[information@cancercarecopay.org](mailto:information@cancercarecopay.org)

866-552-6729

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## Corporate Angel Network, Inc. (CAN)

[www.corpangelnetwork.org](http://www.corpangelnetwork.org)

CAN finds free air transportation on corporate planes for eligible cancer patients who need medical treatment.

**Contact:**

[info@corpangelnetwork.org](mailto:info@corpangelnetwork.org)

914-328-1313

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## HealthCare.gov

[finder.healthcare.gov](http://finder.healthcare.gov)

The "Find Insurance Options" tool will help you find the health insurance suited to your needs, whether it's private insurance for individuals, families and small businesses, or public programs that may work for you. It was created to help consumers under the health insurance reform law, the Affordable Care Act.

**Contact:**

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## Healthwell Foundation

[www.healthwellfoundation.org](http://www.healthwellfoundation.org)

This nonprofit organization offers help with insurance copays, premiums, and out of pocket costs for a wide variety of cancers. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[info@healthwellfoundation.org](mailto:info@healthwellfoundation.org)

800-675-8416

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## Medicare Telephone Hotline

Speak with a customer service representative 24 hours a day, seven days per week. Listen to recorded questions and answers on topics such as Medicare health plan choices and order publications.

**Contact:**

1-800-MEDICARE

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## Medicare.gov

[www.medicare.gov](http://www.medicare.gov)

Get extra help with prescription drug costs, find out how Medicare works with other insurance, and compare health and drug plans on the U.S. government's official site for Medicare.

**Contact:**

1-800-MEDICARE

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## Mission4Maureen

[www.mission4maureen.org](http://www.mission4maureen.org)

Organization provides financial assistance to families who are burdened by the staggering cost of brain cancer treatment. Financial aid is available for medical bills, as well as child care, housing payments, utility bills, transportation, medication, and other areas of assistance. To apply for aid, refer to the application on the website, [www.mission4maureen.org](http://www.mission4maureen.org). The eligibility criteria changes from time to time, so please check current requirements on website.

**Contact:**

[info@mission4maureen.org](mailto:info@mission4maureen.org)

440-840-6497

1568 S. Green Rd.

#21602

South Euclid, OH 44121

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## My Hope Chest Foundation

[www.myhopechest.org](http://www.myhopechest.org)

Provides arrangements or a way to finance breast reconstruction surgery for uninsured breast cancer survivors. There is a waiting list, but as survivors contact them, they will seek out doctors in their areas who will provide the series of necessary surgeries at no/reduced cost. All visitors to the website are highly encouraged to take the survey located there.

**Contact:**

Alisa Savoretti

[info@myhopechest.org](mailto:info@myhopechest.org)

727-642-4243

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## National Association of Hospital Hospitality Houses, Inc.

[www.nahhh.org](http://www.nahhh.org)

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

**Contact:**

800-318-8861

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## The Leukemia and Lymphoma Society's Co-Pay Assistance Program

Helps with both insurance premiums and co-payments. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[copay@lls.org](mailto:copay@lls.org)

877-557-2672

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## The Patient Advocate Foundation's Co-Pay Relief Program

[www.copays.org](http://www.copays.org)

This program, aimed at those with insurance, including Medicare Part D, helps patients diagnosed with many types of cancer, including brain tumors. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[cpr@patientadvocate.org](mailto:cpr@patientadvocate.org)

866-512-3861

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## The Pink Fund

[www.thepinkfund.org](http://www.thepinkfund.org)

The Pink Fund provides breast cancer patients in active treatment with up to 90 days of non-medical financial assistance. Payments are made directly to their creditors to maintain their health insurance. Additional payments may be made for housing, transportation and utilities. Applicants must be gainfully employed at the time of their diagnosis and not working and not collecting a paycheck while in treatment. Applications are available at [thepinkfund.org](http://thepinkfund.org) under Get Help.

**Contact:**

[info@ThePinkFund.org](mailto:info@ThePinkFund.org)

1-877-234-7465

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## Regional

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### Catholic Charities – Gainesville

[www.catholiccharitiesgainesville.org](http://www.catholiccharitiesgainesville.org)

Emergency assistance is provided for rent, food, utilities and limited prescription assistance. Must provide: Photo ID and Social Security Cards for everyone over 18 years of age living in the home. Food Pantry is open from 9:30 am to 12:30 pm and from 1:00 pm to 3:00 pm Monday – Thursday. Rent and Utility Assistance provided only once. RX Program is once every 6 months up to \$20.00 at Wise's Pharmacy. Programs also available that provide assistance with Thanksgiving or Christmas.

**Contact:**

352-372-0294. Must call on Friday at 9 a.m. to schedule appointment for the following week.  
1701 NE 9th Street  
Gainesville, Florida, 32609

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## Central Florida Community Action Agency- Alachua

[www.cfcaa.org](http://www.cfcaa.org)

The Emergency Assistance program may help eligible households with immediate financial emergencies. Central Florida Community Action Agency provides direct assistance and referrals for basic needs including rental assistance, energy payments, nutrition, transportation, temporary shelter and more. This program is designed to provide immediate assistance to individuals to overcome one-time situations of dire need.

**Contact:**

352-373-7667  
411 N Main St.  
Suite 210  
Gainesville, FL 32601

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## Central Florida Community Action Agency- Chiefland

[www.cfcaa.org](http://www.cfcaa.org)

The Emergency Assistance program may help eligible households with immediate financial emergencies, and assist with disaster relief. Central Florida Community Action Agency has a limited amount of funding available to the community for one-time emergency needs. FCFAA cannot help with on-going crisis. CFCAA may provide direct assistance and referrals for basic needs, including rental assistance, energy payments, nutrition, transportation and temporary shelter.

**Contact:**

Alachua: (352) 373-7667; Levy: (352) 493-1734; Marion:(352) 732-3008  
215 SW 5th Street  
Chiefland, FL 32626

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## Christian Services Center

[www.cscofcc.org](http://www.cscofcc.org)

Christian Services Center offers emergency services for food, clothing (every 4 months), housing (limited), limited financial assistance with utility final notice, bus tickets, gas vouchers, prescriptions (no pain) and medical equipment (walkers, canes, etc).

**Contact:**

386-755-1770  
421 NW Washington Street  
Lake City, FL 32055

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## Elder Helpline

[www.agingresources.org](http://www.agingresources.org)

The Elder Helpline is a telephone information and referral service for seniors, persons with disabilities and their caregivers. The Elder Helpline is your starting point for seeking information and assistance about resources and programs available in

North Central Florida.

**Contact:**

[options@agingresources.org](mailto:options@agingresources.org)

Elder Helpline: 1-800-262-2243

Elder Options

100SW 75th St

Suite 301

Gainesville, FL 32607

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## Florida KidCare

[www.floridakidcare.org](http://www.floridakidcare.org)

Florida KidCare is Health Insurance for uninsured children ages birth through 18 years old. Covers Doctors visits, hospital care, medicines, lab tests and more. Fees may vary from \$15 – \$20 a month and are based on income and family size. Some programs may not be available in all areas. Call for additional information or application.

**Contact:**

Information

888-540-5437

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## Lake Shore Hospital Authority

[www.lakeshoreha.org](http://www.lakeshoreha.org)

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

**Contact:**

[info@lakeshoreha.org](mailto:info@lakeshoreha.org)

386-755-1090

259 NE Franklin Street, Ste. 102

Lake City, FL 32055

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## PAWS: Pets Are Wonderful Support

[uf-paws.square.site/](http://uf-paws.square.site/)

A student volunteer organization in UF's College of Veterinary Medicine that aims to improve the quality of life for low income Alachua County residents suffering from terminal or disabling disease by offering free veterinary care. Call for eligibility.

**Contact:**

352-294-4722

2015 SW 16th Av.

Gainesville, FL 32608

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## Serving Health Insurance Needs of Elders (SHINE)

[www.floridashine.org](http://www.floridashine.org)

This is a free insurance counseling program designed for elders and persons with disabilities and their caregivers. Highly trained volunteers assist elders with their health insurance questions. Provides assistance with and information on Medicare, Medicare supplements, Medicare Advantage Plans, Medicare Part D Prescription Drug Plans, Medicare Savings Programs, Low-Income Subsidies assistance with Medicare Part D Plans, Patient Assistance Programs for help with prescriptions through the pharmaceutical companies.

**Contact:**

[options@agingresources.org](mailto:options@agingresources.org)

For information on the location of SHINE Counselors in your area, contact the Elder Helpline: (800) 963-5337

Elder Options

5700 SW 34th Street

Suite 222

Gainesville, FL 32608

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## Social Security Administration

[www.ssa.gov](http://www.ssa.gov)

The Social Security Administration provides financial assistance to those who qualify for Social Security government funded programs. Program Include: Medical Disability and Financially Indigent Programs such as Supplemental Social Security Income (SSI) and Medicaid. Application process is required.

**Contact:**

800-772-1213

400 N SR 19, Ste. 53

Palatka, FL 32177

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## Tom Coughlin Jay Fund Foundation

[www.tcjayfund.org](http://www.tcjayfund.org)

The mission of the Tom Coughlin Jay Fund Foundation is to assist children with leukemia and other cancers and specific bone marrow failure syndromes and their families by providing emotional and financial support to help reduce the stress associated with treatment and improve their quality of life. Child must be a permanent resident of North Florida or South Georgia. All financial assistance is determined on a case-by-case basis based on the needs of the child and family. To apply for assistance in Florida, families should contact patient's clinic or hospital social worker.

**Contact:**

Keli Coughlin, Executive Director

1-866-538-6331

P.O. Box 50798

Jacksonville Beach, FL 32240

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## Support Groups

### ABCD: After Breast Cancer Diagnosis

[www.abcdbreastcancersupport.org](http://www.abcdbreastcancersupport.org)

Free one-to-one mentoring support to anyone going through the breast cancer journey as well as a free survivor staffed

helpline.

**Contact:**

[programdept@abcd.org](mailto:programdept@abcd.org)

1-800-977-4121

5775 N. Glen Park Road Suite 201

Glendale, WI 53209

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## Breast Cancer Support

An ongoing, monthly Support Group that provides participants an opportunity to share experiences and gain support and strength from each other. Meetings are held the 2nd Tuesday of each month from 6 to 7:30 p.m.

**Contact:**

Susie Ulloa, RN

352-333-5849

The Cancer Center at NFRMC

3420 Newberry Rd

Gainesville, FL 32605

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## Caregivers Support Group

Suwannee River Economic Council offers a Caregivers Support Group for anyone caring for a loved with a chronic illness. This group allows participants an opportunity to meet with other caregivers in a confidential environment to share problems and concerns. Meetings are held the last Thursday each month.

**Contact:**

Bruce Evans, Case Manager

[suwaging@suwanneeec.net](mailto:suwaging@suwanneeec.net)

386-362-4115

Suwannee Senior Center

1171 Nobles Ferry Road

Live Oak, FL 32064

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## Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

UPDATE: Meetings are hosted via Zoom. Hope to have a combination of virtual and in-person in the near future.

**Contact:**

Linda Stegall Henry

[lshenry@embarqmail.com](mailto:lshenry@embarqmail.com)

352-529-7050

Meets 2nd Monday of the Month

5:30 - 7:30 pm

Cancer Center @ NFRMC Community Room

6420 NW Newberry Road

Gainesville, Florida 32605

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## Haven Hospice of the Lakes—Bereavement and Grief Support Group

[www.beyourhaven.org/bereavement](http://www.beyourhaven.org/bereavement)

In this support group, members have the opportunity to express their feelings and thoughts of coping with the death of a loved one as well as gain an understanding of grief and how it impacts their lives. See website for specific grief support programs in your Florida area.

**Contact:**

Bereavement Coordinator  
1-844-544-4836  
6400 Saint Johns Avenue  
Palatka, FL 32177

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## Haven Hospice Transitions at Skate Station

SASHA's (Support, Awareness, Strength, Hope, Acceptance) Friends is an Anticipatory Grief Support Group for Children. This group offers support for children (ages 6 -14) who are dealing with a family member or adult friend that has been diagnosed with a life-limiting illness.

**Contact:**

Evelyn James, Bereavement Coordinator  
352-692-5133  
1311 NW 76th Boulevard  
Gainesville, FL 32606

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## Healing Hearts at Haven Hospice of North Central Florida

The Healing Hearts grief support program offers individual, family and group counseling to help anyone who is coping with loss, regardless of how it occurs. Throughout the year, Healing Hearts offers grief support and educational programs for those who may have lost a mate, parent, child or other family member. This program is available to children and teens, adults and families.

**Contact:**

Vonceil Leine  
352-692-5105  
6037 W. US HWY 90  
Lake City, FL 32055

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## Healing Touch Cancer Support

[www.trinitygnv.org](http://www.trinitygnv.org)

Meets the 3rd Thursday of each month, 5:30 p.m. in the Trinity United Methodist Church. All cancer patients, family and friends as well as cancer survivors are welcome. This group began in 1995 and continues today as an encouraging and loving place for those experiencing cancer in their lives. Every month has a focus and all meetings begin and end in prayer.

**Contact:**

Marcey  
[marcey.corey1@gmail.com](mailto:marcey.corey1@gmail.com)  
352-331-2960, (Church phone number: 352-376-6615)  
Trinity United Methodist Church  
4000 NW 53rd Avenue  
Gainesville, FL 32653

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## Healthy Start of Lafayette County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

Colleen Cody  
[colleen.cody@flhealth.gov](mailto:colleen.cody@flhealth.gov)  
1-877-678-9355  
140 SW Virginia Circle  
Mayo, FL 32066

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## Healthy Start of Levy County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

Kathleen Cooper  
[kathleen.cooper@flhealth.gov](mailto:kathleen.cooper@flhealth.gov)  
1-877-678-9355  
66 West Main Street  
Bronson, FL 32621

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## Healthy Start of Putnam County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

Kimberly Johns  
[kimberly.johns@chsfl.org](mailto:kimberly.johns@chsfl.org)  
1-877-678-9355  
613 St. Johns Ave. #108  
Palatka, FL 32177

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## Leukemia & Lymphoma Society's Family Support Group



Family Support Groups provide mutual support and education for patients and family members. They offer an opportunity to discuss anxieties and concerns with others who share the same experiences. This sharing strengthens the family bond and enhances everyone's ability to cope with cancer.

If you or a loved one has a diagnosis of Leukemia, Hodgkin Lymphoma, Non- Hodgkin Lymphoma, Myeloma or Myelodysplastic Syndrome, or any other form of blood cancer, please join us in the community room. We meet the first Thursday of every month at 6:30 pm.

**Contact:**

Dr. Michelle Bishop  
[michellebishopphd@gmail.com](mailto:michellebishopphd@gmail.com)  
352-331-0020  
Cancer Center of North Florida Regional  
6420 Newberry Road  
Gainesville, FL 32614  
Health & Healing Place – 1st Room on Right

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## Look Good Feel Better Foundation

[www.lookgoodfeelbetter.org](http://www.lookgoodfeelbetter.org)

A free program that teaches women in active cancer treatment ways to deal with the appearance-related side effects of treatment.

**Contact:**

National Cancer Information Center  
[admin@lookgoodfeelbetter.org](mailto:admin@lookgoodfeelbetter.org)

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## Look Good, Feel Better

An American Cancer Society (ACS) program for women cancer patients. Group meets the 2nd Wednesday of each month. You must call the ACS to RSVP for this one-time meeting.

**Contact:**

Please call Gwen Carriere, ARNP if you have questions or need more information.  
352-376-6866  
North Florida Regional Medical Center  
Cancer Center  
6420 Newberry Road  
Gainesville, FL 32605

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## One on One Lymphedema Support

This One on One Lymphedema Support is for individuals interested in the prevention and treatment of lymphedema symptoms.

**Contact:**

Candace Bridgewater  
904-269-9113  
Orange Park, Florida 32073

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## Reach to Recovery

[www.cancer.org/treatment/supportprogramsservices/reach-to-recovery](http://www.cancer.org/treatment/supportprogramsservices/reach-to-recovery)

Reach to Recovery is a program that helps patients with breast cancer cope with their diagnosis, treatment, and recovery. The program pairs a breast cancer survivor with a recently diagnosed patient who has similar issues. Each volunteer is specially trained to help the patient express their feelings, verbalize her fears and concerns, and be an impartial sounding board for questions and matters that may be affecting them. Contact may be either a personal visit or a phone call based on location.

**Contact:**

American Cancer Society  
800-227-2345  
2119 SW 16th Street  
Gainesville, FL 32608

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## Support Group at Community Cancer Center of North Florida – Gainesville

[www.cccnf.com/wellness\\_support.php](http://www.cccnf.com/wellness_support.php)

Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help discuss the issues. Gainesville location: 3rd Tuesday of each month from 5:30 – 7 p.m.

**Contact:**

352-331-0900  
7000 NW 11th Place  
Gainesville, FL 32605

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## Support Group at Community Cancer Center of North Florida—Lake City

[www.cccnf.com/wellness\\_support.php](http://www.cccnf.com/wellness_support.php)

Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help discuss the issues. Lake City location: 2nd Thursday of each month from 11 a.m. – 1 p.m.

**Contact:**

386-755-0601  
4520 W. US Highway 90  
Lake City, FL 32055

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## The Safe in Him Cancer Survivors Support Group

[www.compassionateoutreach.org](http://www.compassionateoutreach.org)

A nondenominational, spiritually based group designed for those who have survived the diagnosis of cancer and their families. The vision of this group is to minister hope, help and healing for the hurting heart. Offered through Compassionate Outreach Ministries.

UPDATE: DUE TO COVID-19, this support group has been temporarily cancelled

**Contact:**

[info@compassionateoutreach.org](mailto:info@compassionateoutreach.org)  
352-373-1888

320 SE 43rd Street  
Gainesville, FL 32641

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## **The Women's Cancer Support Group of Lake City: Baya Pharmacy East**

This group provides emotional support through shared experiences and provides education with professional speakers in related fields every other month. Both newly diagnosed and survivors of any type of cancer are welcome to attend. Meetings are held the 2nd Monday each month from 5:30-6:30 p.m.

UPDATE: DUE TO COVID-19, meetings are no longer in-person. Newsletters are being sent out instead. Anyone interested in the newsletters should email their name and address, or call the number provided.

**Contact:**

Joan Restall, Katie Griffin  
[jrestall@peoplepc.com](mailto:jrestall@peoplepc.com)  
386-755-0522, 352-752-4198  
780 SE Baya Drive  
Lake City, FL 32025

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## **West Putnam Cancer Support Group at Interlachen Public Library**

Offers general support for cancer survivors, family and friends. Programs alternate with a Speaker or Share and Care. Meetings are held the 2nd Thursday each month from 4:30- 5:30 p.m.

**Contact:**

Vivian Bly, Facilitator  
386-684-2490  
133 N. CR 315  
Interlachen, FL 32148

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## **Woman's Club of Palatka**

[www.gfwcpalatka.com](http://www.gfwcpalatka.com)

This group provides mutual support and social interaction for women with breast cancer. Call for additional information. Meetings are held the 3rd Tuesday each month at 4:30 pm.

**Contact:**

Bridget Dennis  
386-937-3579  
600 South 13th Street  
Palatka, FL 32177

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## **Tobacco Cessation**

**National**

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## American Cancer Society National Cancer Information Center (NCIC): Support

[www.cancer.org](http://www.cancer.org)

The American Cancer Society NCIC: Support provides articles on smoking cessation and quitting tips. Free brochures are available. The American Cancer Society is also a sponsor of A Great American Smoke-Out.

**Contact:**

1-800-227-2345

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## American Lung Association

[www.lung.org/quit-smoking](http://www.lung.org/quit-smoking)

Freedom From Smoking® is a free online quit program for adults that teaches the skills and techniques necessary to quit smoking. It is also available as a group clinic, an online program and a self-help book. Cessation counselors also available at the Lung HelpLine.

**Contact:**

1-800-LUNGUSA

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## Quit for Life

[www.hr.gwu.edu.com/quit-life](http://www.hr.gwu.edu.com/quit-life)

The Quit For Life® Program is a collaboration between the American Cancer Society and Alere Wellbeing. The program helps people quit tobacco use by providing: \*Up to 5 coaching calls and access to a Quit Coach \*Access to Web Coach, an interactive, online community that offers e-learning tools, social support and information about quitting.

**Contact:**

[wellbeinginfo@alere.com](mailto:wellbeinginfo@alere.com)

866-QUIT-4-LIFE (866-784-8454)

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## Smokefree.gov

[www.smokefree.gov](http://www.smokefree.gov)

A website created by the National Cancer Institute to provide assistance to quit smoking. Provides a step-by-step guide to quit and other online resources.

**Contact:**

1-877-44U-QUIT (1-877-448-7848)

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## Statewide

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## AHEC “Quit Smoking Now”

[www.ahectobacco.com/calendar](http://www.ahectobacco.com/calendar)

The Florida Area Health Education Center (AHEC) Network offers tobacco cessation classes called “Quit Smoking Now” throughout the state. See what’s happening in your county by visiting their online calendar.

**Contact:**

1-87-QUIT-NOW-6 (1-877-848-6696)

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## Florida Quitline

[tobaccofreeflorida.com/](http://tobaccofreeflorida.com/)

Tobacco Free Florida offers a number of free and convenient resources to help tobacco users quit. The Florida Quitline and Web Coach are available 24 hours per day, seven days a week. Florida Residents 11 and older may use the quitline. Services are also available for hearing impaired.

**Contact:**

Multilingual telephone counseling  
1-877-822-6669

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## North Central Florida

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### Suwannee River Area Health Education Center (AHEC)

[www.srahec.org](http://www.srahec.org)

Suwannee River AHEC provides the Group Quit option of Tobacco Free Florida’s Quit Your Way Program. Group Quit helps people quit all types of tobacco—cigarettes, cigars, smokeless tobacco, pipes, and others—in Suwannee River AHEC’s twelve county service area of Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Marion, Putnam, Suwannee, and Union counties.

The Group Quit program offers two types of groups: a one-time 2-hour group and a multi-session group held once a week for four weeks. Both programs are free and participants receive up to four weeks of free nicotine patches, gum, or lozenges. Call toll free 866-341-2730 or visit [www.ahectobacc.com](http://www.ahectobacc.com) for details about upcoming groups.

Suwannee River AHEC also provides free tobacco cessation trainings for healthcare professionals and healthcare professional students.

**Contact:**

386-462-1551  
14646 NW 151st Blvd.  
Alachua, FL 32615

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## Alachua County

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## GatorWell Health Promotion Services (AHEC)

[www.tobaccofree.ufl.edu](http://www.tobaccofree.ufl.edu)

GatorWell offers the Quit Program in partnership with the Student Health Care Center, the University of Florida Area Health Education Centers, and the Florida Department of Health. Through the program, currently enrolled UF students can receive various coaching and medications. Telephone and individual counseling available.

**Contact:**

352-273-5224  
3190 Radio Road  
Gainesville, FL 32611

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## Healthy Start of Alachua County

[www.healthystartnfc.org](http://www.healthystartnfc.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is also available through this service.

**Contact:**

Kasey Brooks  
[kasey.brooks@kidscentralinc.org](mailto:kasey.brooks@kidscentralinc.org)  
1-877-678-9355  
204 W. University Ave., Ste. 3  
Gainesville, FL 32601

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## Malcom Randall VA Medical Center

[www.northflorida.va.gov](http://www.northflorida.va.gov)

Services and information available to help veterans and Veteran Affairs employees to adopt a tobacco free life.

**Contact:**

352-376-1611 x4499  
1601 SW Archer Road  
Gainesville, FL 32608

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## Shands Healthcare

[www.tobaccofree.health.ufl.edu/](http://www.tobaccofree.health.ufl.edu/)

A wide selection of Shands healthcare counseling services, self-help materials and medicines are available to help smokers employed by the University of Florida or Shands HealthCare quit successfully. Shands employees who attend during their regular work schedules will be paid for class attendance (with supervisor approval). Group counseling also available. Website offers a national, state and county-by-county list of resources.

**Contact:**

352-265-0680; Smoking Cessation Services: (352) 273-5224  
1600 SW Archer Road  
Gainesville, FL 32608

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## Shands Smoking Cessation Program

[www.shands.org/public/smokingcessation.asp](http://www.shands.org/public/smokingcessation.asp)

Offered to tobacco users 18 and older. Free 2-hour class once a week for six weeks. Flexible schedule of group and individual classes. Telephone counseling also available. Contact Gillian Eagle to sign up for the program.

**Contact:**

Gillian Eagle

[geagle@ufl.edu](mailto:geagle@ufl.edu)

(352) 273-5224

706 SW 4th Avenue

Gainesville, FL 32601

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## Tobacco Free Alachua

[TobaccoFreeAlachua.org](http://TobaccoFreeAlachua.org)

A diverse community partnership which fosters collaborative initiatives to develop and promote policies that reduce the use and effects of tobacco. We focus on building community support and advocating for the establishment of tobacco control policies that will:

- 1) Prevent youth and young adults from starting to use tobacco products
- 2) Protect Alachua County citizens from involuntary exposure to secondhand smoke
- 3) Provide support for current tobacco users who want to quit.

[TobaccoFreeAlachua@doh.state.fl.us](mailto:TobaccoFreeAlachua@doh.state.fl.us)

**Contact:**

Wendy Resnick; Ryan Mcguire

[tobaccofreealachua@flhealth.gov](mailto:tobaccofreealachua@flhealth.gov)

352-334-7914

2401 SW Archer Rd

Gainesville, FL 32608

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## UF Community Health & Family Medicine (AHEC)

[www.tobaccofree.ufl.edu](http://www.tobaccofree.ufl.edu)

UF Health Science Center employees can take advantage of a 5-7 week smoking cessation program during lunchtime or evening sessions. Individual and group counseling for patients, employees and family members is also available at the UF Health Science Center.

**Contact:**

352-273-5224

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## UF Employee Assistance Program (AHEC)

[www.eap.ufl.edu](http://www.eap.ufl.edu)

Up to six visits for consultation are available through AHEC. Services offered to UF employees and spouses. Individual and group counseling also available. Call or email to schedule an appointment.

**Contact:**

[eap-help@ufl.edu](mailto:eap-help@ufl.edu)

833-306-0103

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## Bradford County

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### Healthy Start of Bradford County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service. Nicotine replacement therapy is available through the Florida QuitLine.

**Contact:**

[healthybradford@flhealth.gov](mailto:healthybradford@flhealth.gov)

1-877-678-9355

1801 N. Temple Ave.

Starke, FL 32091

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## Columbia County

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### Healthy Start of Columbia County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

Susie Tyson

[susie.tyson@flhealth.gov](mailto:susie.tyson@flhealth.gov)

1-877-678-9355

217 NE Franklin Street

Lake City, FL 32055

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## Dixie County

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### Healthy Start of Dixie County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

1-877-678-9355

149 NE 241st St.

Cross City, FL 32628



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## Gilchrist County

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### Healthy Start of Gilchrist County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

1-877-678-9355  
119 NE 1st St.  
Trenton, FL 32693

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## Hamilton County

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### Healthy Start of Hamilton County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

1-877-678-9355  
209 Central Ave. SE  
Jasper, FL 32052

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## Levy County

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### Nature Coast Regional Hospital

Tobacco cessation information and services available to Levy County Residents. Group and individual counseling also available.

**Contact:**

Multilingual 352-528-2801  
125 SW 7th Street  
Williston, FL 32696

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## Putnam County

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### Palatka Community Based Outpatient Clinic

[www.northflorida.va.gov/locations/Palatka.asp](http://www.northflorida.va.gov/locations/Palatka.asp)

Weekly meetings available at the Palatka Community Based Outpatient Clinic with telephone follow-up phone calls after completion. Offered to eligible veterans.

**Contact:**

386-329-8800  
400 North State Road 19  
Suite 48  
Palatka, FL 32177

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## Suwannee County

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### Healthy Start of Suwannee County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

1-877-678-9355  
915 Nobles Ferry Rd.  
Live Oak, FL 32064

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## Union County

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### Healthy Start of Union County

[www.healthystartncf.org](http://www.healthystartncf.org)

The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

**Contact:**

[healthyunion@flhealth.gov](mailto:healthyunion@flhealth.gov)  
1-877-678-9355  
495 E. Main Street  
Lake Butler, FL 32054

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## Lake Butler Hospital—We Are Free Support Class

[www.lakebutlerhospital.com/](http://www.lakebutlerhospital.com/)

Meet in person or on the phone with one of Lake Butler Hospital's Tobacco Treatment Specialists (TTS) for an initial assessment to attend free smoking cessation classes. Offers free nicotine replacement therapies to anyone who would like help quitting any tobacco product, while supplies last. Available to visitors, patients and employees of Lake Butler Hospital.

**Contact:**

386-496-2323 ext. 228

Lake Butler Hospital

850 East Main Street

Lake Butler, FL 32054

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## National Organizations & Websites

### Cancer Resources

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#### 4women.com

[www.4women.com](http://www.4women.com)

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

**Contact:**

[info@4women.com](mailto:info@4women.com)

941-362-0250

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#### American Association for Cancer Research (AACR)

[www.aacr.org](http://www.aacr.org)

The mission of AACR is to prevent and cure cancer through research, education, communication and collaboration.

**Contact:**

[aacr@aacr.org](mailto:aacr@aacr.org)

215-440-9300

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#### American Cancer Society

The Hope Lodge provides free housing to eligible cancer patients who are receiving treatment at one of the area medical facilities.

**Contact:**

(352) 3376-6866  
2121 SW 16th Street  
Gainesville, FL 32608

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## American College of Surgeons Commission on Cancer

[www.facs.org/cancer](http://www.facs.org/cancer)

The American College of Surgeons Commission on Cancer (CoC) is a consortium of professional organizations dedicated to improving survival and quality of life for cancer patients through standard-setting, prevention, research, education, and the monitoring of quality comprehensive quality care. The CoC is the only multidisciplinary accreditation program for cancer programs in the United States. Currently more than 1500 programs are accredited by the CoC. For a list of programs please visit the CoC Hospital Locator at <http://www.facs.org/cancerprogram/index.html>.

**Contact:**

312-202-5000  
633 North St. Clair  
Chicago, IL 60611

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## American Institute for Cancer Research

[www.aicr.org](http://www.aicr.org)

Provides information about cancer prevention, particularly through diet and nutrition; featuring a toll-free nutrition hotline, pen pal support network and research funding.

**Contact:**

[aicrweb@aicr.org](mailto:aicrweb@aicr.org)  
800-843-8114  
1560 Wilson Boulevard, Suite 1000  
Arlington, VA 22209

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## American Psychosocial Oncology Society

[www.apos-society.org](http://www.apos-society.org)

Helpline through which cancer patients, caregivers and advocacy organizations may obtain referrals for local counseling services throughout the United States. This referral program aims to connect cancer patients and their caregivers to psychiatrists, psychologists, nurses, social workers and counselors skilled in the management of cancer-related distress.

**Contact:**

[info@apos-society.org](mailto:info@apos-society.org)  
Referral Helpline 866-276-7443. Calls are accepted 24 hours a day through a voicemail system.  
5034A Thoroughbred Ln  
Brentwood, TN 37027

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## American Society of Clinical Oncology

[www.asco.org](http://www.asco.org)

Provides resources for healthcare providers but includes patient-friendly tools such as help finding an oncologist, and up-to-date information about cancer policy issues.

**Contact:**

[customerservice@asco.org](mailto:customerservice@asco.org)

888-282-2552

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## Be The Match

[www.BeTheMatch.org/patient](http://www.BeTheMatch.org/patient)

Provides assistance to patients and their physicians in the search for an unrelated stem cell donor. Provides general information about the stem cell transplant process, the search process, financial issues associated with the transplantation process and Patient Advocacy.

**Contact:**

[patientinfo@nmdp.org](mailto:patientinfo@nmdp.org)

888-999-6743

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## C-Change

[www.c-changetogether.org](http://www.c-changetogether.org)

The mission of C-Change is to eliminate cancer as a public health problem, at the earliest possible time, by leveraging the expertise and resources of its members. C-Change is both a forum and a catalyst for identifying issues and major challenges facing the cancer community and for initiating collaborative actions to complement the efforts of individual C-Change members. C-Change focuses on advocacy, strategic initiatives and research. Free toolkits and resources available.

**Contact:**

[info@c-changetogether.org](mailto:info@c-changetogether.org)

202-756-1600

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## Cancer and Careers

[www.cancerandcareers.org](http://www.cancerandcareers.org)

Cancer and Careers is a national nonprofit that empowers and educates people with cancer to thrive in their workplace, by providing expert advice, interactive tools and educational events. Its free services include a comprehensive website and library of publications in English and Spanish; legal and insurance information; career coaching; resume review; professional development micro-grants; and national events and workshops for people with cancer and their healthcare providers, coworkers and employers.

For Spanish speakers: [www.cancerandcareers.org/espanol](http://www.cancerandcareers.org/espanol)

**Contact:**

[cancerandcareers@cew.org](mailto:cancerandcareers@cew.org)

646-929-8032

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## Cancer Answers—H Lee Moffitt Cancer Center

[www.moffitt.usf.edu](http://www.moffitt.usf.edu)

Answers for cancer related questions.

**Contact:**

800-456-7121

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## Cancer Care, Inc.

[www.cancercare.org](http://www.cancercare.org)

A national nonprofit agency that offers free support, information, financial assistance and practical help to people with cancer and their loved ones. Services are available in person, over the phone and through the agency's website. Spanish language help available.

**Contact:**

[info@cancercare.org](mailto:info@cancercare.org)

800-813-HOPE

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## Cancer Hope Network

[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

Provides support to cancer patients and their families by matching them with trained volunteers who have undergone and recovered from a similar cancer experience.

**Contact:**

[info@cancerhopenetwork.org](mailto:info@cancerhopenetwork.org)

877-467-3638

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## Cancer Information and Counseling Line

[cucancercenterfund.org/](http://cucancercenterfund.org/)

A toll-free national service provided by AMC Cancer Research Center. Provides emotional support, up-to-date medical information and resource referrals through counseling. Available Monday through Friday, 8:30 a.m. to 4:30 p.m. MST.

**Contact:**

[admin@cucancercenterfund.org](mailto:admin@cucancercenterfund.org)

714-455-0856

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## Cancer Support Community

[www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)

Provides free psychological and emotional support to cancer patients and their families. They offer support groups on stress reduction and cancer education workshops, nutrition guidance, exercise sessions and social events.

**Contact:**

## Cancer.Net

[www.cancer.net](http://www.cancer.net)

The patient information website of the American Society of Clinical Oncology provides timely, oncologist-approved information to help patients and families make informed healthcare decisions.

**Contact:**

[contactus@cancer.net](mailto:contactus@cancer.net)

888-651-3038

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## Cancer101

[www.cancer101.org](http://www.cancer101.org)

Cancer101's mission is to empower cancer patients and their caregivers to take control over their diagnoses and engage them as active partners in their care, by arming them with a toolkit to navigate their cancer journey.

**Contact:**

[info@CANCER101.org](mailto:info@CANCER101.org)

646-638-2202

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## CancerCare Co-Payment Assistance Foundation

[www.cancercare.org/copayfoundation](http://www.cancercare.org/copayfoundation)

Offers grants for those with breast, lung, colorectal or pancreatic cancer. Assistance is provided to cancer patients based on proof of inability to pay by the National Cancer Institute and at CancerNet, which is run by ASCO (American Society of Clinical Oncology).

**Contact:**

[information@cancercarecopay.org](mailto:information@cancercarecopay.org)

866-552-6729

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## CancerCare Inc

[www.cancercare.org](http://www.cancercare.org)

CancerCare provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones and the bereaved. CancerCare programs including counseling and support groups, education, financial assistance and practical help are provided by professional oncology social workers and are completely free of charge.

**Contact:**

Information/Referral

[info@cancercare.org](mailto:info@cancercare.org)

## **Cancervive, Inc.**

[www.cancervive.org](http://www.cancervive.org)

Since 1985, Cancervive has provided counseling, education and advocacy to cancer patients, family members and health professionals. Popular education materials include books, DVDs and games.

**Contact:**

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## **Chemocare.com**

[www.chemocare.com](http://www.chemocare.com)

Scott Hamilton's site focuses on chemotherapy—managing side effects, survivor experiences and more.

**Contact:**

[chemocare@ccf.org](mailto:chemocare@ccf.org)

844-268-3901

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## **Coalition of Cancer Cooperative Groups**

[www.cancertrialshelp.org](http://www.cancertrialshelp.org)

Mission: to improve the quality of life and survival of cancer patients by increasing participation in cancer clinical trials. Features a tool to search for current trials.

**Contact:**

[Info@CancerTrialsHelp.org](mailto:Info@CancerTrialsHelp.org)

877-227-8451

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## **Commission on Cancer**

[www.facs.org/cancer](http://www.facs.org/cancer)

The Commission on Cancer (CoC) is a consortium of professional organizations dedicated to improving survival and quality of life for cancer patients through standard-setting, prevention, research, education and the monitoring of comprehensive quality care.

**Contact:**

[coc@facs.org](mailto:coc@facs.org)

312-202-5085

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## CURE

[curetoday.com](http://curetoday.com)

CURE quarterly magazine is available free of charge to cancer patients, survivors and caregivers. Subscribers receive clear and comprehensive information in order to better understand cancer. Additionally, CURE, in association with the American Cancer Society, publishes an annual Cancer Resource Guide, which is sent to every new subscriber. CURE will also send free magazines for your support groups, community events, churches, etc.

**Contact:**

[subs@curetoday.com](mailto:subs@curetoday.com)

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## CureSearch

[www.curesearch.org](http://www.curesearch.org)

CureSearch for Children's Cancer is a 501(c)3 U.S.-based non-profit foundation that accelerates the search for cures for children's cancer by driving innovation, overcoming research barriers and solving the field's most challenging problems. We fight every day to make new, better treatments possible for the 43 children diagnosed with cancer each day. We do this by:

- Catapulting strong medical research through the research pipeline to advance better, less-toxic children's cancer treatments
- Breaking down barriers and convening the right players to focus on our shared goal: saving kids NOW
- Providing resources and education, so no child faces a cancer diagnosis without a fully-equipped support team

**Contact:**

[info@curesearch.org](mailto:info@curesearch.org)

800-458-6223

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## Dia de la Mujer Latina, Inc.

[www.diadelamujerlatina.org](http://www.diadelamujerlatina.org)

Promotes health awareness to the underserved Latino community by providing ethnicspecific education with a focus on early detection screening of breast and cervical cancer, as well as other chronic diseases. Resources for hosting a Health Fiesta.

**Contact:**

[diadelamujerlatina@gmail.com](mailto:diadelamujerlatina@gmail.com)

281-489-1111

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## Headcovers Unlimited

Our company was founded by Carol Galland, a breast cancer survivor, and her daughter over 20 years ago. We are devoted to helping people with hair loss due to cancer or chemotherapy treatments to look and feel beautiful while battling their hair loss. Our products include soft hats and scarves, sleep caps, wigs, false eyelashes and eyebrows, as well as other hard to find hair loss products. We have also created a vast resource library with a myriad of helpful cancer and hair

loss tips and informational articles. We cover topics such as “How to Select Your Wig” and what to look for in a head covering.

**Contact:**

[customercare@headcovers.com](mailto:customercare@headcovers.com)

1-800-264-HATS

214 S. Iowa Ave.

League City, TX 77573

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## Intercultural Cancer Council (ICC)

[www.iccnetwork.org](http://www.iccnetwork.org)

ICC promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the US.

**Contact:**

[icc@uh.edu](mailto:icc@uh.edu)

713-798-4614

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## Livestrong: Lance Armstrong Foundation

[www.livestrong.org](http://www.livestrong.org)

Focuses its activities on: survivor resources and support, survivorship programs, national advocacy initiatives, scientific and clinical research grants. A particularly useful tool is the Livestrong Guidebook which functions as a workbook and provides information that is needed from the time of diagnosis through cancer treatment and beyond—free through website.

**Contact:**

855-220-7777

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## Mesothelioma Guide

[www.mesotheliomaguide.com](http://www.mesotheliomaguide.com)

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

**Contact:**

[webmaster@mesotheliomaguide.com](mailto:webmaster@mesotheliomaguide.com)

888-385-2024

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## Mesothelioma Hope

[www.mesotheliomahope.com](http://www.mesotheliomahope.com)

Mesothelioma Hope is a comprehensive resource for the patients and families of those that are suffering from mesothelioma & other asbestos related diseases.

**Contact:**

[contact@mesotheliomahope.com](mailto:contact@mesotheliomahope.com)

855-912-7918

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## National Cancer Institute

[www.cancer.gov](http://www.cancer.gov)

Provides up-to-date information on all cancer types, information on clinical trials, resources for people dealing with cancer, and information for researchers and health professionals.

**Contact:**

[NCInfo@nih.gov](mailto:NCInfo@nih.gov)

800-4-CANCER

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## National Cancer Institute's (NCI's) Cancer Information Service (CIS)

[www.cancer.gov](http://www.cancer.gov)

The National Cancer Institute's (NCI's) Cancer Information Service (CIS) is a federally funded cancer education program that was established in 1975 as an essential part of NCI's mission and information efforts. The CIS provides accurate, up-to-date, and reliable information on cancer that is easy to understand. Information specialists provide personalized responses to a range of cancer questions, including cancer research and clinical trials, cancer prevention, risk factors, symptoms, early detection, diagnosis, treatment, living with cancer, and quitting smoking.

**Contact:**

[NCInfo@nih.gov](mailto:NCInfo@nih.gov)

1-800-422-6237

National Cancer Institute Cancer Information Service

BG 9609 MSC 9760

9609 Medical Center Drive

Bethesda, MD 20892-9760

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## National Coalition for Cancer Survivorship

[www.canceradvocacy.org](http://www.canceradvocacy.org)

A network of groups and individuals that offer support to cancer survivors and their loved ones. Offers the Cancer Survival Toolbox, a free, self-learning audio program designed to help people cultivate important skills to better meet and understand the challenges of their illness.

**Contact:**

[info@canceradvocacy.org](mailto:info@canceradvocacy.org)

888-650-9127

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## National Comprehensive Cancer Network (NCCN)

[www.nccn.org](http://www.nccn.org)

The NCCN Guidelines for Patients™ aim to help people with cancer and their loved ones discuss the best treatment options for them with their physicians. The NCCN Website covers a wide array of cancer topics for patients, caregivers and their families.

**Contact:**

215-690-0300

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## National Volunteer Caregiving Network (NVCN)

[www.nvcnetwork.org](http://www.nvcnetwork.org)

National Volunteer Caregiving Network (NVCN) is an interfaith volunteer caregiving initiative that brings together volunteers to help people of all ages with long-term health needs to maintain their independence for as long as possible. Program availability and eligibility vary from one geographic area to another based on age, illness type and other criteria. Services are listed by state on the Website.

**Contact:**

[info@nvcnetwork.org](mailto:info@nvcnetwork.org)

512-582-2197

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## OncoLink

[www.oncolink.com](http://www.oncolink.com)

Affiliated with the University of Pennsylvania Cancer Center, this website provides information about specific cancers, updates on treatments and research advances.

**Contact:**

[hampshire@uphs.upenn.edu](mailto:hampshire@uphs.upenn.edu)

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## Patient Advocate Foundation (PAF)

[www.patientadvocate.org](http://www.patientadvocate.org)

The Patient Advocate Foundation (PAF) is a national nonprofit organization that serves as an active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys.

**Contact:**

[help@patientadvocate.org](mailto:help@patientadvocate.org)

800-532-5274

421 Butler Farm Road

Hampton, Virginia 23666

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## R. A. Bloch Cancer Foundation, Inc.

[www.blochcancer.org](http://www.blochcancer.org)

The foundation matches newly diagnosed cancer patients with trained, home-based volunteers who have been treated for the same type of cancer. Trained volunteers (about 600) talk to patients about their cancer experience. Publications available: Fighting Cancer, Guide for Cancer Support and Cancer There's Hope.

**Contact:**

[hotline@blochcancer.org](mailto:hotline@blochcancer.org)

800-433-0464, answering service after hours.

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## Society for Integrative Oncology

[www.integrativeonc.org](http://www.integrativeonc.org)

Provides guidelines and resources pertaining to integrative oncology, treatment and helps search for open clinical trials.

**Contact:**

[info@integrativeonc.org](mailto:info@integrativeonc.org)

202-964-0824

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## Susan G. Komen for the Cure

[www.komen.org](http://www.komen.org)

A resource on many things relating to breast health and breast cancer. Lists community health grants, scholarships, research programs and more.

**Contact:**

[helpline@komen.org](mailto:helpline@komen.org)

1-877-GO KOMEN (1-877-465-6636)

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## Vital Options TeleSupport Cancer Network

[www.vitaloptions.org](http://www.vitaloptions.org)

An organization that facilitates a syndicated cancer talk show linking callers with patients, longterm survivors, family members, physicians, researchers and therapists. Services in English and French.

**Contact:**

[DDuplay@vitaloptions.org](mailto:DDuplay@vitaloptions.org)

800-518-2354

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## Children and Youth

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## Children With Hairloss

[www.childrenwithhairloss.us](http://www.childrenwithhairloss.us)

Provider offers hair replacement to children with any form of medically-related hair loss. Program provides a wig and wig care kit, a hat with attachable hair, and free styling services. Provider also accepts donated hair.

**Contact:**

734-379-4400  
12776 S. Dixie Hwy.,  
Rockwood, Michigan 48179

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## L Erickson USA

[www.franceluxe.com](http://www.franceluxe.com)

Provides a free headwrap or scarf in the pattern and color of your choosing for women or girls experiencing a loss or thinning of hair as a result of illness or treatment. Please call or visit the website to select the headwrap or scarf. Wraps and scarves can be shipped nationwide.

**Contact:**

[customercare@franceluxe.com](mailto:customercare@franceluxe.com)  
888-884-3653  
349 E. 3rd Street  
North Bend, Washington 98045

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## Livestrong

[www.planetcancer.org](http://www.planetcancer.org)

An online community for young adults affected by cancer

**Contact:**

855-220-7777

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## Stupid Cancer

[www.stupidcancer.org](http://www.stupidcancer.org)

The I'm Too Young For This! Cancer Foundation is the nation's largest support community for young adults affected by cancer (15-40) and serves as a bullhorn for the young adult cancer movement. They offer online and offline support communities nationwide through local events, social media, educational workshops, an international annual conference and a live weekly talk radio program.

**Contact:**

[contact@stupidcancer.org](mailto:contact@stupidcancer.org)  
212-619-1040

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## The Ulman Cancer Fund for Young Adults

[www.wigsforkids.org](http://www.wigsforkids.org)

Wigs for Kids is a nonprofit organization providing hair replacement solutions for children affected by hair loss subsequent to medical conditions or treatment procedures. The hairpieces and services are provided without any associated costs to the families of the children.

**Contact:**

[info@wigsforkids.org](mailto:info@wigsforkids.org)

440-333-4433

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## Young Survival Coalition

[www.youngsurvival.org](http://www.youngsurvival.org)

A global organization dedicated to the critical issues unique to young women with breast cancer. Young Survival Coalition offers resources, connections and outreach so young women feel supported, empowered and hopeful. Free support groups over the phone and online advice about managing insurance or the lack thereof. Resources for the uninsured are listed as well.

**Contact:**

[info@youngsurvival.org](mailto:info@youngsurvival.org)

877-YSC-1011

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## Complementary and Alternative Medicine

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### Life Force Health and Wellness

Life Force Health and Wellness is a network of healthcare providers specialized in integrative medicine. Our program is designed to facilitate a variety of services complementary to one another so that you can experience the benefits of holistic healthcare. Our goal is to provide you with services that are effective and affordable so that natural medicine can be a integrative part of your everyday life. Now is the time to start your journey to better health with our “Bridge to Living Wellness” program”. Whether you are seeking relief for treatment side effects, nutrition counseling or stress management our program will help you remain strong and balanced for the best possible outcome. We support life!

**Contact:**

[lifeorcehealthgny@gmail.com](mailto:lifeorcehealthgny@gmail.com)

352-745-7554

2727B NW 43rd St. #8

Gainesville, FL 32606

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### MD Anderson Cancer Center Complementary

[www.mdanderson.org/departments/CIMER](http://www.mdanderson.org/departments/CIMER)

Integrative Medicine Education Resources—When properly combined with standard cancer treatments, some complementary therapies can enhance wellness and quality of life, but others may be harmful during or after treatment for cancer. This website is offered to help patients and physicians decide how best to integrate such therapies into their care.

**Contact:**

1-855-745-0426

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## Memorial Sloan-Kettering Cancer Center Integrative Medicine

[mskcc.org/cancer-care/integrative-medicine](https://mskcc.org/cancer-care/integrative-medicine)

Offers touch therapy, mind-body therapy, acupuncture, creative therapy, nutrition counseling, and exercise programs to improve strength and promote relaxation. Services available for cancer patients and family members.

**Contact:**

212-639-2000

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## National Cancer Institute Office of Cancer Complementary and Alternative Medicine

[cam.cancer.gov/about\\_us/contact\\_occam.htm](https://cam.cancer.gov/about_us/contact_occam.htm)

Offers health information on complementary and alternative medicine (CAM), therapies and tips for talking with healthcare providers. Also includes ways to find CAM programs and providers, and advice for paying CAM therapies.

**Contact:**

[ncioccam1-r@mail.nih.gov](mailto:ncioccam1-r@mail.nih.gov)

(240) 276-6595

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## National Center for Complementary and Integrative Health

[www.nccih.nih.gov](https://www.nccih.nih.gov)

Supplies scientific research on complementary and integrative health. Also includes health information, grant and funding options, training resources, news updates, and information on how to find a complementary and integrative health practitioner.

**Contact:**

[info@nccih.nih.gov](mailto:info@nccih.nih.gov)

888-644-6226

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## Men

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## The John Wayne Cancer Foundation

[www.jwcf.org](https://www.jwcf.org)

Creates programs for the advocacy and support of men fighting cancer and is associated with cancer research and education at the John Wayne Cancer Institute in Santa Monica, CA.



**Contact:**

[info@johnwayne.org](mailto:info@johnwayne.org)

949-631-8400

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## Pain

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### American Chronic Pain Association (ACPA)

[www.theacpa.org](http://www.theacpa.org)

ACPA aims to facilitate peer support and education for individuals with chronic pain and their families so that these individuals may live more fully in spite of their pain.

**Contact:**

[ACPA@theacpa.org](mailto:ACPA@theacpa.org)

913-991-4740

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## Prescriptions

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### Diplomat's Oncology Navigator Program

[www.diplomatpharmacy.com](http://www.diplomatpharmacy.com)

Offers drug assistance. Diplomat Specialty Pharmacy's Oncology Navigator Program provides clinical and reimbursement solutions to patients with oncologic and hematologic disorders. Financial assistance may be available for patients who meet annual benefit maximums, are among the working poor or on disability and financially unable to burden their co-payments or co-insurance liabilities.

**Contact:**

Patient Care Coordinator

[dspinfo@diplomatpharmacy.com](mailto:dspinfo@diplomatpharmacy.com)

877-977-9118

4100 S Saginaw Street

Flint, Michigan 48507

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### Medicine Assistance Tool

[mat.org](http://mat.org)

Helps qualifying patients without prescription drug coverage get the medicines they need through the program that is right for them. Many will get their medications free or nearly free.

**Contact:**

571-350-8643

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## Patient Advocate Foundation

[www.patientadvocate.org](http://www.patientadvocate.org)

Mission: To provide effective mediation and arbitration services to patients to remove obstacles to healthcare such as medical debt crisis, insurance access issues and employment issues for patients with chronic, debilitating and life-threatening illnesses.

**Contact:**

[help@patientadvocate.org](mailto:help@patientadvocate.org)

800-532-5274

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## RxAssist

[www.rxassist.org](http://www.rxassist.org)

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news and articles so that healthcare professionals and patients can find the information they need.

**Contact:**

[info@rxassist.org](mailto:info@rxassist.org)

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## Social Security

[www.ssa.gov/prescriptionhelp](http://www.ssa.gov/prescriptionhelp)

Updated information on the Extra Help with Medicare Prescription Drug Plan, an estimated value of \$4,000 for qualified applicants.

**Contact:**

800-633-4227

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## Women

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### Cleaning For a Reason

[www.cleaningforareason.org](http://www.cleaningforareason.org)

Cleaning For a Reason is a 501(c)3 nonprofit that cleans homes for women with cancer for FREE. Their partner maid services have helped over 10,000 women receive over \$2.6 million in free house cleaning.

**Contact:**

[info@cleaningforareason.org](mailto:info@cleaningforareason.org)

877-337-3348

## Foundation for Women's Cancer

[www.foundationforwomenscancer.org](http://www.foundationforwomenscancer.org)

Core mission: To increase awareness and education, support expanded research and training, and provide knowledge and hope for women diagnosed with cancers specific to them.

**Contact:**

[FWCinfo@sgo.org](mailto:FWCinfo@sgo.org)

312-578-1439

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## L Erickson USA

[www.franceluxe.com](http://www.franceluxe.com)

Provides a free headwrap or scarf in the pattern and color of your choosing for women or girls experiencing a loss or thinning of hair as a result of illness or treatment. Please call or visit the website to select the headwrap or scarf. Wraps and scarves can be shipped nationwide.

**Contact:**

[customercare@franceluxe.com](mailto:customercare@franceluxe.com)

888-884-3653

349 E. 3rd Street

North Bend, Washington 98045

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## Livestrong's Fertility Program

[www.livestrong.org/we-can-help/livestrong-fertility](http://www.livestrong.org/we-can-help/livestrong-fertility)

Dedicated to helping cancer patients with fertility issues.

**Contact:**

[cancer.navigation@livestrong.org](mailto:cancer.navigation@livestrong.org)

855-844-7777

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## MyOncofertility.org

[www.myoncofertility.org](http://www.myoncofertility.org)

An education resource that provides patients, parents and partners with cancer-related advice, animations, survivor videos and resources.

**Contact:**

866-708-3378

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## S.H.E Circle

[www.shecircle.blogspot.com](http://www.shecircle.blogspot.com)

A wellness community by and for African American lesbian and bisexual women. As a national health education program, S.H.E Circle encourages African American women to learn about health issues, ask questions, share information, connect with resources and provide support to each other.

**Contact:**

1-866-MAUTNER (628-8637)

[dmagrini@mautnerproject.org](mailto:dmagrini@mautnerproject.org)

Toll-free number: 202-332-5536

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## **SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers**

[www.sharecancersupport.org](http://www.sharecancersupport.org)

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

**Contact:**

212-719-0364

165 West 46th St

Suite 712

New York, NY 10036

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## **Sisters Network, Inc. (SN)**

[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

**Contact:**

Dianne Townsend

[neflorida@sistersnetworkinc.org](mailto:neflorida@sistersnetworkinc.org)

904-757-6622; For Northeast Florida region: 904-757-6622

P.O. BOX 2939, Jacksonville, Florida 32203-2939

904-757-6622

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## **The Mautner Project for Lesbians with Cancer**

[www.mautnerproject.org](http://www.mautnerproject.org)

Provides support, education, information and advocacy for health issues relating to lesbians with cancer and their families.

**Contact:**

[info@mautnerproject.org](mailto:info@mautnerproject.org)

202-332-5536

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## Bladder Cancer

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### Bladder Cancer Advocacy Network

[www.bcan.org](http://www.bcan.org)

Increases public awareness, advances bladder cancer research, and provides educational and support services to the bladder cancer community.

**Contact:**

[info@bcan.org](mailto:info@bcan.org)

888-901-2226

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## Breast Cancer

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### ABCD: After Breast Cancer Diagnosis

[www.abcdbreastcancersupport.org](http://www.abcdbreastcancersupport.org)

Free one-to-one mentoring support to anyone going through the breast cancer journey as well as a free survivor staffed helpline.

**Contact:**

[programdept@abcd.org](mailto:programdept@abcd.org)

1-800-977-4121

5775 N. Glen Park Road Suite 201

Glendale, WI 53209

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### Breast Cancer Action (BCA)

[www.bcaction.org](http://www.bcaction.org)

BCA was started by women in a San Francisco breast cancer support group who were frustrated by the lack of knowledge about their disease. BCA is now a national education and activist organization that asks the hard questions about what needs to be done to end the breast cancer epidemic.

**Contact:**

[info@bcaction.org](mailto:info@bcaction.org)

415-243-9301

Mailing Address:

548 Market St. PMB 17179

San Francisco, CA 94104-5401

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# Colorectal Cancer

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## Colon Cancer Alliance

[www.ccalliance.org](http://www.ccalliance.org)

A national patient advocacy organization that offers support, resources, news, events and research to cancer patients.

**Contact:**

877-422-2030

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## Fight Colorectal Cancer

[www.fightcolorectalcancer.org](http://www.fightcolorectalcancer.org)

Offers support for patients, family members, and caregivers affected by colorectal cancer. Also serves as a resource for colorectal cancer advocates, policymakers, medical professionals and healthcare providers.

**Contact:**

[info@FightCRC.org](mailto:info@FightCRC.org)

877-427-2111

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# Endometrial/Ovarian/Uterine Cancer

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## Ovarian Cancer Research Alliance

[www.ocrahope.org](http://www.ocrahope.org)

Serves as an advocate for women with ovarian cancer. They work to increase understanding among the public and professionals and advance research for the development of an early detection test, improved healthcare practices and life-saving treatment protocols.

**Contact:**

[info@ocrahope.org](mailto:info@ocrahope.org)

866-399-6262; NY: 212-268-1002

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## Ovarian Cancer Research Fund

[www.ocrf.org/](http://www.ocrf.org/)

Learn about ovarian cancer—risk factors, causes, signs and symptoms, clinical trials and other resources. The Hope Line, 1-877-OV-HOPE, is a free telephone counseling and referral service that helps patients and families cope with the challenges of an ovarian cancer diagnosis.

**Contact:**

[info@ocrf.org](mailto:info@ocrf.org)

212-268-1002

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## Esophageal Cancer

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### Esophageal Cancer Awareness Association

[www.ecaware.org](http://www.ecaware.org)

Provides information and support for esophageal cancer patients and caregivers.

**Contact:**

[info@ecaware.org](mailto:info@ecaware.org)

800-601-0613

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## Head and Neck Cancer

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### Head and Neck Cancer Alliance

[www.headandneck.org](http://www.headandneck.org)

Offers support, education and resources to patients with head and neck cancers.

**Contact:**

[info@headandneck.org](mailto:info@headandneck.org)

866-792-4622

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### Support for People with Oral and Head and Neck Cancer

[www.spohnc.org](http://www.spohnc.org)

Includes support, education, a survivor network, newsletters and clinical trials.

**Contact:**

[info@spohnc.org](mailto:info@spohnc.org)

800-377-0928

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## Kidney Cancer

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### Kidney Cancer Association

[www.kidneycancer.org](http://www.kidneycancer.org)

Provides information, clinical trials, sponsor support groups, physician referral information, and news for those affected by kidney cancer.

**Contact:**

[office@kidneycancer.org](mailto:office@kidneycancer.org)

800-850-9132

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## Leukemia and Lymphoma

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### Leukemia and Lymphoma Society (LLS)

[www.lls.org](http://www.lls.org)

Masters level social workers and health educators answer calls from patients and medical professionals. LLS also offers a patient financial aid program, copay assistance program and more. North Florida affiliate in Jacksonville.

**Contact:**

[supportservices@lls.org](mailto:supportservices@lls.org)

800-955-4572

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## Liver Cancer

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### YES

[www.beatlivertumors.org](http://www.beatlivertumors.org)

Provides information, resources, support, and hope for anyone affected by liver tumors.

**Contact:**

[info@beatlivertumors.org](mailto:info@beatlivertumors.org)

877-937-7478

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## Lung Cancer

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### GO2 Foundation for Lung Cancer

[go2foundation.org/](http://go2foundation.org/)

Provides information on risk, screening, diagnosis, and treatment of lung cancer. Also offers psychosocial support and advocacy for patients and those at risk.

**Contact:**



[support@go2foundation.org](mailto:support@go2foundation.org)

800-298-2436

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## LUNgevity

[www.lungevity.org](http://www.lungevity.org)

Provides CancerCare services for patients, survivors, loved ones, caregivers, and the bereaved. Services include counseling and support groups, educational publications and workshops, and financial assistance.

**Contact:**

[info@lungevity.org](mailto:info@lungevity.org)

844-360-5864

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## Marrow Cancer

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### National Marrow Donor Program

[www.marrow.org](http://www.marrow.org)

Conducts and supports research through public resources. Provides information for potential donors, patient advocacy aid assistance and patient education materials.

**Contact:**

[patientinfo@nmdp.org](mailto:patientinfo@nmdp.org)

800-627-7692

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## Melanoma

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### Melanoma International Foundation

[www.melanomainternational.org](http://www.melanomainternational.org)

Provides information on prevention and early detection, a toll-free hotline for patients and their families, and directs local screening and education programs.

**Contact:**

[contact@melanomainternational.org](mailto:contact@melanomainternational.org)

610-942-3432

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### Melanoma Research Foundation

[www.melanoma.org](http://www.melanoma.org)

Supports medical research in finding treatments, and educates patients and physicians about prevention, diagnosis and the treatment of melanoma.

**Contact:**

[info@melanoma.org](mailto:info@melanoma.org)

877-673-1290/202-347-9675

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## Skin Cancer Foundation

[www.skincancer.org](http://www.skincancer.org)

Provides information and programs on education, prevention, early detection and treatment for skin cancer.

**Contact:**

212-725-5176

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## Mesothelioma

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### Mesothelioma Center

[www.asbestos.com](http://www.asbestos.com)

Features information on the dangers of asbestos, mesothelioma cancer and where to find treatment facilities in your area. Patient advocates are also on hand to help patients get connected with doctor match programs.

**Contact:**

[webmaster@asbestos.com](mailto:webmaster@asbestos.com)

844-624-2306

189 S Orange Avenue

Orlando, FL 32801

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### Mesothelioma Hope

[www.mesotheliomahope.com](http://www.mesotheliomahope.com)

Mesothelioma Hope is a comprehensive resource for the patients and families of those that are suffering from mesothelioma & other asbestos related diseases.

**Contact:**

[contact@mesotheliomahope.com](mailto:contact@mesotheliomahope.com)

855-912-7918

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### Mesothelioma Resource Online

[www.mesotheliomasymptoms.com/](http://www.mesotheliomasymptoms.com/)

Mesothelioma Resource Online has created and developed this site to provide answers and support for people diagnosed with mesothelioma cancer, as well as their families and loved ones.

**Contact:**

[admin@mesotheliomasymptoms.com](mailto:admin@mesotheliomasymptoms.com)

866-824-3914

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## The Mesothelioma Group

[www.mesotheliomagroup.com](http://www.mesotheliomagroup.com)

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

**Contact:**

[Help@MesotheliomaGroup.com](mailto:Help@MesotheliomaGroup.com)

800-333-8975

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## Multiple Myeloma

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### International Myeloma Foundation

[www.myeloma.org](http://www.myeloma.org)

The International Myeloma Foundation provides a toll-free hotline, educational materials and seminars for patients and their families.

**Contact:**

[TheIMF@myeloma.org](mailto:TheIMF@myeloma.org)

800-452-2873

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### Multiple Myeloma Research Foundation

[www.themmrf.org](http://www.themmrf.org)

Includes a newsletter, teleconferences, and news updates to those affected by Multiple Myeloma. The foundation also supports the drug discovery and development process in order to bring patients new therapies.

**Contact:**

[info@themmrf.org](mailto:info@themmrf.org)

203-229-0464

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# Pancreatic Cancer

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## Pancreatic Cancer Action Network

[www.pancan.org](http://www.pancan.org)

A national organization creating hope through research, patient support, community outreach and advocacy for a cure. Committed to programs and services that provide information to patients, health professionals and the general public. They seek to advance research, support patients and provide tools for patients looking to receive care.

**Contact:**

[patientservices@pancan.org](mailto:patientservices@pancan.org)

877-272-6226

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# Prostate Cancer

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## Prostate Net (PN)

[www.prostatenet.org](http://www.prostatenet.org)

Empowers consumers, patients, survivors and their families to help make the appropriate decisions relative to treating prostate diseases and insuring the desired quality of life.

**Contact:**

[support@prostatenet.org](mailto:support@prostatenet.org)

201-289-8221

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## Zero- The Project to End Prostate Cancer

[www.zerocancer.org](http://www.zerocancer.org)

Zero works to advocate its efforts towards a cancer free generation at federal and state levels, provides information for patients about treatment, and provides services to those at risk.

**Contact:**

[info@zerocancer.org](mailto:info@zerocancer.org)

844-244-1309

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# Sarcoma

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## Kristen Ann Carr Fund Sarcoma Forum

[www.kristenanncarrfund.org](http://www.kristenanncarrfund.org)

Provides funding for research and treatment of sarcoma, the education of young physicians, and seeks to improve the quality of cancer patient life.

**Contact:**

[event@sarcoma.com](mailto:event@sarcoma.com)

212-501-0748

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## **Sarcoma Alliance**

[www.sarcomaalliance.org](http://www.sarcomaalliance.org)

Provides information to patients and caregivers, an integrative discussion board, peer-to-peer services, financial assistance, and options for donating and volunteering.

**Contact:**

[info@sarcomaalliance.org](mailto:info@sarcomaalliance.org)

415-381-7236

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## **Sarcoma Foundation of America**

[www.curesarcoma.org](http://www.curesarcoma.org)

Advocates for research, raises funds for grants, and conducts education and advocacy efforts on behalf of Sarcoma patients.

**Contact:**

[info@curesarcoma.org](mailto:info@curesarcoma.org)

301-253-8687

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