Support Groups

ABCD: After Breast Cancer Diagnosis

www.abcdbreastcancersupport.org
Free one-to-one mentoring support to anyone going through the breast cancer journey as well as a free survivor staffed helpline.

Contact:
programdept@abcd.org
414-977-1780
5775 N. Glen Park Road Suite 201
Glendale, WI 53209

Bosom Buddies Support Group at Dixie Grill

Bosom Buddies is a breast cancer support group that provides mutual support and social interaction for women with breast cancer. Meetings are held the 2nd Monday each month.

Contact:
Lisa Mills
386-362-6309
101 Dowling Avenue SW
Live Oak, FL 32064

Brain Tumor Support Group at Shands/UF

Open to all patients, survivors, family and friends. Lunch included; RSVP requested. Meets monthly; call for schedule.

Contact:
352-273-9000

Breast Cancer Support

An ongoing, monthly Support Group that provides participants an opportunity to share experiences and gain support and strength from each other. Meetings are held the 3rd Monday of each month from 7 to 9 p.m.

Contact:
Nancy Mackintosh
386-418-3737
Trinity United Methodist Church
4000 NW 53rd Ave.
Gainesville, FL
Caregivers Support Group

Suwannee River Economic Council offers a Caregivers Support Group for anyone caring for a loved with a chronic illness. This group allows participants an opportunity to meet with other caregivers in a confidential environment to share problems and concerns. Meetings are held the last Thursday each month.

Contact:
Bruce Evans, Case Manager
suwaging@suwanneeec.net
386-362-4115
Suwannee Senior Center
1171 Nobles Ferry Road
Live Oak, FL 32064

Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of March. Please come for a visit, and we hope you become an member.
UPDATE: DUE TO COVID-19, these meetings have been temporarily postponed. We stay in touch with phone calls and emails.

Contact:
Linda Stegall Henry
lshenry@embarqmail.com
352-529-7050
Meets 2nd Monday of the Month
5:30 - 7:30 pm
Cancer Center @ NFRMC Community Room
6420 NW Newberry Road
Gainesville, Florida 32605

Haven Hospice of the Lakes—Bereavement and Grief Support Group

www.beyourhaven.org/bereavement
In this support group, members have the opportunity to express their feelings and thoughts of coping with the death of a loved one as well as gain an understanding of grief and how it impacts their lives. See website for specific grief support programs in your Florida area.

Contact:
Bereavement Coordinator
1-844-544-4836
6400 Saint Johns Avenue
Palatka, FL 32177

Haven Hospice Transitions at Skate Station

SASHA’s (Support, Awareness, Strength, Hope, Acceptance) Friends is an Anticipatory Grief Support Group for Children.
This groups offers support for children (ages 6 -14) who are dealing with a family member or adult friend that has been diagnosed with a life-limiting illness.

Contact:
Evelyn James, Bereavement Coordinator  
352-692-5133  
1311 NW 76th Boulevard  
Gainesville, FL 32606

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**Healing Hearts at Haven Hospice of North Central Florida**

The Healing Hearts grief support program offers individual, family and group counseling to help anyone who is coping with loss, regardless of how it occurs. Throughout the year, Healing Hearts offers grief support and educational programs for those who may have lost a mate, parent, child or other family member. This program is available to children and teens, adults and families.

Contact:
Vonceil Leine  
352-692-5105  
6037 W. US HWY 90  
Lake City, FL 32055

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**Healing Touch Cancer Support**

[www.trinitygnv.org](http://www.trinitygnv.org)
Meets the 3rd Thursday of each month, 5:30 p.m. in the Trinity United Methodist Church. All cancer patients, family and friends as well as cancer survivors are welcome. This group began in 1995 and continues today as an encouraging and loving place for those experiencing cancer in their lives. Every month has a focus and all meetings begin and end in prayer.

Contact:
Marcey  
marcey.corey1@gmail.com  
352-331-2960, (Church phone number: 352-376-6615)  
Trinity United Methodist Church  
4000 NW 53rd Avenue  
Gainesville, FL 32653

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**Healthy Start of Lafayette County**

[www.healthystartncf.org](http://www.healthystartncf.org)
The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:
Colleen Cody  
colleen.cody@flhealth.gov  
1-877-678-9355  
140 SW Virginia Circle  
Mayo, FL 32066
Healthy Start of Levy County

[Website: www.healthystartncf.org]
The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:
Kathleen Cooper
kathleen.cooper@flhealth.gov
1-877-678-9355
66 West Main Street
Bronson, FL 32621

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Healthy Start of Putnam County

[Website: www.healthystartncf.org]
The Healthy Start Tobacco Cessation resource is available for those enrolled in Healthy Start. Individual counseling is available through this service.

Contact:
Kimberly Johns
kimberly.johns@chsfl.org
1-877-678-9355
613 St. Johns Ave. #108
Palatka, FL 32177

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Leukemia & Lymphoma Society’s Family Support Group

Family Support Groups provide mutual support and education for patients and family members. They offer an opportunity to discuss anxieties and concerns with others who share the same experiences. This sharing strengthens the family bond and enhances everyone’s ability to cope with cancer.

If you or a loved one has a diagnosis of Leukemia, Hodgkin Lymphoma, Non- Hodgkin Lymphoma, Myeloma or Myelodysplastic Syndrome, or any other form of blood cancer, please join us in the community room. We meet the first Thursday of every month at 6:30 pm.

Contact:
Dr. Michelle Bishop
michellebishopphd@gmail.com
352-331-0020
Cancer Center of North Florida Regional
6420 Newberry Road
Gainesville, FL 32614
Health & Healing Place – 1st Room on Right

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Look Good Feel Better Foundation

[Website: www.lookgoodfeelbetter.org]
A free program that teaches women in active cancer treatment ways to deal with the appearance-related side effects of treatment.
**Look Good, Feel Better**

An American Cancer Society (ACS) program for women cancer patients. Group meets the 2nd Wednesday of each month. You must call the ACS to RSVP for this one-time meeting.

**Contact:**
Please call Gwen Carriere, ARNP if you have questions or need more information.
352-376-6866
North Florida Regional Medical Center
Cancer Center
6420 Newberry Road
Gainesville, FL 32605

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**One on One Lymphedema Support**

This One on One Lymphedema Support is for individuals interested in the prevention and treatment of lymphedema symptoms.

**Contact:**
Candace Bridgewater
904-269-9113
Orange Park, Florida 32073

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**Reach to Recovery**

[www.cancer.org/treatment/supportprogramsservices/reach-to-recovery](http://www.cancer.org/treatment/supportprogramsservices/reach-to-recovery)
Reach to Recovery is a program that helps patients with breast cancer cope with their diagnosis, treatment, and recovery. The program pairs a breast cancer survivor with a recently diagnosed patient who has similar issues. Each volunteer is specially trained to help the patient express their feelings, verbalize her fears and concerns, and be an impartial sounding board for questions and matters that may be affecting them. Contact may be either a personal visit or a phone call based on location.

**Contact:**
American Cancer Society
800-227-2345
2119 SW 16th Street
Gainesville, FL 32608

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**Support Group at Community Cancer Center of North Florida – Gainesville**

[www.cccnf.com/wellness_support.php](http://www.cccnf.com/wellness_support.php)
Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help
discuss the issues. Gainesville location: 3rd Tuesday of each month from 5:30 – 7 p.m.

Contact:
352-331-0900
7000 NW 11th Place
Gainesville, FL 32605

Support Group at Community Cancer Center of North Florida—Lake City

[Link to website]
Support group facilitated by a licensed counselor that offers a safe, confidential environment to connect with others who are facing similar challenges associated with cancer care. The group utilizes empathy, compassion and even humor to help discuss the issues. Lake City location: 2nd Thursday of each month from 11 a.m. – 1 p.m.

Contact:
386-755-0601
4520 W. US Highway 90
Lake City, FL 32055

The Safe in Him Cancer Survivors Support Group

[Link to website]
A nondenominational, spiritually based group designed for those who have survived the diagnosis of cancer and their families. The vision of this group is to minister hope, help and healing for the hurting heart. Offered through Compassionate Outreach Ministries.
UPDATE: DUE TO COVID-19, this support group has been temporarily cancelled

Contact:
info@compassionateoutreach.org
352-373-1888
320 SE 43rd Street
Gainesville, FL 32641

The Women’s Cancer Support Group of Lake City: Baya Pharmacy East

This group provides emotional support through shared experiences and provides education with professional speakers in related fields every other month. Both newly diagnosed and survivors of any type of cancer are welcome to attend. Meetings are held the 2nd Monday each month from 5:30-6:30 p.m.
UPDATE: DUE TO COVID-19, meetings are no longer in-person. Newsletters are being sent out instead. Anyone interested in the newsletters should email their name and address, or call the number provided.

Contact:
Joan Restall, Katie Griffin
jrestall@peoplepc.com
386-755-0522, 352-752-4198
780 SE Baya Drive
Lake City, FL 32025
West Putnam Cancer Support Group at Interlachen Public Library

Offers general support for cancer survivors, family and friends. Programs alternate with a Speaker or Share and Care. Meetings are held the 2nd Thursday each month from 4:30- 5:30 p.m.

Contact:
Vivian Bly, Facilitator
386-684-2490
133 N. CR 315
Interlachen, FL 32148

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Woman’s Club of Palatka

[www.gfwcpalatka.com](http://www.gfwcpalatka.com)
This group provides mutual support and social interaction for women with breast cancer. Call for additional information. Meetings are held the 3rd Tuesday each month at 4:30 pm.

Contact:
Bridget Dennis
386-937-3579
600 South 13th Street
Palatka, FL 32177