

# Support Groups

## ACS CARES

[www.cancer.org/support-programs-and-services/acs-cares](http://www.cancer.org/support-programs-and-services/acs-cares)

The ACS CARES mobile app provides people with cancer, their families, and caregivers an easy, free way to:

- Access personalized, quality cancer related information that updates as you age, as your situation changes, or as new information becomes available.
- Speak directly with American Cancer Society cancer information specialists when you have questions day or night, 365 days a year.
- Find reliable information on addressing important topics such as emotional health, finances, transportation, and dependent support.
- Connect virtually with trained community volunteers who share the same cancer experience and background including diagnosis, location, military status, race and ethnicity.
- Receive in-person support from clinic volunteers at pilot locations.

**Contact:**

American Cancer Society  
(800) 227-2345  
2119 SW 16th Street  
Gainesville, FL 32608

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## After Breast Cancer Diagnosis (ABCD)

[www.abcdbreastcancersupport.org](http://www.abcdbreastcancersupport.org)

Free, personalized one-to-one mentoring to anyone impacted by breast cancer, ensuring no one faces it alone. Their service creates a unique match between participants and professionally trained mentors based on shared diagnosis, treatment plans, and similar life factors like age, career, and family dynamics. This virtual support is available internationally to patients, survivors, previvors, and caregivers, offering hope, compassion, and understanding when needed the most.

**Contact:**

[info@abcdmentor.org](mailto:info@abcdmentor.org)  
1-800-977-4121  
5775 N. Glen Park Road, Ste. 201  
Milwaukee, WI 53209

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## Beautiful Gate Breast Cancer Support Group

[thebeautifulgateinc.com/breast-cancer-support-group](http://thebeautifulgateinc.com/breast-cancer-support-group)

An online, monthly support group for individuals affected by breast cancer, including those newly diagnosed, survivors, thrivers, and caregivers. The group meets virtually and is facilitated by licensed professionals, offering guided discussion, emotional support, and opportunities to connect with others who share similar experiences. Sessions may include guest speakers, such as medical professionals, and provide access to additional support and resources to help participants navigate diagnosis, treatment, and survivorship in a safe and confidential setting. Usually meets the last Thursday of every month.

**Contact:**

[support@thebeautifulgateinc.com](mailto:support@thebeautifulgateinc.com)

(386) 220-5761

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## **Blossoming Butterfly**

[www.blossomingbutterflyinc.org](http://www.blossomingbutterflyinc.org)

A nonprofit organization focused on education and empowerment for individuals and families impacted by breast, ovarian, and uterine cancer. Provides financial assistance (housing and utilities) and resources for wellness and recovery as well as emotional care. Services include wigs, lymphedema sleeves, counseling, and community support available at each step of the survivorship journey.

**Contact:**

[info@blossomingbutterflyinc.com](mailto:info@blossomingbutterflyinc.com)

(352) 554 5904

4509 NW 23rd Ave

Suite 18

Gainesville, FL 32606

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## **Cancer Education and Support Sessions – UF Health**

[ufhealth.org/specialties/cancer/patient-support-resources/cancer-education-and-support](http://ufhealth.org/specialties/cancer/patient-support-resources/cancer-education-and-support)

Bimonthly virtual programs hosted by UF Health for patients, survivors, caregivers, and friends affected by cancer. These sessions are facilitated by oncology nurse navigators and feature education from UF Health multidisciplinary cancer experts, along with opportunities to connect with others facing similar experiences. Topics include cancer prevention and treatment, understanding pathology results, specific cancer types (i.e. breast, gastric, and pancreatic cancers), nutrition, occupational therapy, genetics, and cancer risk.

**Contact:**

[MultiDCCP@shands.ufl.edu](mailto:MultiDCCP@shands.ufl.edu)

(352) 594-7900

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## **Debbie's Dream Foundation (Curing Stomach Cancer)**

<https://debbiesdream.org/>

Debbie's Dream Foundation: Curing Stomach Cancer is a 501(c)(3) non-profit organization dedicated to raising awareness of stomach cancer, supporting research, and providing education and support to patients, caregivers, and families worldwide. The organization hosts a **monthly Stomach Cancer Support Group** for individuals affected by stomach cancer, including patients, survivors, caregivers, and loved ones. Meetings offer expert/moderated discussion, emotional support, and practical guidance to help participants navigate all stages of the disease. Event details can be found in About Us > Upcoming Events.

**Contact:**

Helpline: (877) 646-5864

[info@DebbiesDream.org](mailto:info@DebbiesDream.org)

(954) 475-1200

PO Box 9867

Fort Lauderdale, FL 33310

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## Florida Cancer Specialists Lake City – Virtual Support Groups

[www.flcancer.com/virtual-support-groups](http://www.flcancer.com/virtual-support-groups)

Free, online support offered only for FCS patients and caregivers during cancer treatment and survivorship. Led by behavioral health therapists and facilitated by clinical social workers, these weekly groups provide emotional support, education, and guided discussion in a confidential, virtual setting. Group topics include coping with a cancer diagnosis, caregiver support, and self-care, with opportunities for peer connection and occasional guest speakers.

**Contact:**

(386) 401-7066

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## Florida Healthy Start – Central & North Central Florida Coalitions

[www.chsandhsncfcoalitions.org](http://www.chsandhsncfcoalitions.org)

Healthy Start is a statewide program providing education, screening, care coordination, and support services for pregnant individuals, parents, infants, and young children. Through local Healthy Start coalitions, the program offers referrals, home visiting, group education, and support to promote healthy pregnancies and early childhood development. Services vary by county and are delivered through community-based partners. Healthy Start services are available in *Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Marion, Putnam, Suwannee, and Union* counties; **local county health departments** or **Healthy Start coalitions** can provide additional information and referrals.

**Contact:**

(877) 678-9355

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## Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

UPDATE: Meetings are hosted via Zoom. Hope to have a combination of virtual and in-person in the near future.

**Contact:**

Linda Stegall Henry

[lshenry@embarqmail.com](mailto:lshenry@embarqmail.com)

352-529-7050

Meets 2nd Monday of the Month

5:30 - 7:30 pm

Cancer Center @ NFRMC Community Room

6420 NW Newberry Road

Gainesville, Florida 32605

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## Haven Hospice – Bereavement and Grief Support Group

[www.beyourhaven.org/bereavement](http://www.beyourhaven.org/bereavement)

The Healing Hearts bereavement support program offers individual, family and group counseling to help anyone who is coping with loss, regardless of how it occurs. Throughout the year, Healing Hearts offers grief support and educational

programs for those who may have lost a mate, parent, child or other family member. This program is available to children, teens, adults and families.

See website for specific grief support programs in your Florida area.

**Contact:**

Bereavement Coordinator

1-844-544-4836

Various locations for in-person support are available on the website

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## Healing Touch Cancer Support Group

[www.trinitygvn.org](http://www.trinitygvn.org)

Meets the 3rd Thursday of each month at 5:00 p.m. in the prayer room at the Trinity United Methodist Church. All cancer patients, family and friends as well as cancer survivors are welcome. This group began in 1995 and continues today as an encouraging and loving place for those experiencing cancer in their lives. Every month has a focus and all meetings begin and end in prayer.

**Contact:**

Marcey Corey

[marcey.corey1@gmail.com](mailto:marcey.corey1@gmail.com)

(352) 331-2960 (Church phone number: (352) 376-6615)

Trinity United Methodist Church

4000 NW 53rd Avenue

Gainesville, FL 32653

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## Look Good Feel Better

[www.lookgoodfeelbetter.org](http://www.lookgoodfeelbetter.org)

A free program offering in-person and live virtual workshops to help people in active cancer treatment understand and address ways to deal with the appearance-related side effects of treatment. This includes lessons on skin and nail care, cosmetics, wigs and turbans, accessories and styling. Thousands of beauty professionals volunteer to support LGFB.

**Contact:**

[info@lookgoodfeelbetter.org](mailto:info@lookgoodfeelbetter.org)

555 13th Street NW, Suite 300 West

Washington, DC 20004

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## The Ulman Foundation

[ulmanfoundation.org](http://ulmanfoundation.org)

**The Ulman Foundation** is a nonprofit organization dedicated to supporting adolescents and young adults, along with their families, impacted by cancer. Through its comprehensive programs, the foundation addresses the physical, emotional, and social challenges that arise during treatment and survivorship.

One of its core services is the **Ulman House**, which provides free lodging for individuals undergoing cancer treatment away from home just blocks away from top hospitals and oncology programs in Baltimore, MD. The supportive residential environment is designed to reduce the financial and emotional burden of treatment travel.

In addition to housing, the Ulman Foundation offers **virtual support groups and community programming** that provide emotional support, peer connection, and survivorship resources for young adults navigating cancer treatment, recovery, and life beyond diagnosis. To learn more about all of these resources, visit their website.

**Contact:**

Toll Free: 1-888-393-3863

[info@ulmanfoundation.org](mailto:info@ulmanfoundation.org)

(410) 964-0202

Ulman House

2118 E Madison Street

Baltimore, MD 21205

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## Woman's Club of Palatka

[gfwcpalatka.org](http://gfwcpalatka.org)

This group provides mutual support and social interaction for women with breast cancer. Call for additional information.

Meetings are held the 3rd Tuesday each month at 4:30 pm.

### **Contact:**

Bridget Dennis

386-937-3579

600 South 13th Street

Palatka, FL 32177

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