

# Community Resources

## Alachua County Social Services

[www.alachuacounty.us/Depts/CSS/SocialServices](http://www.alachuacounty.us/Depts/CSS/SocialServices)

Alachua County Social Services is committed to helping all Alachua County citizens reach or return to a state of self-sufficiency by providing temporary assistance through a variety of sustainability programs. Citizens must meet Core Eligibility Guidelines and fall within established limits of the annual Federal Poverty Level. Programs include AlachuaCares Health Services (Primary Care, Outpatient Diagnostics, Prescription Assistance, Medical Supplies, Vision Exams and Eyeglasses) and Sustainability Programs (Eviction and Foreclosure Prevention, Utilities Assistance, Public Transportation).

**Contact:**

[socialservices@alachuacounty.us](mailto:socialservices@alachuacounty.us)

(352) 264-6750

218 SE 24th St

Gainesville, FL 32641

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## Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

UPDATE: Meetings are hosted via Zoom. Hope to have a combination of virtual and in-person in the near future.

**Contact:**

Linda Stegall Henry

[lshenry@embarqmail.com](mailto:lshenry@embarqmail.com)

352-529-7050

Meets 2nd Monday of the Month

5:30 - 7:30 pm

Cancer Center @ NFRMC Community Room

6420 NW Newberry Road

Gainesville, Florida 32605

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## Mesothelioma Guide

[www.mesotheliomaguide.com](http://www.mesotheliomaguide.com)

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

**Contact:**

[webmaster@mesotheliomaguide.com](mailto:webmaster@mesotheliomaguide.com)

888-385-2024

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## **SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers**

[www.sharecancersupport.org](http://www.sharecancersupport.org)

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

**Contact:**

212-719-0364  
165 West 46th St  
Suite 712  
New York, NY 10036

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## **Breast Prosthesis, Wig & Accessories**

### **4women.com**

[www.4women.com](http://www.4women.com)

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

**Contact:**

[info@4women.com](mailto:info@4women.com)

941-362-0250

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## **A Place for Her—Baycare Home Care**

Featuring a complete line of post mastectomy, lumpectomy and reconstructive products. Breast forms, brassieres, post-surgical camisoles, wigs and swimwear from well-known manufacturers such as Amoena, Camp, Airway, Classique, Ladies First, Jodee, Anita, Coloplast, Jon Renau and many more are available in assorted fashionable styles.

**Contact:**

727-447-1146  
1245 S. Fort Harrison Avenue  
Clearwater, FL 33756

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## All About You Women's Boutique

[www.aaywb.com](http://www.aaywb.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

**Contact:**

Lori Timmreck

[aaywbocala@gmail.com](mailto:aaywbocala@gmail.com)

352-236-2599

4901 E. Silver Springs Boulevard

Ste. 505

Ocala, FL 34470

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## Angel Snugs Inc

[www.angelsnugs.org](http://www.angelsnugs.org)

Our program provides knitted and crocheted beanies and scarves – “snugs”, to children with cancer. We also instruct how to make snugs, providing all materials needed, at monthly events. After these events, the snugs are distributed to the children at their treatment facility. Snugs are also sold to raise money for the materials to make them, as well as operating costs.

**Contact:**

Angi Farrugia

[info@angelsnugs.org](mailto:info@angelsnugs.org)

419-407-6847

8297 ChampionsGate Blvd

PMB 314

ChampionsGate, FL 33896

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## Cancer Care of North Florida

[cancercareofnorthflorida.com](http://cancercareofnorthflorida.com)

The American Cancer Society and Community Cancer Center of North Florida have partnered up and opened a resource center in Lake City.

Cancer Care of North Florida will be available to all cancer patients needing items such as wigs, prosthesis, hats, scarfs and varying literature on resources and services available. The center will be opened Monday – Friday from 8 am to 4 PM.

**Contact:**

(386) 755-0601

4520 W US Highway 90

Lake City, Florida 32055

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## Cancer Center at Lake City

[www.cancercenterlakecity.com](http://www.cancercenterlakecity.com)

Provides specific items to cancer patients at no charge. The ONLY items carried are: brochures, wigs, turbans, breast prostheses and laryngectomy bibs.

**Contact:**

386-758-7822

795 SW Hwy. 47

## Especially for Women

[especiallyforwomengainesville.com](http://especiallyforwomengainesville.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

**Contact:**

Rita Toro, Owner

[office@especiallyforwomengainesville.com](mailto:office@especiallyforwomengainesville.com)

352-332-9095

6781 W. Newberry Rd

Gainesville, FL 32605

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## North Florida Orthotics

[www.northfloridaorthotics.com](http://www.northfloridaorthotics.com)

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter. Suppliers: American Breast Care (ABC), Jodee, Airway and Most Name Brands.

**Contact:**

Marsha Kirkland, Owner

[info@northfloridaorthotics.com](mailto:info@northfloridaorthotics.com)

352-377-7003

4615 NW 53rd Avenue, Ste. B

Gainesville, FL 32653

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## The Pink Door

[www.pinkdoor.org](http://www.pinkdoor.org)

A boutique environment offering prostheses, mastectomy bras, specially designed sleepwear, loungewear, active wear, camisoles, swimwear, wigs, turbans, scarves and more.

**Contact:**

[thepinkdoor1@bellsouth.net](mailto:thepinkdoor1@bellsouth.net)

386-328-9424

306 Oak Street

Palatka, FL 32177

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## Care

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**American Cancer Society (ACS)**

[www.cancer.org](http://www.cancer.org)

Services such as transportation, housing, financial assistance, Hope Lodges, clinical trials, service matching and support groups are available to cancer patients and their families.

**Contact:**

ACS provides resources 24 hours a day, seven days a week, through a toll-free multilingual call center at 1-800-ACS-2345

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## Dragon Rises College of Oriental Medicine

Low cost clinic offers acupuncture and various modalities for the relief of the side effects of cancer treatments such as nausea and fatigue, and help in rebuilding the immune system. Please call to set up an appointment.

**Contact:**

Lisa Anderson

[adminasst@dragonrises.edu](mailto:adminasst@dragonrises.edu)

352-371-2833 ext. 21

1000 NE 16th Avenue

Building F

Gainesville, FL 32601

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## Florida Cancer Trials, Inc.

[www.flcancer.com/clinical-trials/](http://www.flcancer.com/clinical-trials/)

Florida Cancer Clinical Trial Information and Matching Service: This is a Web and Telephone-based resource that allows the user to search for and identify active clinical trials throughout Florida for more than 100 different cancers. The patient would be matched to trials by completing a Confidential Patient Profile.

**Contact:**

Clinical Trials Specialists

[clinicaltrials@FLCancer.com](mailto:clinicaltrials@FLCancer.com)

239-274-9930

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## Haven Hospice

[www.beyourhaven.org](http://www.beyourhaven.org)

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals, and at their care centers. Haven Hospice also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

**Contact:**

E.T. York Hospice Care Center: (352) 379-6210

Administrative Office: (352) 379-2929

Palliative Care: (352) 280-5450

Corporate Office: (352) 378-2121

Care Center and Corporate Offices

4200 NW 90th Blvd

Gainesville, FL 32606

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## Meridian Behavioral Healthcare, Inc.

[www.mbhci.org](http://www.mbhci.org)

Meridian Behavioral Healthcare provides individualized services designed to facilitate recovery by utilizing evidence-based practices for individual, families and group therapy. Meridian offers a full continuum of care through 60 different programs that meet the mental health and substance abuse needs of children and adults.

**Contact:**

Information/Scheduling  
352-374-5600; 800-330-5615  
4300 SW 13th St.  
Gainesville, FL 32608

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## Michelle M. Bishop, PhD – Clinical Health Psychologist

[www.coping-with-cancer.net](http://www.coping-with-cancer.net)

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

**Contact:**

Michelle Bishop  
[MichelleBishopPhD@gmail.com](mailto:MichelleBishopPhD@gmail.com)  
(352) 331-0020  
2653 SW 87th Drive, Ste. A  
Gainesville, FL 32605

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## UF & Shands High Risk Breast Cancer Clinic

[www.shands.org/breastcenter](http://www.shands.org/breastcenter)

Provides evidence-based prevention of breast cancer to patients at above-average risk based on family history, prior breast biopsies and/or thoracic radiation therapy, hormone replacement therapy, reproductive history, Ashkenazi Jewish history and breast density. The clinic sees patients the 1st and 3rd Mondays of the month, and provides individualized assessment of risk and plan development, which may include breast MRI, genetic counseling and/or testing, chemo-prevention and lifestyle modification.

**Contact:**

352-265-7070

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## Children

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### B A S E Camp Children's Cancer Foundation

[www.basecamp.org](http://www.basecamp.org)

Providing a year-round base of support for children and families who are facing the challenge of living with cancer and other life-threatening hematological illnesses.

**Contact:**

407-673-5060  
650 Wymore Rd  
#103  
Winter Park, FL 32789

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## Boggy Creek Camp—Florida

[www.boggycreek.org](http://www.boggycreek.org)

Camp Boggy Creek is a free medical camp in Eustis, FL. Mission: To enrich the lives of children (ages 7-16) who have chronic or life threatening illnesses by creating camping experiences that are fun, empowering, safe and medically sound.

**Contact:**

Mary Parrish, Recruitment Coordinator

[mary@boggycreek.org](mailto:mary@boggycreek.org)

352-483-4200 x 4525

30500 Brantley Branch Road

Eustis, FL 32726

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## Camp Kesem at University of Florida

[campkesem.org](http://campkesem.org)

Camp Kesem provides a free week of summer camp to kids who have a parent affected by cancer. Camp Kesem is a free sleep-away camp put on by University of Florida, Miami University and Florida State University students. This unique camp offers a fun, safe and supportive environment that allows children between the ages of 6 and 16 to form bonds with peers who share similar experiences.

**Contact:**

Scott Arizala, Summer Camp Consultant & Trainer: 734-657-0057

Information/Registration: 253-736-3821

Camp Location: Chuluota, FL (near Orlando)

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## Give Kids the World

[www.gktw.org](http://www.gktw.org)

Give Kids the World is an 89-acre resort in Central Florida for children ages 3 to 18 with life-threatening illnesses who wish to visit the area's theme parks and attractions. This is an all-expense-paid vacation, offered in partnership with wish-granting organizations around the world, and includes a rental vehicle, theme park tickets, airfare, food, and a stay in an onsite villa. To be eligible, children cannot have had another wish granted.

**Contact:**

(407) 396-1114

210 S Bass Road

Kissimmee, FL 34746

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## New Hope for Kids

[www.newhopeforkids.org](http://www.newhopeforkids.org)

Wish Fulfillment for children living in Florida, with life-threatening illnesses who have not yet reached their 19th birthday nor

had a wish granted previously.

**Contact:**

[information@newhopeforkids.org](mailto:information@newhopeforkids.org)

407-331-3059

544 Mayo Ave.

Maitland, FL 32751

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## Sunshine Kids

[www.sunshinekids.org](http://www.sunshinekids.org)

Nonprofit organization providing emotional support to kids who are receiving cancer treatment. The Sunshine Kids Foundation is dedicated to providing exciting activities, trips and events for young cancer patients (age newborn – 18 years).

**Contact:**

[info@sunshinekids.org](mailto:info@sunshinekids.org)

800-594-5756

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## Fitness & Stress Reduction

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### Gainesville Health & Fitness Cancer Recovery Program

Our free 4-week program is designed specifically for those newer to exercise or those looking for a gentle, supportive way to feel like themselves again. We focus on making you feel comfortable from day one, helping you find success in small wins, and building the confidence to live a more active life.

Your Path to Feeling Better:

1. The Personal Consultation: Meet one-on-one with a GHF Fitness Specialist to map out a 4-week plan that respects your restrictions and honors your pace.
2. A Gentle Start: Progress gradually through a mix of strength training, cardio, and soothing pool, stretch, and Tai Chi classes tailored to your current capacity.
3. The Recovery Suite: Ease treatment-related aches in our sauna, steam room, and warm therapy pool, or find refreshment in the cold pool.
4. Weekly Support: Stay encouraged with weekly check-ins to adjust your plan as you get stronger.

Don't let treatment-related fatigue define your days. Rebuild your strength, experience a renewed sense of empowerment, and discover what your body is capable of in a welcoming environment. Contact Debbie Lee at 352.692.2115 or [Debbie.Lee@ghfc.com](mailto:Debbie.Lee@ghfc.com) to get started.

**Contact:**

Debbie Lee

[Debbie.Lee@ghfc.com](mailto:Debbie.Lee@ghfc.com)

(352) 377-4955

4820 Newberry Road

Gainesville, FL 32608

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## Guided Meditation Class for Cancer Patients

Evidence-based research has shown Reiki therapy promotes relaxation, a sense of well-being, reduction in anxiety, relief from pain, and improves quality of sleep. In my own experience in private practice, patients receiving Reiki therapy integrated with various cancer treatments have reported significant pain relief, relief from nausea, headaches and neuropathy, as well as improved quality and quantity of sleep. To schedule an initial visit, please call 386-853-0162.

A Guided Meditation class is now scheduled on Tuesdays at noon at the Cancer Center of North Florida Regional in a room just off the lobby (to the right as you enter), called the "Health & Healing Place."

The Cancer Center is a stand-alone building on the northeast corner of the hospital. It sits north of the Medical Arts building, and shares a free-parking garage with the Medical Arts Building. Additional parking for the Cancer Center is outside, and you are able to park there if you prefer.

**Contact:**

Joan Ellen Kniseley

[misterk9@windstream.net](mailto:misterk9@windstream.net)

386-853-0162

4131 NW 28th Lane, Suite 5

Gainesville FL 32606

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## Safe & Comforting Massage for All

[www.AdvancedMassageWorks.com](http://www.AdvancedMassageWorks.com)

Offering Therapeutic Massage with skills in Deep Tissue, Connective Tissue, Polarity, MPS Scar & Pain Management Therapy, Warm Bamboo Fusion, Oncology Massage (safely work with Cancer and Mastectomy/Lymphedema Risk Patients)

Manual Lymphatic Drainage with Complete Decongestive Therapy

Integrative Therapies include: Aroma Therapy, Reiki, Oneness Blessing/Deeksha

Handicap Accessible office.

Lily is active and passionate in educating women on the risks and prevention of Lymphedema. She now offers a Lymphedema Risk Management MLD package that is affordable to all women. As a member of FSMTA and The Society For Oncology Massage, she actively volunteers in our community.

**Contact:**

Lily Van Halen

[lily@AdvancedMassageWorks.com](mailto:lily@AdvancedMassageWorks.com)

352-278-1025

2727-B NW 43rd St.

Suite 8

Gainesville, FL 32609

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## Team Survivor of North Florida

[www.teamsurvivor.org](http://www.teamsurvivor.org)

An organization that provides exercise and health education to women of Northern Florida who have been affected by cancer. The programs, which combine fun fitness activities with emotional support, are an important part of the ongoing healing process for women living with and surviving cancer. Activities range from Tai Chi, Dragon Boating and yoga to triathlons and marathons. They require no commitment of time and are free to participants. Survivors are encouraged to participate at their current level of fitness and can join TSNF after their medical release forms are signed and submitted. To access these forms and for more information about Team Survivor North Florida, please visit the Team Survivor website.

**Contact:**

[northflorida@teamsurvivor.org](mailto:northflorida@teamsurvivor.org)

352-505-5413

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## Yoga for Healthcare

[Yogaforhealthcare.com](http://Yogaforhealthcare.com)

Oncology trained yoga professional offering stress reduction programs, gentle restorative yoga, guided relaxation and meditation practices to cancer survivors and their families. Individualized and group instruction available.

**Contact:**

Tammy Bernard, M.Ed., RYT

[Tammy@yogaforhealthcare.com](mailto:Tammy@yogaforhealthcare.com)

352-219-8012

PO Box 357382

Gainesville, FL 32635

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## Lodging

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### Alachua County Housing Programs

[growth-management.alachuacounty.us/housing\\_programs/](http://growth-management.alachuacounty.us/housing_programs/)

Funding is available for homeowners residing in the County, outside of Gainesville, for emergency repairs involving roof, well or septic, electrical hazards or accessibility repairs.

We also have down payment/closing cost assistance through the SHIP program for first-time homebuyers.

**Contact:**

Alachua County Department of Growth Management Housing Programs

[twebster@alachuacounty.us](mailto:twebster@alachuacounty.us)

352-374-5249

10 SW 2nd Avenue, 1st Floor

Gainesville, FL 32601

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### National Association of Hospital Hospitality Houses, Inc.

[www.nahhh.org](http://www.nahhh.org)

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

**Contact:**

800-318-8861

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### Ronald McDonald House of Gainesville

[www.rmhcncf.org](http://www.rmhcncf.org)

Provides temporary housing, basic amenities and support to families with critically ill children treated at area medical facilities.

**Contact:**

[Info@rmhcncf.org](mailto:Info@rmhcncf.org)

352-374-4404

1600 SW 14th Street

Gainesville FL 32608

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## Medical Assistance

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### Alachua County CHOICES Health Services

[www.alachuacounty.us/government/depts/css/choices/](http://www.alachuacounty.us/government/depts/css/choices/)

A health services program designed to help working uninsured residents of Alachua County stay healthy. Eligibility Guidelines: Age 18 – 64, US Citizen or Permanent Resident, Alachua County Resident, Employed 20 Hours a Week or more, Limited Household Income, and Not eligible for Health Insurance (Private, Medicaid, Medicare or VA Benefits).

**Contact:**

[cbishop@alachuacounty.us](mailto:cbishop@alachuacounty.us)

352-264-6707

218 SE 24th Street

Gainesville, FL 32641

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### Alachua County Health Department

[alachua.floridahealth.gov/](http://alachua.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

To make an appointment: 352-334-7910

224 SE 24th St.

Gainesville, FL 32641

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### Archer Family Health Care

[afhc.nursing.ufl.edu](http://afhc.nursing.ufl.edu)

A service of UF College of Nursing provides Primary Care services for adults and children. Participating providers of Aetna, Avmed, BCBS, Cigna, Humana, United Health Care, Medicare, and Medicaid. Uninsured patients are seen on a sliding fee scale determined by income and family size based on the Federal Governments Poverty Guideline. Patients are seen by appointment, walk in, and same day appointments.

**Contact:**

Leanne Sanders, RHC-CP, CPB, Practice Manager

(352) 265-2550

16939 SW 13th Avenue

Archer, FL 32618

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## **Arlene M. Weinshelbaum, MD, PA**

A mammography facility accredited by The American College of Radiology. Offers low-cost mammograms. Certain patients may qualify for vouchers that can be applied to covering the cost of their service.

**Contact:**

352-331-0115  
6820 NW 11th Place  
Gainesville, FL 32605

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## **Aza Health**

[azahealth.org](http://azahealth.org)

Azalea Health provides Primary and Preventative Care for qualified clients. Fees are based on a sliding scale. Must provide proof of income.

**Contact:**

386-684-4914  
1213 State Road 20 W.  
Interlachen, FL 32148

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## **Bradford County Health Department**

[bradford.floridahealth.gov/locations/location-page-main.html](http://bradford.floridahealth.gov/locations/location-page-main.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

904-964-7732  
1801 N Temple Avenue  
Starke, FL 32091

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## **Children's Medical Services- Gainesville**

[www.cms-kids.com](http://www.cms-kids.com)

Children's Medical Services (CMS) is a collection of programs for eligible children with special needs. Each one of our programs and services are family-centered and designed to help children with a variety of conditions and needs.

**Contact:**

(800) 334-1447  
1701 S.W. 16th Avenue  
Building B  
Gainesville, FL 32608

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## **Columbia County Health Department**

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for

individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income. Must call for appointment.

**Contact:**

[webinfocolumbia@flhealth.gov](mailto:webinfocolumbia@flhealth.gov)

Scheduling 386-758-1068

217 NE Franklin Street

Lake City, FL 32055

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## Dixie County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-498-1360

149 NE 241st Street

Cross City, FL 32628

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## Doctors Imaging Group

[www.doctorsimaginggroup.com](http://www.doctorsimaginggroup.com)

Committed to ensuring quality images as well as accurate and timely reports for the delivery of patient centered care. Offers low-cost/no-cost mammograms.

**Contact:**

[info@doctorsimaginggroup.com](mailto:info@doctorsimaginggroup.com)

352-331-9729

6719 NW 11th Plain

Gainesville, FL 32605

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## Equal Access Clinic

[equalaccess.med.ufl.edu/](http://equalaccess.med.ufl.edu/)

A network of interdisciplinary student-run free clinics through the University of Florida College of Medicine. The clinic provides healthcare services, patient education and linkage to community resources. Clinics are located throughout Gainesville.

**Contact:**

For appointments, call: 352-273-9425

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## Florida Breast & Cervical Cancer Early Detection Screening Program (FBCCEDP)

FBCCEDP is a breast and cervical cancer screening program that provides reduced-cost or free mammograms, clinical breast exams and Pap smears to low-income, uninsured women between the ages of 50 and 64. The Pasco and Putnam County Health Departments (CHD) provide FBCCEDP services in North Central Florida.

**Contact:**

1-800-227-2345 for more information.

[cancer@flhealth.gov](mailto:cancer@flhealth.gov)

850-245-4144

4052 Bald Cypress Way

Tallahassee, FL 32399

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## Gilchrist County Health Department

[gilchrist.floridahealth.gov/locations/location-page-gilchrist.html](http://gilchrist.floridahealth.gov/locations/location-page-gilchrist.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-463-3120

119 NE 1st Street

Trenton, FL 32693

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## Hamilton County Health Department

[hamilton.floridahealth.gov/](http://hamilton.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-792-1414

209 SE Central Avenue

Jasper, FL 32052

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## HealthStreet

[healthstreet.program.ufl.edu/](http://healthstreet.program.ufl.edu/)

A resource provided by the University of Florida Department of Epidemiology that offers community-based efforts to reduce disparities in healthcare and research by providing the medically underserved with medical and social services and opportunities to participate in research. HealthStreet also offers free services including: health screenings, use of computers, classes and more.

**Contact:**

352-294-4880

2401 SW Archer Road,

Gainesville, FL 32608

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## Helping Hands Clinic

A free medical clinic for the homeless. Services include: Primary Care, Psychiatric Care, Nursing Care, Immediate Needs Management and Preventative Care.

**Contact:**

352-519-5542  
509 NE 1st St  
Gainesville, FL 32601

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## Lafayette County Health Department

[lafayette.floridahealth.gov/index.html](http://lafayette.floridahealth.gov/index.html)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-294-1321  
140 SW Virginia Circle  
Mayo, FL 32066

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## Lake Shore Hospital Authority

[www.lakeshoreha.org](http://www.lakeshoreha.org)

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

**Contact:**

[info@lakeshoreha.org](mailto:info@lakeshoreha.org)  
386-755-1090  
259 NE Franklin Street, Ste. 102  
Lake City, FL 32055

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## Levy County Health Department

[levy.floridahealth.gov/](http://levy.floridahealth.gov/)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

352-486-5300  
66 West Main Street  
Bronson, FL 32621

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## North Florida Regional Medical Center—Women's Center

[nfrmc.com/service/breast-health](http://nfrmc.com/service/breast-health)

North Florida Regional Medical Center offers free/reduced cost mammograms.

**Contact:**

(352) 339-7000  
6500 Newberry Road  
Ste. 102

## Palms Medical Group

Provides Comprehensive Primary Care services for qualified clients. Fees are based on a sliding scale determined by income and family size. A medication assistance program is available as well.

**Contact:**

386-755-4020  
173 NW Albritton Lane  
Lake City, FL 32056

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## Palms Medical Group

Palms Medical Group provides a full range of healthcare services for all the stages of one's life. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

352-376-8211  
200 SW 62nd Blvd  
Gainesville, FL 32607

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## Putnam County Health Department

[putnam.floridahealth.gov](http://putnam.floridahealth.gov)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-326-3200 or 800-440-0420  
2801 Kennedy St.  
Palatka, Florida 32177

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## Southeastern Integrated Medical, PL

[www.simedpl.com](http://www.simedpl.com)

Southeastern Integrated Medical (SIMED) is a team of physicians, medical professionals and staff members from the North Central Florida community that offers a range of health and patient care services. Services and procedures include assistance with finding a physician or clinic, insurance and payment information, and a range of integrated medical services. Offers low-cost/no-cost mammograms.

**Contact:**

352-224-4090  
4343 Newberry Road  
Suite 18  
Gainesville, FL 32607

## The RAHMA Mercy Clinic

[rahmamericyclinic.com](http://rahmamericyclinic.com)

The RAHMA Mercy Clinic offers free medical services to individuals and families with earnings less than 200% of the Federal poverty Level who are uninsured. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

[info@rahmamericyclinic.com](mailto:info@rahmamericyclinic.com)

(352) 443-5439

5220 SW 13th Street

Gainesville, FL 32608

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## UF Shands Eastside Community Practice

[ufhealth.org/uf-health-family-medicine-eastside](http://ufhealth.org/uf-health-family-medicine-eastside)

General family care offered by University of Florida physicians. Provides patients with consultations, evaluations and treatments for the entire family. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

**Contact:**

352-265-7017 (17 & younger); 352-265-7015 (18 & older)

Pediatrics 352-265-7017

410 NE Waldo Road

Gainesville, FL 32641

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## Union County Health Department

[union.floridahealth.gov](http://union.floridahealth.gov)

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

**Contact:**

386-496-3211

495 E Main Street

Lake Butler, FL 32054

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## We Care Physician Referral Network– Alachua County Health Department

[alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/](http://alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/)

We Care provides access to necessary volunteer medical and dental services for uninsured residents with low income. Offers low-cost/no-cost mammograms. For more information about program services, eligibility criteria and other information call Tony Campo.

**Contact:**

352-334-7926

224 SE 24th St.

Gainesville, FL 32641

# Outreach

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## Cancer Connections

[cancer.ufl.edu/community/education-resources/cancer-connections/](http://cancer.ufl.edu/community/education-resources/cancer-connections/)

Meets once a month virtually from noon until one. The meetings are open to cancer patients, survivors, caregivers and all healthcare professionals who treat them. Each month a speaker gives a presentation on some facet of cancer care. Cancer Connections brings together cancer patients, survivors, caregivers and cancer health care professionals who treat or provide a service to those affected by cancer. Attendees gain a deeper awareness of current research, treatment options and health care services available for cancer care. For meeting dates and topics contact Laura Parra.

**Contact:**

Laura Parra

[lauraparra@ufl.edu](mailto:lauraparra@ufl.edu)

(352) 273-9004

2033 Mowry Road, Suite 145

Gainesville, FL 32610

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## Florida Department of Health

[www.floridahealth.gov](http://www.floridahealth.gov)

The Bureau of Chronic Disease Prevention and Health Promotion, Comprehensive Cancer Control Program provides information and resources for individuals regarding cancer and related topics.

**Contact:**

Information, 850-245-4444

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## Florida Organic Growers

[www.foginfo.org](http://www.foginfo.org)

Florida Organic Growers (FOG) offers SNAP (Supplemental Nutrition Assistance Program, formerly food stamps) recipients the opportunity to use their benefits to purchase food at two farmers markets in Alachua County: the Saturday Alachua County Farmers Market and the Wednesday Union Street Farmers Market. Debit/Credit capabilities are also available.

**WHO CAN USE THIS SERVICE?**

EBT (Electronic Benefits Transfer) technology allows those with SNAP benefits (food stamps) to use their EBT cards at the farmers markets to purchase acceptable items.

Those who wish to use debit or credit cards will also be able to use their cards at the market.

**HOW DOES IT WORK?**

The project uses a token system to enable customers with EBT, Debit or Credit Cards to shop at the farmers markets.

Here's how it works:

1. A customer swipes the EBT, Debit or Credit card at the central POS terminal and enters the PIN.
2. The FOG staff enters the amount of tokens requested into the terminal.
3. Once the transaction is approved, the customer is given a transaction receipt and tokens.
4. The customer then uses the tokens at any participating vendor's stand.

**WHEN ARE THE FARMERS MARKETS?**

The Union Street Farmers Market runs every Wednesday from 4:00pm to 7:00pm.

The Alachua County Farmers Market is every Saturday from 8:30am to 1:00pm.

**WHY SHOULD I SHOP AT THE FARMERS MARKET?**

A diet consisting of at least five servings (2 to 3 cups) of fruits and vegetables daily decreases the risk of heart disease, stroke, obesity, diabetes and certain cancers. Those who consume eight or more servings are 22 percent less likely to die

from heart disease than those who consume three or fewer servings a day. Buying from a farmers market means you're able to purchase food often picked within a couple days of the market date, so its nutritional quality is still high, and it oftentimes hasn't traveled across the country using valuable fuel resources. It also means your dollar is going back into the local economy, helping the farmers and other business owners in the community.

#### WHAT ELSE WILL BE OFFERED?

The on-site FOG market booth will be an informational and education hub, with community resources on gardening, nutrition, cooking, community events and opportunities. It will also provide a place where people can learn how to enroll in SNAP.

#### Contact:

[info@foginfo.org](mailto:info@foginfo.org)

(352) 377-6345

5700 SW 34th St.

Suite 349

Gainesville, FL 32608

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## North Central Florida Cancer Control Collaborative

[www.ncfcancercontrol.org](http://www.ncfcancercontrol.org)

Supports cancer patients, survivors, and their families through community-based events and partnerships. They provide the cancer community with networking opportunities and educational programs, and promote strategies for cancer control and prevention. North Central Florida Cancer Control Collaborative publishes the Cancer Resource Guide for North Central Florida and The Cancer Resource Blog.

#### Contact:

Lindsey Redding

[lredding@wellflorida.org](mailto:lredding@wellflorida.org)

352-313-6500 x8010

1785 NW 80th Blvd.

Gainesville, FL 32606

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## Rural Women's Health Project

[www.rwhp.org/](http://www.rwhp.org/)

A nonprofit organization that creates and implements community-based, health-education projects, trainings, and materials to assist communities in strengthening their understanding of critical health, occupational and family issues.

#### Contact:

[rwhp@cafl.com](mailto:rwhp@cafl.com)

352-372-1095

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## Sisters Network, Inc. (SN)

[www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

#### Contact:

Dianne Townsend

[neflorida@sistersnetworkinc.org](mailto:neflorida@sistersnetworkinc.org)

904-757-6622; For Northeast Florida region: 904-757-6622

## United Way of North Central Florida

Provides free public access and referrals to non-emergency social services for human service agencies, community clubs, interest groups, support groups, government services, recreation and education programs and health resources through our 2-1-1 information and referral helpline.

**Contact:**

2-1-1: free service provided by United Way that connects area residents to critical health and social service resources.  
352-331-2800  
6031 NW 1st Place  
Gainesville, FL 32607

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## Prescriptions

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### Alachua County Social Services—Prescription Discount Card

[www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx](http://www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx)

The Alachua County Prescription Discount Card, in conjunction with the National Association of Counties, offers a complementary discount card program to help Alachua County residents cope with the cost of prescription drugs. The Alachua County Prescription Card is FREE and available to ALL county residents regardless of income.

**Contact:**

Sarai Cabrera , Director of Social Services  
352-264-6750  
218 SE 24th Street  
Gainesville, FL 32641

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### Florida Discount Drug Card Program

[www.floridadiscountdrugcard.com](http://www.floridadiscountdrugcard.com)

Age 60 or older, without prescription drug coverage, or in the Medicare Prescription Drug Coverage gap OR Under age 60, without prescription drug coverage, and with an annual family income of less than 300% of the Federal Poverty Level.  
\$1.50/Activation Fee (one time only).

**Contact:**

866-341-8894

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## FLORIDARXCARD

[www.floridarxcard.com](http://www.floridarxcard.com)

Prescription drug assistance.

**Contact:**

[info@floridarxcard.com](mailto:info@floridarxcard.com)

770-313-7261

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## Transportation

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### Air Charity Network

[aircharitynetwork.org](http://aircharitynetwork.org)

Provides access for people in need who are seeking free air transportation to specialized health care facilities or distant destinations due to family, community, or national crisis. Air Charity Network serves all 50 states and its volunteer pilots utilize their own aircraft, fuel, and time to provide free air transportation to medical facilities for citizens who are financially distressed or otherwise unable to travel via public transportation.

**Contact:**

[coordination@mercymail.org](mailto:coordination@mercymail.org)

(352) 326-0761

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### Corporate Angel Network, Inc. (CAN)

[www.corpangelnetwork.org](http://www.corpangelnetwork.org)

CAN finds free air transportation on corporate flights for eligible cancer patients who need medical treatments like surgeries, clinical trials, or second opinions.

**Contact:**

[info@corpangelnetwork.org](mailto:info@corpangelnetwork.org)

(914) 328-1313

107 Mill Plain Road, Ste. 204

Danbury, CT 06811

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### MV Transportation—Alachua County Transit

[www.mvtransit.com](http://www.mvtransit.com)

MV Transportation, Inc. and all subsidiaries, joint ventures, partnerships and affiliates is a privately held corporation that provides passenger transportation management, operations, and related services to jurisdictional and private entities across North America.

**Contact:**

352-375-2784

Community Transportation

3713 SW 42nd Street, Ste. 3

Gainesville, FL 32608

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## Road to Recovery

[www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html](http://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html)

The Road to Recovery program (provided by the American Cancer Society) provides transportation to and from treatment for people who have cancer and do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their cars so that patients can receive the life-saving treatments they need.

**Contact:**

National Cancer Information Center  
800-227-2345  
2119 SW 16th Street  
Gainesville, FL 32608

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## Suwannee Valley Transit Authority

[www.ridesvta.com/](http://www.ridesvta.com/)

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

**Contact:**

Larry Sessions  
[Larry.esssions@ridesvtd.com](mailto:Larry.esssions@ridesvtd.com)  
386-362-5332  
1907 Voyles Street  
Live Oak, FL 32064

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## Touching Hearts at Home

[touchinghearts.com/gainesville/](http://touchinghearts.com/gainesville/)

Provides personal care and companionship services in Gainesville, The Villages, and Ocala tailored to individual needs. Their caregivers specialize in Alzheimer's, Dementia, and Parkinson's care. Services range from a few hours to 24/7 support, including meal preparation, transportation, light housekeeping, and assistance with daily activities like bathing and grooming.

**Contact:**

(352) 225-3727  
4051 NW 43rd St., Ste. 37  
Gainesville, FL 32606

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