

Caregiver Resources

For Caregivers

American Red Cross

www.redcross.org/local/florida/north-central-florida/about-us/locations/north-central-florida.html

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

Contact:

North Central Florida Chapter
(352) 376-4669
1425 NW 6th St
Gainesville, FL 32601

Caregiver Action Network

www.caregiveraction.org

CAN (formerly NFCA) educates, supports, empowers, and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness, disability, or the frailties of old age. As the nation's leading family caregiver organization, CAN works to improve quality of life for millions of caregivers across the country.

Contact:

info@caregiveraction.org
(855) 227-3640

CaringBridge

www.caringbridge.org

Free, personalized websites that help keep family and friends connected during a serious health event.

Contact:

customercare@caringbridge.org
(651) 789-2300

CaringInfo – A Program of the National Alliance for Care at Home

www.caringinfo.org

The CaringInfo website provides free resources and information about end-of-life issues such as advance care planning,

caregiving, hospice, palliative care, and grief.

Contact:

caringinfo@allianceforcareathome.org

(800) 658-8898

Cooking For Chemo

cookingforchemo.org

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients.

While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

Contact:

Jessie Callahan

cookingforchemo@gmail.com

(720) 388-4063

Family Caregiver Alliance

www.caregiver.org

Provides a variety of free online resources for family caregivers. Their services include assessment, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation vouchers.

Contact:

info@caregiver.org

(800) 445-8106

Haven Hospice

www.beyourhaven.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals, and at their care centers. Haven Hospice also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

Contact:

E.T. York Hospice Care Center: (352) 379-6210

Administrative Office: (352) 379-2929

Palliative Care: (352) 280-5450

Corporate Office: (352) 378-2121

Care Center and Corporate Offices

4200 NW 90th Blvd

Gainesville, FL 32606

HCA North Florida Cancer Support

www.hcafloridahealthcare.com/locations/north-florida-hospital/specialties/oncology/cancer-support

HCA Florida North Florida Hospital partners with Sarah Cannon Cancer Institute to offer comprehensive cancer support and survivorship services for patients, survivors, and caregivers in Gainesville and the surrounding region. Services include support groups, counseling and psychosocial care, nurse navigation, nutrition support, rehabilitation, financial and lodging guidance, spiritual care, and wellness resources designed to address the physical, emotional, and practical needs of individuals throughout the cancer journey. Support services are available from diagnosis through survivorship, with many resources offered both virtually and in person.

Contact:

(352) 900-2658

6500 W Newberry Rd

Gainesville, FL 32605

Hospice Foundation of America

www.hospicefoundation.org

HFA's website offers practical tools, reading suggestions, videos, and tips on caregiving for persons near the end of life who may need hospice care. There are resources available for patients, their families, and professionals. Most of this information is also useful under other caregiving situations.

Contact:

info@hospicefoundation.org

(800) 854-3402

Michelle M. Bishop, PhD – Clinical Health Psychologist

www.coping-with-cancer.net

A licensed clinical health psychologist providing individual counseling and support for cancer patients, survivors, and caregivers, including those affected by blood or marrow/stem cell transplantation. Services include psychotherapy, caregiver support, and facilitation of cancer-related support groups, offered in person and via telehealth.

Contact:

Michelle Bishop

MichelleBishopPhD@gmail.com

(352) 331-0020

2653 SW 87th Dr

Suite A

Gainesville, FL 32605

National Alliance for Care at Home

allianceforcareathome.org

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

Contact:

(202) 547-7424

National Cancer Institute: Support for Caregivers of Cancer Patients

www.cancer.gov/about-cancer/coping/caregiver-support

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help caregivers take care of themselves and care for their loved ones from long-distances.

Contact:

1-800-4-CANCER

National Volunteer Caregiving Network (NVCN)

www.nvcnetwork.org

National Volunteer Caregiving Network (NVCN) is an interfaith volunteer caregiving initiative that brings together volunteers to help people of all ages with long-term health needs to maintain their independence for as long as possible. The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs. Program availability and eligibility vary from one geographic area to another based on age, illness type, and other criteria. Services are listed by state on the website.

Contact:

info@nvcnetwork.org

(512) 582-2197

1765 Goodyear Avenue

Suite 204

Ventura, CA 93003

The Mesothelioma Group

www.mesotheliomagroup.com

The Mesothelioma Group is a small team of healthcare professionals, patient advocates, and communication specialists with the goal of leading the way in supporting and encouraging mesothelioma patients and their families. This is done through patient education, support services, and financial support.

Contact:

help@mesotheliomagroup.com

(800) 333-8975

USAgging – Leaders in Aging Well at Home

www.usaging.org

Advocates services and resources for older adults and persons with disabilities, and caregivers. Members of USAgging have the opportunity to obtain a national voice, to be informed, and to be prepared on aging issues and gain recognition.

Contact:

info@usaging.org

(202) 872-0888

Home Health Agencies

Amedisys Home Health Services

www.amedisys.com

Amedisys provides home-based healthcare services, including home health, hospice, palliative, and high-acuity care. They specialize in personalized clinical support, such as skilled nursing and therapy, to help patients manage illnesses or age in place with dignity. Their website also offers resources for patients, their family and friends, and healthcare providers.

Contact:

(352) 794-3861
2772 NW 43rd Street, Ste. C
Gainesville, FL 32606

CenterWell Home Health

www.centerwellhomehealth.com/about-us/find-care-near-you/h307/centerwell-home-health-gainesville

CenterWell Home Health provides skilled nursing, physical therapy, and specialized care for chronic conditions directly in patients' homes, with a focus on recovery and avoiding unplanned hospital visits. Services include occupational therapy, speech therapy, and home health aide assistance, with care beginning within 24-48 hours of referral. Serving Alachua, Bradford, Putnam, and Union counties. You can learn more on the CenterWell website.

Contact:

(352) 376-3221
3951 NW 48th Ter Ste. 219
Gainesville, FL 32606

Champion Home Health Care

www.champcaregivers.com

Champion Home Health Care provides customized in-home care ranging from non-medical companionship to 24/7 skilled nursing. They specialize in enhancing independence through personal care, medication reminders, therapy services (physical, occupational, and speech), and daily living support like meal prep and transportation.

Contact:

contact@champcaregivers.com
(352) 371-8600
3911 W. Newberry Rd., Ste. B-2
Gainesville, FL 32607

Comfort Keepers

www.comfortkeepers.com/offices/florida/gainesville

A non-medical in-home care agency providing personalized home care services for older adults in Gainesville and surrounding communities. The organization supports seniors and individuals with chronic illness by offering assistance with daily living activities, companionship, respite care, and flexible care plans designed to help clients remain safe, independent, and comfortable in their own homes. Care is delivered by trained caregivers and tailored to each individual's needs and schedule.

Contact:

(352) 855-3793
1035 NW 57th Street
Gainesville, FL 32605

HCA Florida Healthcare at Home – Gainesville

www.hcafloridahealthcare.com/specialties/healthcare-at-home

HCA Florida Healthcare at Home provides a seamless transition from hospital to home through individualized nursing, rehabilitation, and social services. Their multidisciplinary team specializes in comprehensive health assessments, medication management, wound care, and physical, occupational, and speech therapies to support recovery in a home setting.

Contact:

(352) 614-9517
3630 SW 47th Ave Ste. 200
Gainesville, FL 32608

Mederi Caretenders (Gainesville)

lhcgroupp.com/locations/mederi-caretenders-of-north-gainesville/

Mederi Caretenders (Gainesville) provides person-centered home healthcare in Central Florida, specializing in the transition from hospital to home. Their team offers skilled nursing, rehabilitation therapies (i.e. physical, occupational, and speech), and chronic disease management. They feature specialized programs for Alzheimer's, dementia, wound care, and infusion therapy, all delivered under a physician's direct supervision.

Contact:

(352) 379-6217
4923 NW 43rd Street, Ste. A
Gainesville, FL 32653

Mederi Caretenders (Palatka)

lhcgroupp.com/locations/mederi-caretenders-of-palatka/

Mederi Caretenders (Palatka) provides person-centered home healthcare in East Florida, specializing in hospital-to-home transitions. Their team offers skilled nursing, rehabilitation therapies (i.e. physical, occupational, and speech), and chronic disease management. They feature specialized programs for Alzheimer's, dementia, and infusion therapy, along with dedicated patient/caregiver training and wound care, all delivered under a physician's direct supervision.

Contact:

(386) 325-3555
6719 Crill Avenue
Palatka, FL 32177

Shands HomeCare

ufhealth.org/uf-health-shands-homecare

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

Contact:

(352) 265-0789

Toll Free: (800) 999-2189

Touching Hearts at Home

touchinghearts.com/gainesville/

Provides personal care and companionship services in Gainesville, The Villages, and Ocala tailored to individual needs. Their caregivers specialize in Alzheimer's, Dementia, and Parkinson's care. Services range from a few hours to 24/7 support, including meal preparation, transportation, light housekeeping, and assistance with daily activities like bathing and grooming.

Contact:

(352) 225-3727

4051 NW 43rd Street

Suite 37

Gainesville, FL 32606
