

Caregiver Resources

For Caregivers

American Red Cross

www.redcross.org/take-a-class

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

Contact:

North Central Florida Chapter
352-376-4669
1425 NW 6th Street
Gainesville, FL 32601

CaringBridge.org

www.caringbridge.org

Free, personalized websites that help keep family and friends connected during a serious health event.

Contact:

651-789-2300

Cooking For Chemo

cookingforchemo.org

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients.

While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

Contact:

Jessie Callahan
cookingforchemo@gmail.com

Family Caregiver Alliance

www.caregiver.org

Provides a variety of free online resources for family caregivers.

Contact:

info@caregiver.org

1-800-445-8106

Haven Hospice

www.havenhospice.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

Contact:

352-378-2121

Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

Hospice Foundation of America

www.hospicefoundation.org

The Caregiving Resource page of their website offers practical tools, reading suggestions, and tips on caregiving for persons near the endoflife. Most of this information is useful under other caregiving situations.

Contact:

hfaoffice@hospicefoundation.org

800-854-3402

Michelle M. Bishop, PhD

www.coping-with-cancer.net

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

Contact:

Michelle Bishop

Michelle.Bishop@coping-with-cancer.net

352-331-0020

2653 SW 87th Drive, Ste. A

Gainesville, FL 32608

National Association for Home Care & Hospice

www.nahc.com

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

Contact:

202-547-7424

National Association of Area Agencies on Aging (n4a)

www.n4a.org

Advocates services and resources for older adults and persons with disabilities. Members of n4a have the opportunity to obtain a national voice, be informed and prepared on aging issues and gain recognition.

Contact:

202-872-0888

National Cancer Institute: Caregivers, Family & Friends

www.cancer.gov/cancertopics/coping/familyfriends

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help individuals with cancer cope with the illness.

Contact:

1-800-4-CANCER

National Family Caregivers Association (NFCA)

www.caregiveraction.org

NFCA educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

Contact:

info@caregiveraction.org

800-896-3650

National Hospice and Palliative Care Organization

www.caringinfo.org

Their Caring Connections website provides free resources, and information about end-of-life issues such as advance care planning, caregiving, hospice and palliative care and grief.

Contact:

800-658-8898

nhpco_info@nhpco.org

Multilingual Line: 877-658-8896

National Volunteer Caregiving Network

The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs.

Contact:

Kelly McAninch

info@nvcnetwork.org

512-582-2197

7 Elaine Court

Old Bridge, NJ 08857

Strength for Caring: A Place for Caregivers

www.strengthforcaring.com/manual/

A comprehensive website designed to provide family caregivers with a broad range of expert content and information, an emerging online community, daily inspiration and much needed support.

Contact:

Johnson's Home Health Care

1-866-466-3458

The American Association for Caregiver Education

www.caregivered.org

Publishes The Family Caregiver Practical Problem Solving Manual, and provides resources to professionals who train family caregivers.

Contact:

AACE@caregiverEd.org

The Mesothelioma Group

www.mesotheliomagroup.com

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

Contact:

Help@MesotheliomaGroup.com

888-708-5660

Home Health Agencies

Amedisys Home Health Services

www.amedisys.com

Contact:

352-372-0466
201 SE 2nd Avenue
Gainesville, FL 32601

Apex

Contact:

386-325-3555
3900 Crill Avenue
Palatka, FL 32177

Champion Home Health Care

Serving Gainesville and Surrounding Communities. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

Contact:

352-371-8600; 800-330-4125
3911 W. Newberry Rd., Ste. B-2
Gainesville, FL 32607

Comfort Keepers

www.comfortkeepers.com/office-546/gainesville-florida

Contact:

352-331-7760
1035 NW 57th Street
Gainesville, FL 32605

Gentiva Health Services

www.gentiva.com

Contact:

352-376-3221
4011 Northwest 43rd Street
Suite C
Gainesville, FL 32606

Interim Healthcare

Serving Gainesville and the Surrounding Six Counties. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

Contact:

352-378-0333; Toll free: 877-526-0344
Springhill Professional Center
3760 NW 83rd Street
Suite 2
Gainesville, FL 32606

Mederi Caretenders

www.patientcare.com

Contact:

352-379-6217
4923 NW 43rd Street
Suite A
Gainesville, FL 32653

Nurse On Call Home Healthcare

www.nurseoncallfl.com

Contact:

352-395-6424
2234 NW 40th Terrace
Suite B
Gainesville, FL 32605

Omni Home Care – Gainesville

www.omnihomecare.net

Contact:

352-384-9240
2114 NW 40th Terrace
Suite D-2
Gainesville, FL 32605

Omni Home Care – Palatka

www.omnihomecare.net

Contact:

386-312-0646
200 Zeagler Drive
Ste 6
Palatka, FL 32177

Senior Home Care

www.seniorhomecare.net

Contact:

352-332-6575
5860 NW 39th Avenue, Gainesville, FL 32606

Shands HomeCare

ufhealth.org/homecare

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

Contact:

352-265-0789
Toll Free: 800-999-2189

Touching Hearts

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

Contact:

352-225-3727: Toll Free: 855-725-537
5109 N.W. 39th Avenue
Suite F
Gainesville, FL 32606
