

# Caregiver Resources

## For Caregivers

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### American Red Cross

[www.redcross.org/take-a-class](http://www.redcross.org/take-a-class)

Offers training in Family Caregiving, which provides a variety of information-packed sessions covering topics that can help you provide better care for a sick or elderly loved one at home. Topics include general caregiving skills, assisting with personal care, and legal and financial issues.

**Contact:**

North Central Florida Chapter  
352-376-4669  
1425 NW 6th Street  
Gainesville, FL 32601

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### Caregiver Action Network

[www.caregiveraction.org](http://www.caregiveraction.org)

NFCA educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability or the frailties of old age.

**Contact:**

855-227-3640

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### CaringBridge.org

[www.caringbridge.org](http://www.caringbridge.org)

Free, personalized websites that help keep family and friends connected during a serious health event.

**Contact:**

651-789-2300

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### Cooking For Chemo

[cookingforchemo.org](http://cookingforchemo.org)

A "How To Cook" Cookbook that teaches you how to adjust your cooking for chemotherapy patients. While most cancer cookbooks are focused on teaching you about healthy ingredients and recipes to eat, Cooking For Chemo focuses on teaching you how to adjust flavor so you can enjoy your food again while undergoing chemotherapy treatments. The theory Chef Ryan Callahan teaches you can be applied to ANY diet or dietary regimen that your dietitian or

physician puts you on. The applicability of this theory to any style of cooking or dietary requirements is what sets this book apart from all other books.

**Contact:**

Jessie Callahan

[cookingforchemo@gmail.com](mailto:cookingforchemo@gmail.com)

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## Family Caregiver Alliance

[www.caregiver.org](http://www.caregiver.org)

Provides a variety of free online resources for family caregivers.

**Contact:**

[info@caregiver.org](mailto:info@caregiver.org)

1-800-445-8106

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## Haven Hospice

[www.beyourhaven.org](http://www.beyourhaven.org)

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

**Contact:**

352-378-2121

Development: 800-727-1889

Administrative Offices

4200 NW 90th Blvd.

Gainesville, FL 32606

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## Hospice Foundation of America

[www.hospicefoundation.org](http://www.hospicefoundation.org)

The Caregiving Resource page of their website offers practical tools, reading suggestions, and tips on caregiving for persons near the endoflife. Most of this information is useful under other caregiving situations.

**Contact:**

[hfaoffice@hospicefoundation.org](mailto:hfaoffice@hospicefoundation.org)

800-854-3402

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## Michelle M. Bishop, PhD

[www.coping-with-cancer.net](http://www.coping-with-cancer.net)

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

**Contact:**

Michelle Bishop

[Michelle.Bishop@coping-with-cancer.net](mailto:Michelle.Bishop@coping-with-cancer.net)

352-331-0020

2653 SW 87th Drive, Ste. A

Gainesville, FL 32608

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## National Association for Home Care & Hospice

[www.nahc.com](http://www.nahc.com)

Offers educational materials and information on agencies, hospices, home care aide organizations and medical equipment suppliers.

**Contact:**

202-547-7424

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## National Association of Area Agencies on Aging (n4a)

[www.n4a.org](http://www.n4a.org)

Advocates services and resources for older adults and persons with disabilities. Members of n4a have the opportunity to obtain a national voice, be informed and prepared on aging issues and gain recognition.

**Contact:**

202-872-0888

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## National Cancer Institute: Caregivers, Family & Friends

[www.cancer.gov/cancertopics/coping/familyfriends](http://www.cancer.gov/cancertopics/coping/familyfriends)

Information to help caregivers cope while caring for a loved one with cancer, and also features resources that help individuals with cancer cope with the illness.

**Contact:**

1-800-4-CANCER

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## National Hospice and Palliative Care Organization

[www.caringinfo.org](http://www.caringinfo.org)

Their Caring Connections website provides free resources, and information about end-of-life issues such as advance care planning, caregiving, hospice and palliative care and grief.

**Contact:**

800-658-8898

[nhpco\\_info@nhpco.org](mailto:nhpco_info@nhpco.org)

Multilingual Line: 877-658-8896

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## National Volunteer Caregiving Network

The mission of National Volunteer Caregiving Network is to promote volunteer caregiving through advocacy and the support and development of local programs.

**Contact:**

[info@nvcnetwork.org](mailto:info@nvcnetwork.org)

512-582-2197

1765 Goodyear Avenue, Suite 204

Ventura, CA 93003

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## The American Association for Caregiver Education

[www.caregivered.org](http://www.caregivered.org)

Publishes The Family Caregiver Practical Problem Solving Manual, and provides resources to professionals who train family caregivers.

**Contact:**

[AACE@caregiverEd.org](mailto:AACE@caregiverEd.org)

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## The Mesothelioma Group

[www.mesotheliomagroup.com](http://www.mesotheliomagroup.com)

Our goal at the Mesothelioma Group is to increase mesothelioma awareness and assist those already afflicted. We believe that any individual that is diagnosed with cancer deserves to have the best information and support available.

**Contact:**

[Help@MesotheliomaGroup.com](mailto:Help@MesotheliomaGroup.com)

800-333-8975

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## Home Health Agencies

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### Amedisys Home Health Services

[www.amedisys.com](http://www.amedisys.com)

**Contact:**

352-794-3861

2772 NW 43rd Street

Suite C

Gainesville, FL 32606

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## Champion Home Health Care

[championhome.com](http://championhome.com)

Serving Gainesville and Surrounding Communities. Alachua, Bradford, Columbia, Dixie, Gilchrist, Levy and Union Counties.

**Contact:**

352-371-8600

3911 W. Newberry Rd., Ste. B-2  
Gainesville, FL 32607

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## Comfort Keepers

[www.comfortkeepers.com/office-546/gainesville-florida](http://www.comfortkeepers.com/office-546/gainesville-florida)

**Contact:**

352-221-9244

1035 NW 57th Street  
Gainesville, FL 32605

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## Kindred At Home

[Kindredhealthcare.com](http://Kindredhealthcare.com)

**Contact:**

352-376-3221

3951 NW 48th Ter  
Suite 219  
Gainesville, FL 32606

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## Mederi Caretenders

[LHCgroup.com](http://LHCgroup.com)

**Contact:**

352-379-6217

4923 NW 43rd Street  
Suite A  
Gainesville, FL 32653

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## Mederi Caretenders Palatka

[www.lhcgroup.com](http://www.lhcgroup.com)

**Contact:**

386-325-3555  
6719 Crill Avenue  
Palatka, FL 32177

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## Nurse On Call Home Healthcare

[www.nurseoncallfl.com](http://www.nurseoncallfl.com)

**Contact:**

352-395-6424  
3630 SW 47th Ave  
Gainesville, FL 32608

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## Omni Home Care – Palatka

[www.omnihomecare.net](http://www.omnihomecare.net)

**Contact:**

386-312-0646  
700 Zeagler Drive  
Palatka, FL 32177

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## Senior Home Care

[www.seniorhomecare.net](http://www.seniorhomecare.net)

**Contact:**

352-332-6575  
5860 NW 39th Avenue, Gainesville, FL 32606

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## Shands HomeCare

[ufhealth.org/homecare](http://ufhealth.org/homecare)

Shands HomeCare offers a wide array of support services and assistance, from skilled nursing and therapy to homemaker services. Many of these services are covered under health insurance plans and Medicare. If you would like more information about Shands HomeCare and you live in Alachua, Dixie, Gilchrist, Levy, Bradford, Union, Putnam, Lafayette, Columbia, Suwannee, Hamilton or Marion counties, please call.

**Contact:**

352-265-0789  
Toll Free: 800-999-2189

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## SunCrest OMNI Home Health – Newberry

[www.lhcgroup.com](http://www.lhcgroup.com)

**Contact:**

352-384-9240  
95 NW 253rd St.  
Suite 3  
Newberry, FL 32669

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## Touching Hearts

[www.touchinghearts/gainesville.com](http://www.touchinghearts/gainesville.com)

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

**Contact:**

[e.haloren@touchinghearts.com](mailto:e.haloren@touchinghearts.com)

352-225-3727  
4051 NW 43rd St.  
Suite 37  
Gainesville, FL 32606

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