Community Resources

Alachua County Social Services

www.alachuacounty.us/Depts/CSS/SocialServices

Alachua County Social Services is committed to helping all Alachua County citizens reach or return to a state of selfsufficiency by providing temporary assistance through a variety of sustainability programs. Citizens must meet Core Eligibility Guidelines and fall within established limits of the annual Federal Poverty Level. Programs include AlachuaCares Health Services (Primary Care, Outpatient Diagnostics, Prescription Assistance, Medical Supplies, Vision Exams and Eyeglasses) and Sustainability Programs (Eviction and Foreclosure Prevention, Utilities Assistance, Public Transportation).

Contact: socialservices@alachuacounty.us (352) 264-6750 218 SE 24th St Gainesville, FL 32641

Gainesville, Florida Multiple Myeloma Support & Networking Group

Our mission is to support each other as Patients, Survivors, Caregivers, Family, and Friends in a friendly relaxed environment. We welcome all new members from any surrounding counties. We frequently have Oncology guest speakers, who keeps the group provided on new technology in the treatment of Multiple Myeloma. March is Multiple Myeloma Action Month and we now have an annual seminar in the month of march. Please come for a visit, and we hope you become an member.

UPDATE: Meetings are hosted via Zoom. Hope to have a combination of virtual and in-person in the near future.

Contact:

Linda Stegall Henry <u>Ishenry@embarqmail.com</u> 352-529-7050 Meets 2nd Monday of the Month 5:30 - 7:30 pm Cancer Center @ NFRMC Community Room 6420 NW Newberry Road Gainesville, Florida 32605

Mesothelioma Guide

www.mesotheliomaguide.com

Mesothelioma Guide provides information to patients with mesothelioma and their families. Mesothelioma is a cancer caused by exposure to asbestos. Generally, it affects 3,000 people in the United States per year. It affects the lining of the lungs, abdomen, and heart. By offering material on the causes and risk factors associated with mesothelioma, treatment options that are available, and prognosis statistics, Mesothelioma Guide is one of the top sites on the web for those affected by mesothelioma.

Contact:

webmaster@mesotheliomaguide.com 888-385-2024

SHARE: Dedicated Experienced Support for women facing breast and ovarian cancers

www.sharecancersupport.org

For more than 35 years, SHARE has been a key source of information and support for women facing breast and ovarian cancers. By calling our toll-free helplines, people affected by these diseases can get immediate assistance from cancer survivors who are trained to provide support and information, and help callers sort through options and make informed decisions. SHARE offers a Breast Cancer Helpline, an Ovarian Cancer Helpline, a Caregiver Support Helpline and a Spanish-language Helpline. We also offer teleconferencing support for woman living with metastatic breast cancer. Every year, SHARE's Helplines provide immediate help to thousands of callers who need to talk to someone who has been there.

Contact:

212-719-0364 165 West 46th St Suite 712 New York, NY 10036

Breast Prosthesis, Wig & Accessories

4women.com

www.4women.com

Provides fashionable scarves, accessories and natural makeup for women and girls who are experiencing hair loss. The beaubeau scarf is a unique alternative to wearing a wig. It comes in several different fabric choices and a myriad of colors and designs. Our swim cap (swimbeau) is a wonderful alternative to the traditional rubberized swim cap. It's secure, comfortable and very fashionable. Our motto is "just because you have lost your hair does not mean you have lost your sense of style."

Contact:

info@4women.com 941-362-0250

A Place for Her—Baycare Home Care

Featuring a complete line of post mastectomy, lumpectomy and reconstructive products. Breast forms, brassieres, postsurgical camisoles, wigs and swimwear from well-known manufacturers such as Amoena, Camp, Airway, Classique, Ladies First, Jodee, Anita, Coloplast, Jon Renau and many more are available in assorted fashionable styles.

Contact:

727-447-1146 1245 S. Fort Harrison Avenue Clearwater, FL 33756

Alachua Unit—Gift Closet

Provides specific items to cancer patients at no charge. The ONLY items carried are: wigs, turbans, hats scarves, breast prostheses and bras.

Contact: Laurel Arnold, Office & Event Support 352-376-6866 x5057 2119 SW 16th Street Gainesville, FL 32608

All About You Women's Boutique

www.aaywb.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Lori Timmreck aaywbocala@gmail.com 352-236-2599 4901 E. Silver Springs Boulevard Ste. 505 Ocala, FL 34470

Angel Snugs Inc

www.angelsnugs.org

Our program provides knitted and crocheted beanies and scarves – "snugs", to children with cancer. We also instruct how to make snugs, providing all materials needed, at monthly events. After these events, the snugs are distributed to the children at their treatment facility. Snugs are also sold to raise money for the materials to make them, as well as operating costs.

Contact:

Angi Farrugia info@angelsnugs.org 419-407-6847 8297 ChampionsGate Blvd PMB 314 ChampionsGate, FL 33896

Cancer Care of North Florida

cancercareofnorthflorida.com

The American Cancer Society and Community Cancer Center of North Florida have partnered up and opened a resource center in Lake City.

Cancer Care of North Florida will be available to all cancer patients needing items such as wigs, prosthesis, hats, scarfs and varying literature on resources and services available. The center will be opened Monday – Friday from 8 am to 4 PM.

Contact:

(386) 755-0601 4520 W US Highway 90

Cancer Center at Lake City

www.cancercenterlakecity.com

Provides specific items to cancer patients at no charge. The ONLY items carried are: brochures, wigs, turbans, breast prostheses and laryngectomy bibs.

Contact:

386-758-7822 795 SW Hwy. 47 Lake City, FL 32025

Desota Drug Store and Home Care

Desota Drug Store and Home Care offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Phyllis Houston, RN, Fitter 386-752-1793 297 N Marion Avenue Lake City, FL 32055

Especially for Women

especiallyforwomengainesville.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter.

Contact:

Rita Toro, Owner office@especiallyforwomengainesville.com 352-332-9095 6781 W. Newberry Rd Gainesville, FL 32605

North Florida Orthotics

www.northfloridaorthotics.com

Offers a full line of quality breast forms and mastectomy bras for every type of breast surgery from the leading suppliers of mastectomy accessories. Fittings are available in a private area with a certified fitter. Suppliers: American Breast Care (ABC), Jodee, Airway and Most Name Brands.

Contact:

Marsha Kirkland, Owner info@northfloridaorthotics.com 352-377-7003

The Pink Door

www.pinkdoor.org

A boutique environment offering prostheses, mastectomy bras, specially designed sleepwear, loungewear, active wear, camisoles, swimwear, wigs, turbans, scarves and more.

Contact: thepinkdoor1@bellsouth.net 386-328-9424

306 Oak Street Palatka, FL 32177

Care

American Cancer Society (ACS)

www.cancer.org

Services such as transportation, housing, financial assistance, Hope Lodges, clinical trials, service matching and support groups are available to cancer patients and their families.

Contact:

ACS provides resources 24 hours a day, seven days a week, through a toll-free multilingual call center at 1-800-ACS-2345

Dragon Rises College of Oriental Medicine

Low cost clinic offers acupuncture and various modalities for the relief of the side effects of cancer treatments such as nausea and fatigue, and help in rebuilding the immune system. Please call to set up an appointment.

Contact: Lisa Anderson adminasst@dragonrises.edu 352-371-2833 ext. 21 1000 NE 16th Avenue

Gainesville, FL 32601

Building F

Florida Cancer Trials, Inc.

www.flcancer.com/clinical-trials/

Florida Cancer Clinical Trial Information and Matching Service: This is a Web and Telephone-based resource that allows the user to search for and identify active clinical trials throughout Florida for more than 100 different cancers. The patient

would be matched to trials by completing a Confidential Patient Profile.

Contact: Clinical Trials Specialists <u>clinicaltrials@FLCancer.com</u> 239-274-9930

Haven Hospice

beyourhaven.org

Haven Hospice offers Patient and Family Care at home, in nursing homes, in hospitals and at their care centers. Also helps patients manage their symptoms and gives families/caregivers needed resources and assistance.

Contact:

352-378-2121 Development: 800-727-1889 Administrative Offices 4200 NW 90th Blvd. Gainesville, FL 32606

Meridian Behavioral Healthcare, Inc.

www.mbhci.org

Meridian Behavioral Healthcare provides individualized services designed to facilitate recovery by utilizing evidence-based practices for individual, families and group therapy. Meridian offers a full continuum of care though 60 different programs that meet the mental health and substance abuse needs of children and adults.

Contact:

Information/Scheduling 352-374-5600; 800-330-5615 4300 SW 13th St. Gainesville, FL 32608

Michelle M. Bishop, PhD

www.coping-with-cancer.net

A licensed psychologist who provides therapy to help survivors and their loved-ones deal with the stressors of cancer, treatment and the adjustment to survivorship. She also provides caregiver coaching. She is a preferred provider for Blue Cross and Blue Shield as well as Medicare. Limited slots are available at reduced cost for those with financial hardship.

Contact:

Michelle Bishop <u>Michelle.Bishop@coping-with-cancer.net</u> 352-331-0020 2653 SW 87th Drive, Ste. A Gainesville, FL 32608

UF & Shands High Risk Breast Cancer Clinic

www.shands.org/breastcenter

Provides evidence-based prevention of breast cancer to patients at above-average risk based on family history, prior breast biopsies and/or thoracic radiation therapy, hormone replacement therapy, reproductive history, Ashkenazi Jewish history and breast density. The clinic sees patients the 1st and 3rd Mondays of the month, and provides individualized assessment of risk and plan development, which may include breast MRI, genetic counseling and/or testing, chemo-prevention and lifestyle modification.

Contact:

352-265-7070

Children

BASE Camp Children's Cancer Foundation

www.basecamp.org

Providing a year-round base of support for children and families who are facing the challenge of living with cancer and other life-threatening hematological illnesses.

Contact:

407-673-5060 650 Wymore Rd #103 Winter Park, FL 32789

Boggy Creek Camp—Florida

www.boggycreek.org

Camp Boggy Creek is a free medical camp in Eustis, FL. Mission: To enrich the lives of children (ages 7-16) who have chronic or life threatening illnesses by creating camping experiences that are fun, empowering, safe and medically sound.

Contact:

Mary Parrish, Recruitment Coordinator mary@boggycreek.org 352-483-4200 x 4525 30500 Brantley Branch Road Eustis, FL 32726

Camp Kesem at University of Florida

campkesem.org

Camp Kesem provides a free week of summer camp to kids who have a parent affected by cancer. Camp Kesem is a free sleep-away camp put on by University of Florida, Miami University and Florida State University students. This unique camp offers a fun, safe and supportive environment that allows children between the ages of 6 and 16 to form bonds with peers who share similar experiences.

Contact:

Scott Arizala, Summer Camp Consultant & Trainer: 734-657-0057 Information/Registration: 253-736-3821

Give Kids the World

www.gktw.org

Give Kids the World is a 51-acre resort in Central Florida for children between the ages of 3 to18 with life threatening illnesses and a desire to come to Central Florida to visit attractions. This is an all expense paid vacation, which includes rental care, theme park tickets, a stay at an on site villa, airfare and food. To be eligible children cannot have had another wish granted.

Contact:

407-396-1114 210 S Bass Road Kissimmee, FL 34746

New Hope for Kids

www.newhopeforkids.org

Wish Fulfillment for children living in Florida, with life-threatening illnesses who have not yet reached their 19th birthday nor had a wish granted previously.

Contact:

information@newhopeforkids.org 407-331-3059 544 Mayo Ave. Maitland, FI 32751

Sunshine Kids

www.sunshinekids.org

Nonprofit organization providing emotional support to kids who are receiving cancer treatment. The Sunshine Kids Foundation is dedicated to providing exciting activities, trips and events for young cancer patients (age newborn – 18 years).

Contact:

info@sunshinekids.org 800-594-5756

Fitness & Stress Reduction

Gainesville Health & Fitness Cancer Recovery Program

A free four-week cancer fitness program for those undergoing treatment and those that have completed treatment with a physician referral. Use fitness to battle cancer-related fatigue, improve your strength, experience a renewed feeling of

empowerment, and live a longer life-free from cancer. Call to make an appointment for orientation.

Contact:

Debbie Lee 352-377-4955 4820 Newberry Road Gainesville, FL 32608

Guided Meditation Class for Cancer Patients

Evidence-based research has shown Reiki therapy promotes relaxation, a sense of well-being, reduction in anxiety, relief from pain, and improves quality of sleep. In my own experience in private practice,

patients receiving Reiki therapy integrated with various cancer treatments have reported significant pain relief, relief from nausea, headaches and neuropathy, as well as improved quality and quantity of sleep. To schedule an initial visit, please call 386-853-0162.

A Guided Meditation class is now scheduled on Tuesdays at noon at the Cancer Center of North Florida Regional in a room just off the lobby (to the right as you enter), called the "Health & Healing Place."

The Cancer Center is a stand-alone building on the northeast corner of the hospital. It sits north of the Medical Arts building, and shares a free-parking garage with the Medical Arts Building. Additional parking for the Cancer Center is outside, and you are able to park there if you prefer.

Contact:

Joan Ellen Kniseley misterk9@windstream.net 386-853-0162 4131 NW 28th Lane, Suite 5 Gainesville FL 32606

Safe & Comforting Massage for All

www.AdvancedMassageWorks.com

Offering Therapeutic Massage with skills in Deep Tissue, Connective Tissue, Polarity, MPS Scar & Pain Management Therapy, Warm Bamboo Fusion, Oncology Massage (safely work with Cancer and Mastectomy/Lymphedema Risk Patients)

Manual Lymphatic Drainage with Complete Decongestive Therapy

Integrative Therapies include: Aroma Therapy, Reiki, Oneness Blessing/Deeksha

Handicap Accessible office.

Lily is active and passionate in educating women on the risks and prevention of Lymphedema. She now offers a Lymphedema Risk Management MLD package that is affordable to all women. As a member of FSMTA and The Society For Oncology Massage, she actively volunteers in our community.

Contact:

Lily Van Halen <u>lily@AdvancedMassageWorks.com</u> 352-278-1025 2727-B NW 43rd St. Suite 8 Gainesville, FI 32609

Team Survivor of North Florida

www.teamsurvivor.org

An organization that provides exercise and health education to women of Northern Florida who have been affected by cancer. The programs, which combine fun fitness activities with emotional support, are an important part of the ongoing healing process for women living with and surviving cancer. Activities range from Tai Chi, Dragon Boating and yoga to triathlons and marathons. They require no commitment of time and are free to participants. Survivors are encouraged to participate at their current level of fitness and can join TSNF after their medical release forms are signed and submitted. To access these forms and for more information about Team Survivor North Florida, please visit the Team Survivor website.

Contact:

northflorida@teamsurvivor.org 352-505-5413

Yoga for Healthcare

Yogaforhealthcare.com

Oncology trained yoga professional offering stress reduction programs, gentle restorative yoga, guided relaxation and meditation practices to cancer survivors and their families. Individualized and group instruction available.

Contact:

Tammy Bernard, M.Ed., RYT <u>Tammy@yogaforhealthcare.com</u> 352-219-8012 PO Box 357382 Gainesville, FL 32635

Lodging

Alachua County Housing Programs

growth-management.alachuacounty.us/housing_programs/

Funding is available for homeowners residing in the County, outside of Gainesville, for emergency repairs involving roof, well or septic, electrical hazards or accessibility repairs.

We also have down payment/closing cost assistance through the SHIP program for first-time homebuyers.

Contact:

Alachua County Department of Growth Management Housing Programs <u>twebster@alachuacounty.us</u> 352-374-5249 10 SW 2nd Avenue, 1st Floor Gainesville, FL 32601

American Cancer Society

The Hope Lodge provides free housing to eligible cancer patients who are receiving treatment at one of the area medical facilities.

Contact:

(352) 3376-6866 2121 SW 16th Street

National Association of Hospital Hospitality Houses, Inc.

www.nahhh.org

Provides lodging and support services to patients, families and their loved ones who are receiving medical treatment far from home.

Contact: 800-318-8861

Ronald McDonald House of Gainesville

www.rmhcncf.org

Provides temporary housing, basic amenities and support to families with critically ill children treated at area medical facilities.

Contact:

Info@rmhcncf.org 352-374-4404 1600 SW 14th Street Gainesville FL 32608

Medical Assistance

Alachua County CHOICES Health Services

www.alachuacounty.us/government/depts/css/choices/

A health services program designed to help working uninsured residents of Alachua County stay healthy. Eligibility Guidelines: Age 18 – 64, US Citizen or Permanent Resident, Alachua County Resident, Employed 20 Hours a Week or more, Limited Household Income, and Not eligible for Health Insurance (Private, Medicaid, Medicare or VA Benefits).

Contact:

cbishop@alachuacounty.us 352-264-6707 218 SE 24th Street Gainesville, FL 32641

Alachua County Health Department

alachua.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact: To make an appointment: 352-334-7910 224 SE 24th St. Gainesville, FL 32641

Archer Family Health Care

afhc.nursing.ufl.edu

A service of UF College of Nursing provides Primary Care services for adults and children. Participating providers of Aetna, Avmed, BCBS, Cigna, Humana, United Health Care, Medicare and Medicaid. Uninsured patients are seen on a sliding fee scale determined by income and family size based on the Federal Governments Poverty Guideline. Patients are seen by appointment ,walk in and same day appointments.

Contact:

Joan Walker, CMM, CPM, Practice Manager (352) 265-2550 16939 SW 13th Avenue Archer, FL 32618

Arlene M. Weinshelbaum, MD, PA

A mammography facility accredited by The American College of Radiology. Offers low-cost mammograms. Certain patients may qualify for vouchers that can be applied to covering the cost of their service.

Contact:

352-331-0115 6820 NW 11th Place Gainesville, FL 32605

Aza Health

azahealth.org

Azalea Health provides Primary and Preventative Care for qualified clients. Fees are based on a sliding scale. Must provide proof of income.

Contact:

386-684-4914 1213 State Road 20 W. Interlachen, FL 32148

Bradford County Health Department

bradford.floridahealth.gov/locations/location-page-main.html

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Children's Medical Services- Gainesville

www.cms-kids.com

Children's Medical Services (CMS) is a collection of programs for eligible children with special needs. Each one of our programs and services are family-centered and designed to help children with a variety of conditions and needs.

Contact:

(800) 334-1447 1701 S.W. 16th Avenue Building B Gainesville, FL 32608

Columbia County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income. Must call for appointment.

Contact:

webinfocolumbia@flhealth.gov Scheduling 386-758-1068 217 NE Franklin Street Lake City, FL 32055

Dixie County Health Department

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-498-1360 149 NE 241st Street Cross City, FL 32628

Doctors Imaging Group

www.doctorsimaginggroup.com

Committed to ensuring quality images as well as accurate and timely reports for the delivery of patient centered care. Offers low-cost/no-cost mammograms.

Contact:

info@doctorsimaginggroup.com 352-331-9729 6719 NW 11th Plain Gainesville, FL 32605

Equal Access Clinic

equalaccess.med.ufl.edu/

A network of interdisciplinary student-run free clinics through the University of Florida College of Medicine. The clinic provides healthcare services, patient education and linkage to community resources. Clinics are located throughout Gainesville.

Contact:

For appointments, call: 352-273-9425

Florida Breast & Cervical Cancer Early Detection Screening Program (FBCCEDP)

FBCCEDP is a breast and cervical cancer screening program that provides reduced-cost or free mammograms, clinical breast exams and Pap smears to low-income, uninsured women between the ages of 50 and 64. The Pasco and Putnam County Health Departments (CHD) provide FBCCEDP services in North Central Florida.

Contact:

1-800-227-2345 for more information. cancer@flhealth.gov 850-245-4144 4052 Bald Cypress Way Tallahassee, FL 32399

Gilchrist County Health Department

gilchrist.floridahealth.gov/locations/location-page-gilchrist.html

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

352-463-3120 119 NE 1st Street Trenton, FL 32693

Hamilton County Health Department

hamilton.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-792-1414 209 SE Central Avenue Jasper, FL 32052

HealthStreet

healthstreet.program.ufl.edu/

A resource provided by the University of Florida Department of Epidemiology that offers community-based efforts to reduce disparities in healthcare and research by providing the medically underserved with medical and social services and opportunities to participate in research. HealthStreet also offers free services including: health screenings, use of computers, classes and more.

Contact:

352-294-4880 2401 SW Archer Road, Gainesville, FL 32608

Helping Hands Clinic

A free medical clinic for the homeless. Services include: Primary Care, Psychiatric Care, Nursing Care, Immediate Needs Management and Preventative Care.

Contact:

352-519-5542 509 NE 1st St Gainesville, FL 32601

Lafayette County Health Department

lafayette.floridahealth.gov/index.html

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-294-1321 140 SW Virginia Circle Mayo, FL 32066

Lake Shore Hospital Authority

www.lakeshoreha.org

Lake Shore Hospital Authority offers financial assistance for Columbia County residents who have lived in Columbia County for at least ninety days (90) and meet income guidelines. Clients must provide Photo Identification, proof of residency and proof of income for a three (3) month period prior to application to be considered.

Contact:

info@lakeshoreha.org 386-755-1090 259 NE Franklin Street, Ste. 102 Lake City, FL 32055

Levy County Health Department

levy.floridahealth.gov/

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact: 352-486-5300 66 West Main Street Bronson, FL 32621

North Florida Regional Medical Center—Women's Center

nfrmc.com/service/breast-health North Florida Regional Medical Center offers free/reduced cost mammograms.

Contact:

(352) 339-7000 6500 Newberry Road Ste. 102 Gainesville, FL 32605

Palms Medical Group

Provides Comprehensive Primary Care services for qualified clients. Fees are based on a sliding scale determined by income and family size. A medication assistance program is available as well.

Contact: 386-755-4020 173 NW Albritton Lane Lake City, FL 32056

Palms Medical Group

Palms Medical Group provides a full range of healthcare services for all the stages of one's life. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

Contact: 352-376-8211 200 SW 62nd Blvd Gainesville, FL 32607

Physicians Imaging

Physicians Imaging offers reduced cost mammograms for uninsured patients. Payment plans are available if needed. Call for appointment.

Putnam County Health Department

putnam.floridahealth.gov

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-326-3200 or 800-440-0420 2801 Kennedy St. Palatka, Florida 32177

Southeastern Integrated Medical, PL

www.simedpl.com

Southeastern Integrated Medical (SIMED) is a team of physicians, medical professionals and staff members from the North Central Florida community that offers a range of health and patient care services. Services and procedures include assistance with finding a physician or clinic, insurance and payment information, and a range of integrated medical services. Offers low-cost/no-cost mammograms.

Contact:

352-224-4090 4343 Newberry Road Suite 18 Gainesville, FL 32607

The RAHMA Mercy Clinic

rahmamercyclinic.com

The RAHMA Mercy Clinic offers free medical services to individuals and families with earnings less than 200% of the Federal poverty Level who are uninsured. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer treatment.

Contact:

info@rahmamercyclinic.com (352) 443-5439 5220 SW 13th Street Gainesville, FL 32608

UF Shands Eastside Community Practice

ufhealth.org/uf-health-family-medicine-eastside

General family care offered by University of Florida physicians. Provides patients with consultations, evaluations and treatments for the entire family. A low-cost/no-cost wellness clinic; schedule annual physical exams and referrals for cancer

treatment.

Contact:

352-265-7017 (17 & younger); 352-265-7015 (18 & older) Pediatrics 352-265-7017 410 NE Waldo Road Gainesville, FL 32641

Union County Health Department

union.floridahealth.gov

County Health Departments provides Primary Care, Pediatrics, Family Planning, HIV/AIDS Services and Immunizations for individuals who are uninsured or under-insured. Fees are based on a sliding scale depending on income.

Contact:

386-496-3211 495 E Main Street Lake Butler, FL 32054

We Care Physician Referral Network– Alachua County Health Department

alachua.floridahealth.gov/programs-and-services/wellness-programs/we-care/

We Care provides access to necessary volunteer medical and dental services for uninsured residents with low income. Offers low-cost/no-cost mammograms. For more information about program services, eligibility criteria and other information call Tony Campo.

Contact:

352-334-7926 224 SE 24th St. Gainesville, FL 32641

Outreach

Cancer Connections

Meets one Wednesday a month at Health Street at from noon until one. The meetings are open to patients, survivors, caregivers and all healthcare professionals who treat them. Each month a speaker gives a presentation on some facet of cancer care. The purpose of the meetings is to bring cancer specialists together for networking purposes, and to help educate both healthcare professionals and patients about the services available in our area. For meeting dates and topics contact Barb Thomas.

Contact:

Jodian Blake blake.j@ufl.edu 352-377-4427 2401 SW Archer Rd Gainesville, FL 32608

Florida Department of Health

www.floridahealth.gov

The Bureau of Chronic Disease Prevention and Health Promotion, Comprehensive Cancer Control Program provides information and resources for individuals regarding cancer and related topics.

Contact: Information, 850-245-4444

Florida Organic Growers

www.foginfo.org

Florida Organic Growers (FOG) offers SNAP (Supplemental Nutrition Assistance Program, formerly food stamps) recipients the opportunity to use their benefits to purchase food at two farmers markets in Alachua County: the Saturday Alachua County Farmers Market and the Wednesday Union Street Farmers Market. Debit/Credit capabilities are also available. WHO CAN USE THIS SERVICE?

EBT (Electronic Benefits Transfer) technology allows those with SNAP benefits (food stamps) to use their EBT cards at the farmers markets to purchase acceptable items.

Those who wish to use debit or credit cards will also be able to use their cards at the market.

HOW DOES IT WORK?

The project uses a token system to enable customers with EBT, Debit or Credit Cards to shop at the farmers markets. Here's how it works:

1. A customer swipes the EBT, Debit or Credit card at the central POS terminal and enters the PIN.

2. The FOG staff enters the amount of tokens requested into the terminal.

3. Once the transaction is approved, the customer is given a transaction receipt and tokens.

4. The customer then uses the tokens at any participating vendor's stand.

WHEN ARE THE FARMERS MARKETS?

The Union Street Farmers Market runs every Wednesday from 4:00pm to 7:00pm.

The Alachua County Farmers Market is every Saturday from 8:30am to 1:00pm.

WHY SHOULD I SHOP AT THE FARMERS MARKET?

A diet consisting of at least five servings (2 to 3 cups) of fruits and vegetables daily decreases the risk of heart disease, stroke, obesity, diabetes and certain cancers. Those who consume eight or more servings are 22 percent less likely to die from heart disease than those who consume three or fewer servings a day. Buying from a farmers market means you're able to purchase food often picked within a couple days of the market date, so its nutritional quality is still high, and it oftentimes hasn't traveled across the country using valuable fuel resources. It also means your dollar is going back into the local economy, helping the farmers and other business owners in the community.

WHAT ELSE WILL BE OFFERED?

The on-site FOG market booth will be an informational and education hub, with community resources on gardening, nutrition, cooking, community events and opportunities. It will also provide a place where people can learn how to enroll in SNAP.

Contact:

info@foginfo.org (352) 377-6345 5700 SW 34th St. Suite 349 Gainesville, FI 32608

Florida Right To Know Campaign

www.rtk.phhp.ufl.edu/

The Right To Know campaign promotes breast cancer screening for women living with disabilities through a set of educational printed and digital materials. These materials provide information directed at both women living with most types

of disabilities, as well as health care providers. Materials are free and available on our website.

Contact: 352-273-5279

Haven Transistions

A free program that offers information, resources and referrals to individuals who are coping with a life-limiting or terminal illness.

Contact:

352-378-7484; Toll free at 1-877-379-6270

North Central Florida Cancer Control Collaborative

www.ncfcancercontrol.org

Supports cancer patients, survivors, and their families through community-based events and partnerships. They provide the cancer community with networking opportunities and educational programs, and promote strategies for cancer control and prevention. North Central Florida Cancer Control Collaborative publishes the Cancer Resource Guide for North Central Florida and The Cancer Resource Blog.

Contact:

Lindsey Redding Iredding@wellflorida.org 352-313-6500 x8010 1785 NW 80th Blvd. Gainesville, FL 32606

North Florida Foundation for Cancer Care—Gainesville

www.cccnf.com.foundation

Committed to delivering hope by sponsoring teams, underwriting seminars, awarding educational scholarships, supporting research and providing financial aid to patients and their families.

Contact:

352-331-0900 7000 NW 11th Place Gainesville, FL 32605

Rural Women's Health Project

www.rwhp.org/

A nonprofit organization that creates and implements community-based, health-education projects, trainings, and materials to assist communities in strengthening their understanding of critical health, occupational and family issues.

Contact:

Sisters Network, Inc. (SN)

www.sistersnetworkinc.org

SN seeks to bring awareness to the impact of breast cancer in the African American community. All chapters are run by breast cancer survivors. NE Florida Chapter is in Jacksonville.

Contact: Dianne Townsend neflorida@sistersnetworkinc.org 904-757-6622; For Northeast Florida region: 904-757-6622 P.O. BOX 2939, Jacksonville, Florida 32203-2939 904-757-6622

UF Prostate Disease Center: Community Outreach & Education Program

Their mission is to reduce the morbidity and mortality of prostate cancer in the State of Florida through outreach and education.

Contact: Shannon Pressey, MS 727-394-6162

United Way of North Central Florida

Provides free public access and referrals to non-nemergency social services for human service agencies, community clubs, interest groups, support groups, government services, recreation and education programs and health resources through our 2-1-1 information and referral helpline.

Contact:

2-1-1: free service provided by United Way that connects area residents to critical health and social service resources.
352-331-2800
6031 NW 1st Place
Gainesville, FL 32607

Prescriptions

Alachua County Social Services—Prescription Discount Card

<u>www.alachuacounty.us/Depts/CSS/SocialServices/Pages/PrescriptionDiscountCards.aspx</u> The Alachua County Prescription Discount Card, in conjunction with the National Association of Counties, offers a complementary discount card program to help Alachua County residents cope with the cost of prescription drugs. The Alachua County Prescription Card is FREE and available to ALL county residents regardless of income.

Contact:

Sarai Cabrera , Director of Social Services 352-264-6750 218 SE 24th Street Gainesville, FL 32641

Florida Discount Drug Card Program

www.floridadiscountdrugcard.com

Age 60 or older, without prescription drug coverage, or in the Medicare Prescription Drug Coverage gap OR Under age 60, without prescription drug coverage, and with an annual family income of less than 300% of the Federal Poverty Level. \$1.50/Activation Fee (one time only).

Contact: 866-341-8894

FLORIDARXCARD

www.floridarxcard.com Prescription drug assistance.

Contact: info@floridarxcard.com 770-313-7261

Transportation

Air Charity Network

<u>aircharitynetwork.org</u> Provides transportation to patients traveling for treatment.

Contact: coordination@mercymail.org 352-326-0761

Corporate Angel Network, Inc. (CAN)

CAN finds free air transportation on corporate planes for eligible cancer patients who need medical treatment.

Contact: info@corpangeInetwork.org 914-328-1313

Lifeline Transportation Program-Diamond Cab

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

Contact: William Walker 352-284-6205

352-284-6205 1125 SE 13th Street Gainesville, FL 32641

MV Transportation—Alachua County Transit

www.mvtransit.com

MV Transportation, Inc. and all subsidiaries, joint ventures, partnerships and affiliates is a privately held corporation that provides passenger transportation management, operations, and related services to jurisdictional and private entities across North America.

Contact:

352-375-2784 Community Transportation 3713 SW 42nd Street, Ste. 3 Gainesville, FL 32608

Road to Recovery

www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html

The Road to Recovery program (provided by the American Cancer Society) provides transportation to and from treatment for people who have cancer and do not have a ride or are unable to drive themselves. Volunteer drivers donate their time and the use of their cars so that patients can receive the life-saving treatments they need.

Contact:

National Cancer Information Center 800-227-2345 2119 SW 16th Street Gainesville, FL 32608

Suwannee Valley Transit Authority

www.ridesvta.com/

Lifeline is the Florida Division's transportation program. In addition to the Road to Recovery program, Lifeline can also help cancer patients find other transportation resources that may be available in their community to get them to cancer treatment related appointments.

Contact: Larry Sessions Larry.esssions@ridesvtd.com 386-362-5332 1907 Voyles Street Live Oak, FL 32064

Touching Hearts

www.touchinghearts/gainsville.com

Provides Home Health care support including companionship, household chores, medication services, transportation services, house monitoring, and Alzheimer's and Dementia care.

Contact:

e.halloren@touchinghearts.com 352-225-3727 4051 NW 43rd St. Suite 37 Gainesville, FL 32606